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# COHASSET MARINER

Friday, October 17, 2014

Cohasset.WickedLocal.com

Vol. 35, No. 43 ■ 52

## WHAT'S INSIDE

## NEW BIZ



PAGE A2



## PICTURE THIS

PAGE B8



## GIMME SHELTER

PAGE B9



## OKTOBERFEST

## COMING IN PRINT

**PREVIEW:** Veterans Forum

**WICKED LOCAL.com**

## INDEX

Tide Chart.....A2  
 Police.....A3  
 Around Town.....A6  
 Life at CHS.....A6  
 Opinion.....A12-A13  
 Obituaries.....B4  
 Horoscope.....B14



Floral designer Paul Douglas works inside his new Cohasset shop. WICKED LOCAL STAFF PHOTOS / CHRIS BERNSTEIN

## Flowers by design bloom

### Flower shop opens on 3A

By Erin Dale  
 edale@wickedlocal.com

Sunflowers are a motif in Paul Douglas's new floral shop, as well as in his life.

His appreciation for them came from his mother, who "always thought they were happy flowers, no matter how you looked at them," he said.

Douglas came across the phrase, "Face the sun, and the shadows will always be behind you," referring to the cheerful yellow blossom. "Sunflowers turn to face the sun."

For the new shop owner, flowers are a thoughtful, simple way to share joy.

"I truly like making people happy through flowers," said



Floral designer Paul Doug stands outside his new Cohasset shop.

Douglas.

His new storefront, which opened two weeks ago, gives the florist the opportunity to do just that. Located next to Mary Lou's Coffee at 130 King Street, Unit F, along Route 3A, Paul Douglas Floral Designs offers arrangements for special occasions, from weddings

and anniversaries to proms, parties, and celebrations of life.

Douglas welcomes walk-ins and appointments, and has a designated - and poshly decorated - consultation area where brides-to-be or party planners looking for that certain centerpiece for their special event receive

Customers are encouraged to bring in magazine clippings or even send images to Douglas on Pinterest (look him up under Paul Douglas Floral Designs) in order to help bring their ideas to life.

the owner's undivided attention.

This is where the "Design" part of the business's name is evident. Looking around the shop, it's clear that it's more than just a place to

SEE FLOWERS, A7

## UPDATE

## Selectmen review STM draft warrant

By Erin Dale  
 edale@wickedlocal.com

Special Town Meeting is one month away - Monday, November 17 starting at 7 p.m. in the High School gymnasium - and the Board of Selectmen are still in the process of reviewing the warrant.

The warrant includes all of the articles that will be voted on by Town Meeting. Special Town Meeting (STM) differs from the Annual Town Meeting, which typically deals with "big ticket" items such as setting the budget for the upcoming fiscal year;

Selectman Kevin McCarthy suggested that the board hold a special meeting explaining what Town Meeting is and how it works for any interested citizens to attend.

special town meetings are held to conduct town business in between annual town meetings, such as time-sensitive financial matters.

This fall's STM has 12 articles on the warrant, including amendments to the current Fiscal Year 2015 operating budget, paying unpaid bills, allocations to town stabilization

funds, pole easements and a zoning bylaw amendment.

So far, the zoning article is the only one the selectmen have voted to recommend; they are waiting for more detail from Town Manager Chris Senior on the financial articles. Selectman chair Diane Kennedy said that she would also like to hear the Advisory Committee's recommendations

for the warrant before the selectmen vote on the remaining articles.

"Clearly we're not in the position to vote on anything tonight... I'd rather hold off until we at least have Advisory's opinion," Kennedy said during Tuesday night's meeting, adding that the selectmen will vote on the rest of the rest of the warrant at an upcoming meeting. The selectmen are scheduled to meet almost every week leading up to STM.

Selectman Kevin McCarthy suggested that the

SEE WARRANT, A4

## NEWS

## School security

LobbyGuard systems questioned

By Erin Dale  
 edale@wickedlocal.com

School security has been a hot topic at recent school committee meetings.

During the Wednesday, October 15 meeting, school committee chair Paul Ognibene reassured the public that in light of recent concerns, the school board and administrators are taking a hard look at the schools' security measures.

After learning that the high school's LobbyGuard sign-in system wasn't working, the school board conducted a security assessment to review the three school buildings' access control systems.

"In our analysis, we are satisfied, after looking deeply, that we have access control in place at all three buildings," Ognibene reported, via a "key fob access system" which the "appropriate employees" have full access to, while others have limited access.

The school board chair said that while he couldn't go into specifics in a public meeting, the committee discussed the system at length in executive session. They also reviewed the buildings' security cameras and the LobbyGuard system.

Ognibene said that two LobbyGuards were purchased for the schools, but only one had been implemented, which is currently in the entrance to the Middle-High School. However, for weeks the system was out of paper and could not print badges, which parents complained about to the school board.

Patty and Stephen Gillis, Jerusalem Road, were in the audience and said that they had reached out to the superintendent for answers on LobbyGuard, when the kiosks were purchased, which vendor had sold them and what the procurement process was, but had not heard anything back. Ognibene said the committee is also working on a communications policy to help constituents get the information they seek without revealing sensitive or confidential information.

Stephen Gillis, who said he's worked in the technology field for 46 years, said that these questions are crucial. "All of these devices need to be monitored for the protection of teachers, students and staff... It's not something to take lightly; it's something you need to budget for."

"To allow things to just go to the end of life is

SEE SECURITY, A4

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(All Periodicals Publications Except Requester Publications)

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Managing Editor (Name and complete mailing address):  
**Alice Coyte, Managing Editor, 165 Enterprise Dr., Marshfield, MA 02050**

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4. Free or Nominal Rate Copies (Sum of 4a and 4b)	0
4a. Free or Nominal Rate Copies Outside the Mail	0
4b. Free or Nominal Rate Copies Through the Mail	0
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## PICTURE THIS



The Cohasset Mariner caught up with Cohasset Yoga Center owner Catherine O'Callaghan and yoga instructor Cindy Matheison this week. If you see Catherine and Cindy around town, be sure to mention that you spotted them in Picture This!

PHOTO/ERIN DALE

## O'Callaghan &amp; Matheison

**Names:** Catherine O'Callaghan, Cindy Matheison.

**Occupation:** Owner, Cohasset Yoga Center (Catherine); Yoga instructor, homemaker (Cindy).

**Best day of your life:** "Today" (Catherine); "Every day is a gift in some way" (Cindy).

**Best vacation:** "Peru" (Catherine); "Two weeks in New Zealand with my husband and dear friends" (Cindy).

**Favorite season:** "Summer" (both).

**Favorite holiday:** "Fourth of July" (Catherine); "Christmas" (Cindy).

**Favorite junk food, meal or dessert:** "Dark chocolate

with salted caramel" (Catherine); "Cherry pie" (Cindy).

**Best book:** "Eat, Pray, Love" (Catherine); "Middlemarch" (Cindy).

**Best movie or actor:** "Any outdoor movie with my family" (Catherine); "The Lord of the Rings Trilogy" (Cindy).

**Best TV show:** "Modern Family" (Catherine); "Friday Night Lights" (Cindy).

**Best music, group or artist:** "Girish, who is performing live at the Center on November 11" (Catherine); "Deva Premal" (Cindy).

**Pet peeve:** "Being judgmental" (Catherine); "Littering" (Cindy).

**Fun fact:** "I practice yoga with my eyes closed"

(Catherine); "I was in a publicity photo with Walt Disney when I was four years old" (Cindy).

**Person you would most like to meet:** "Malala Yousafzai, 2014 Nobel Peace Prize Recipient" (Catherine); "Madeline Albright" (Cindy).

**Goal:** "To share the joy of yoga with others" (Catherine); "To act with thoughtfulness and compassion" (Cindy).

**Biggest worry:** "I try not to worry too much" (Catherine); "Being thoughtless" (Cindy).

**Best part of Cohasset:** "Sandy Beach" (Catherine); "Its natural beauty and sense of community" (Cindy).

## COHASSET ELDER AFFAIRS

## Painting class offered Monday

The following programs will take place at 3 North Main St. Call Cohasset Elder Affairs. Call 781-383-9112 if interested in attending either of these events and activities.

**Cohasset Café:** Open for the fall season. Join others from 9 to 11 a.m. on Mondays at the Lightkeepers for coffee, home baked breakfast treats, beautiful views of the harbor and conversation. A \$3 donation is requested. Transportation is available if necessary. Call if you

need a ride.

**One Stroke Painting Class:** 10 to 11:30 a.m. Monday, Oct. 20. Back by popular demand, learn this unique painting method using acrylic paints to decorate note cards, vases, goblets, furniture, etc. No experience necessary. \$50 per five-class session.

**Medicaid Myths & Planning for More than the Nursing Home:** 5 p.m. Tuesday, Oct. 21. Attorney Leanna Hamill and financial advisor Nicole Peterkin will discuss

planning for a full and healthy life, how to retain your financial independence and protect your choices as your grow older. Light refreshments will be served.

**Explore Boston Van Tour:** Departs at 10 a.m. Thursday, Oct. 23, from Cohasset Elder Affairs. Experience a narrated 100-minute tour by professional guide Stephen Collins, featuring historic, architectural and literary treasures of Boston. \$30 covers tour. Lunch at

your own expense at the No Name restaurant in Boston. Reservations no later than Oct. 15. Limited seating. First come-first served.

**SHINE Presentation:** 1:30 p.m. Wednesday, Oct. 29. Peg McDonough of HESSCO Elder Services will discuss Medicare's annual Open Enrollment taking place Oct. 15-Dec. 7. Changes take place Jan. 1, 2015. Refreshments will be served. Free presentation, but call to make a reservation.

## South Shore Tide Chart

## COHASSET HARBOR (WHITE HEAD)

OCT. 2014		HIGH				LOW				SUNRISE	SUNSET
		AM	HGT.	PM	HGT.	AM	HGT.	PM	HGT.		
Thursday	16	6:07	8.0	6:21	8.4	11:58	1.7			6:56	5:59
Friday	17	7:04	7.9	7:19	8.3	12:36	1.2	12:56	1.7	6:57	5:58
Saturday	18	7:58	8.1	8:15	8.3	1:32	1.3	1:53	1.6	6:59	5:56
Sunday	19	8:48	8.3	9:06	8.5	2:23	1.2	2:45	1.3	7:00	5:54
Monday	20	9:33	8.6	9:53	8.7	3:10	1.0	3:33	1.0	7:01	5:53
Tuesday	21	10:15	8.9	10:37	8.8	3:53	0.8	4:17	0.6	7:02	5:51
Wednesday	22	10:54	9.2	11:18	8.9	4:34	0.7	4:59	0.3	7:04	5:50
Thursday	23	11:32	9.5	11:59	9.0	5:14	0.5	5:40	-0.0	7:05	5:48

Please be aware that all tide charts are really just predictions and assume average weather conditions. Usually, onshore winds or low barometric pressure will produce higher tides than predicted and vice-versa.

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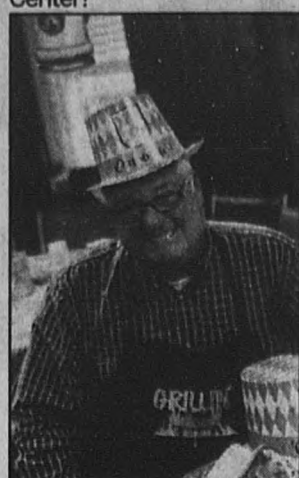
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## PHOTOS

Oktoberfest at Senior Center!



## VIDEO

Dishing it out at Quan's Kitchen in Hanover.

## BLOG: WILD ABOUT BIRDS

Pam French, owner of Wild Birds Unlimited has the word on birds.

## HOW TWEET IT IS!

Follow us on Twitter @ CohassetMariner

## FACEBOOK

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## POPULAR STORIES ONLINE

Harbor channel is filling in. Petition about concerns for possible dog park site. Building permit for small lot in dispute. Antique military ordnance detonated. Two men charged in alleged theft of steak and shrimp.



## POLICE BEAT

## Cohasset man out \$31,000 in sweepstakes scam

By Mary Ford  
mford@wickedlocal.com

## Sweepstakes scam

A 77-year-old Cohasset man went to the police station on Friday (Oct. 10) to report he may have been the victim of a scam. In May he received a letter from American Sweepstakes Corporation saying he had won \$3.5 million. He was told by the American Sweepstakes Claims Bureau that in order to get the prize money he had to purchase delivery insurance totaling about \$35,000, police said. From June through September, the victim sent five different checks for a total of \$31,250. The checks went to different checking accounts. The incident is under investigation. Police said the man's bank tried to warn him that this was a potential scam.

## Summoned

A 56-year-old Cohasset woman is being summoned to Quincy District Court on the charge of assault by means of a dangerous weapon following allegations she swerved her car toward

her neighbor last week. She will appear for a show-cause hearing where the clerk magistrate will determine if there is probable cause to move forward, police said. This is a result of an ongoing dispute between the motorist and her neighbor who was walking her dog at the time of the alleged incident.

## Electric bills

A total of four local businesses last week reported to police that someone had called them claiming to be from National Grid with threats to turn off their electrical service if they did not pay a "past-due" bill. Police said this has become a frequent scam in the area. The callers usually ask the intended victim to purchase a Green Dot card and provide them with the account number so they can abscond with the money, police said. None of the businesses that contacted last week fell for the scam. Green Dot cards are prepaid credit cards.

## Two-car MVA

There was a two-car accident on Forest Avenue

near Old Coach Road last week involving a student driver, police said. At around 8 p.m., on Tuesday (Oct. 7) police responded to a rear-end accident. They said the 16-year-old student driver in a 2008 Toyota sedan belonging to the driving school was headed north on Forest Avenue and slammed on the brakes to avoid hitting a cat that had darted out. The vehicle behind the Toyota sedan was a 1999 Subaru SUV, operated by a 21-year-old Hull woman who is pregnant. The Subaru hit the rear of the Toyota, police said.

The pregnant woman was transported to the hospital as a precaution; she was also cited for speeding. Her vehicle was towed. The student driver and her passenger were OK, police said.

## Two-car MVA

At 7:41 a.m. on Wednesday (Oct. 8), there was a two-car accident in front of Leo's Gulf station near the intersection of Chief Justice Cushing Highway and Beechwood Street. Police said a 32-year-old Cohasset woman in a 2003 Toyota minivan was

attempting to take a left south toward Scituate out of the driveway at the Gulf station. The car that was headed north in the inside lane stopped to let the minivan proceed. A north-bound 2007 Toyota sedan, operated by a 26-year-old Marshfield woman in the outside lane, collided with the minivan. The Toyota sedan was towed. There were no injuries, police said. The operator of the minivan was cited for failure to use caution. She had a 4-year-old boy in the vehicle who was properly restrained and was not injured.

## MV stop/towed

On Thursday (Oct. 9) around 3:30 p.m. a Cohasset officer was attempting to make a left onto Pond Street from the driveway at the middle-high school when a 2008 Chevrolet Malibu pulled out of a driveway on Pond Street to turn right without signaling, nearly hitting the unmarked police car.

The officer pulled the Malibu over and the 36-year-old Brockton man who was driving only had a Brazilian passport. Checks through the

Registry of Motor Vehicles showed he did not have any license status although he had lived in the country for 11 years.

He is being summoned to Quincy District Court on charges of unlicensed operation and failure to signal before turning.

## Deterrent

Police responded to an anonymous tip about a Linden Drive resident last week who had placed boards with nails sticking out all over her lawn. The officer talked to the woman who said they were intended to give a flat tire to cars driving over her lawn. She was told that this was not the best idea and could be dangerous to someone on foot. She was willing to accept the danger noting that someone walking on her lawn would be trespassing. She will remove the planks for Halloween, police said. There is no law prohibiting this.

## Larceny

A 57-year-old woman reported to police on Saturday (Oct. 11) that she believes the person

providing care for her 88-year-old father had been stealing from him. The caregiver had been writing checks to herself from his account totaling \$68,738, police said. The checks are not in her father's handwriting. Detectives are investigating.

## Noisy

A report that someone was shooting geese on Cohasset Golf Club last Saturday turned out to be unfounded. The golf club allows blanks to be shot causing loud noise to scare away the geese. The gun resembles a starting pistol used at sports events.

## Unwanted

A local veterinarian took out a no-trespass order against a 63-year-old Holbrook woman who caused a disturbance in a dispute over a bill last week.

The woman felt she was charged too much for lab work on her pet crow, police said. Police advised her that she could seek recourse through small claims court.



Cohasset Officer Paul Wilson observes the accident scene while Cohasset paramedics help the Hull man hurt in the crash. COURTESY PHOTOS

## ACCIDENT

## Serious crash at 3A and Beechwood

A 26-year-old Hull man sustained non-life threatening injuries in a motor vehicle crash at the intersection of Route 3A and Beechwood Street Oct. 8, at about 10 a.m. The injured man, who police identified as Terrence Haskins of Hull, was driving his 2006 Nissan Altima north on 3A, when a 49-year-old man from Quincy operating a 2008 Chevy van, failed to yield and cut across the path of the Altima in an effort to make a left turn onto Beechwood Street from 3A south.

Haskins was transported to South Shore Hospital by Cohasset Paramedics.



Sergeant Jeff Treasor looks at one of the vehicles involved while blocking traffic at the tricky intersection.

The driver of the van was issued a citation for failing to yield. The Altima was

totaled in the crash. Both cars were towed, police said.

## BRIEFLY

## Board approves liquor regulations

The Board of Selectmen voted unanimously (5-0) to approve Cohasset rules and regulations governing alcoholic beverages during the Tuesday, October 14 meeting.

The seven-page document outlines expectations for liquor license holders in town, and will be policed by the board of selectmen and their authorized liquor license

agents. According to the document, this includes any member of the police force with the rank of sergeant or above.

## DON'T MISS THIS

## Flu clinics offered in Cohasset

Cohasset Board of Health has scheduled the following flu clinics. Clinics are open to any Cohasset resident 9 years of age and older. Bring health insurance cards and remember to wear a short-sleeve shirt.

Anyone who is unable to attend a clinic can call Mary Goodwin RN at 781-383-2210, ext. 130, to schedule an appointment. Schedule:  
■ Oct. 25, 10 a.m. to noon, Cohasset Town Hall auditorium.

■ Nov. 1, 10 a.m. to noon, at the Cohasset Rec Center, 55 R. S. Main Street.  
■ Nov. 18, 6:30 to 8 p.m., at Paul Pratt Library meeting room.

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Friday  
October 17  
8pm

**\$30**

**STEVE SWEENEY**

Variety Show  
An Evening of Music & Comedy

Friday  
October 24  
8pm

**\$25**  
18+ Show



## NEWS UPDATE

# Town appeals to Army Corps for dredging

## Strongly worded letters sent

By Erin Dale  
edale@wickedlocal.com

Cohasset officials are trying to get the delayed harbor dredging project back on track.

Town Manager Chris Senior, the Board of Selectmen, and Harbormaster Lori Gibbons are sending letters to the Army Corps of Engineers (ACE) asking the agency, which oversees federal navigation projects, to expedite dredging in Cohasset using the Currutuck, a government vessel.

The ACE explained in an

October 1 letter to Senior that zero bids were received during the 34 days the Cohasset project was posted on the government website due to a high demand for contractors for similar projects around the Northeast.

Due to damage from storms like Hurricane Sandy, there are currently 15 to 20 dredging projects going on this year, according to the ACE. The Cohasset dredging project also deals with damage from Sandy, calling for the dredging of an 11.25-acre area including the harbor's entrance channel and the entrance to Bailey Creek.

After discussion with Harbormaster Gibbons during

Selectmen chair Diane Kennedy said, "I think both letters are strongly worded, and let's hope there's immediate action," adding that the town should "stay on top" of the ACE and legislators.

last Tuesday's selectmen meeting, the board voted to send a letter to the ACE and copy it to Cohasset's federal and state legislators urging the agency to take action before the harbor becomes impassable.

Senior's letter explains that there are areas in the harbor's main channel that, at low tide, "present literal barriers to boats attempting to either

enter or exit Cohasset Harbor.

"Coupled with Massachusetts fishing regulations and the tides, these channel obstructions literally prevent the commercial fleet from conducting their livelihoods," Senior wrote.

Selectman Steve Gaumer said that he wants the letters to be loud and clear, and "declare we are facing a dire emergency."

"We are facing the point where if we have one good storm, and we've got a sandbar," Gaumer added.

The harbormaster's letter to the ACE details the severity of the situation, which impacts the fishing fleet and boaters' safety.

"This is an extremely dangerous condition from the economic impact on the commercial fleet to the safety of the boating public and the commercial fleet," Gibbons wrote in the Oct. 14 letter.

Both Gaumer and selectman Karen Quigley praised the harbormaster's efforts.

Gibbons "did a very thorough job defining the issue," said Gaumer.

"The harbormaster has done an excellent job outlining the financial impact to the fishing fleet" as well as the dangers of the situation, said Quigley.

Selectmen chair Diane Kennedy said, "I think both letters are strongly worded, and let's hope there's immediate action," adding that the town should "stay on top" of the ACE and legislators.

"I think it's important that when we do talk to them, [we need to ask], 'What else do we need to know to get everything moving as soon as possible?'" said Kennedy. *Look for more on this issue in an upcoming edition of the Mariner.*

## UPDATE

## Minot Light has new owner

By Kristi Funderburk  
kfunderburk@wickedlocal.com

The "I Love You" Light may have found a new devoted partner.

Bids for the lighthouse, officially Minot's Ledge Light, closed Oct. 13 with the highest bid set at \$222,000, according to U.S. General Services Administration's auction website.

The administration's Office of Real Property Utilization and Disposal opened the bidding period on June 25. Seven bidders fought over the light for about a month and a half after the first bid, \$10,000, was made on Aug. 27.

Some days saw few bids, but on other days, the cost rose quickly in \$2,000

**The bidders' names were not made public during the auction, and it wasn't immediately clear as of press time who had the winning bid.**

increments as bidders battled back and forth. There were 11 bids on Sept. 30 alone.

Bidder No. 7 made the last bid before closing.

The bidders' names were not made public during the auction and it wasn't immediately clear as of press time who had the winning bid.

Minot Ledge Light is a 114-foot tall tower seated in the water off the Scituate and Cohasset coast. Locally, it's called the "I Love You" light for its 1-4-3 flashing beacon.

The auction website described the Lighthouse as "ideal for avid divers exploring the local ship wrecks, fishing enthusiasts and anyone committed to preserving the maritime history of the Minot's Ledge Light."

The Minot light, made of interlocking grey granite blocks from Quincy, was added to the National Register of Historic Places in 1981, the website said.

Dating more than 150 years, the Light cost \$300,000 to build.

Follow Kristi Funderburk on Twitter @kfunder

## TRANSPORTATION

## Weekend rail service to resume

The weekend Commuter Rail will resume service on three lines this winter, state officials said last week. No specific state date was announced.

After a two-year hiatus, the Kingston/Plymouth and Greenbush lines will return for Saturday and Sunday service and the Needham Line will resume Saturday service on Dec. 27.

"Our customers have consistently asked for more transportation options, not fewer," Richard A. Davey, state Department of Transportation CEO and secretary, said Tuesday. "Today, we are happy to announce that three Commuter Rail lines will once again offer service on the weekends, opening up more transportation options and opportunity for the communities they serve."

The restored weekend Commuter Rail schedules connect South Shore communities to Boston's South Station. Officials hope the alternative will reduce both traffic congestion and

**"This is a great option for people who need or want to commute into the city on the weekend. While we may have missed the activity of the summer months, I hope ridership over time will support this decision."**

State Sen. Robert Hedlund

pollution at an affordable price.

"This is a great option for people who need or want to commute into the city on the weekend," state Sen. Robert Hedlund, R-Weymouth, said. "While we may have missed the activity of the summer months, I hope ridership over time will support this decision."

The Greenbush line starts off the Driftway in Scituate and snakes north into and through Cohasset, Hingham and so on toward Boston.

Weekend service for this and the other lines was cut from the fiscal year 2013 budget when the state was facing a deficit, but concerns from customers and their representatives encouraged MassDOT to restore it.

"Greenbush commuter rail riders in my district and across the coastal South Shore will be pleased to, once again, use rail service to and from Boston on weekends," said Rep. Garrett Bradley. "Many thanks to Governor Patrick, Secretary Davey and General Manager Scott for their support. Special thanks to my South Shore colleagues and legislators for their advocacy and hard work on behalf of our communities, resulting in the important restoration of weekend rail service."

For more information, visit [www.mass.gov/massdot](http://www.mass.gov/massdot) and <http://blog.mass.gov/transportation>.

## WARRANT

From Page A1

board hold a special meeting explaining what Town Meeting is and how it works for any interested citizens to attend. This could springboard off of the board's recent town committee workshop, which McCarthy said was successful.

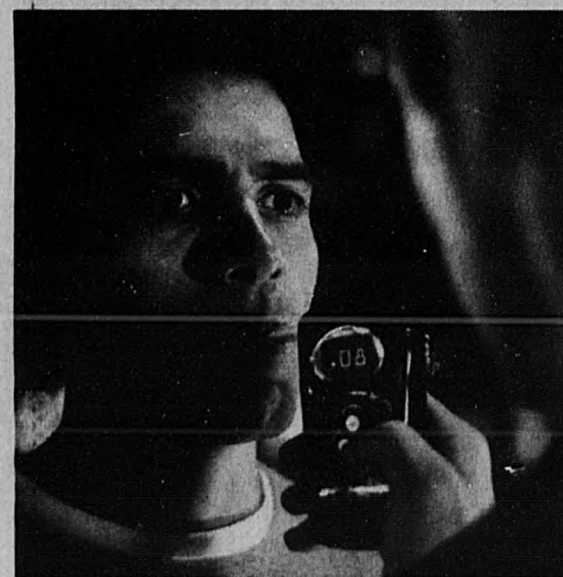
"We have a town meeting coming up; I thought

since the last civic engagement was well attended, it would be nice if we'd have, a few days or week after warrant is out, a session that explains what town meeting's about and what the moderator and selectmen do," said McCarthy, adding, "You'd be surprised how many people don't know this stuff."

Selectman Martha Gjestebly said that the League of Women Voters, of which she is a member, offer these

types of sessions and could be involved.

Kennedy said that she is hoping to "reenergize that group and put something forward." However, the selectman chair said that scheduling something a few weeks prior to STM could be difficult, with selectmen meetings already scheduled and the upcoming Nov. 4 election. *Look for more on this in an upcoming edition of the Mariner.*



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No prior registration required.

## SECURITY

From Page A1

irresponsible at any level," Gillis added.

Ognibene said this was an oversight and that the school committee, superintendent and school administrators were all partially to blame.

"It's a joint responsibility and we're trying to fix it," said Ognibene.

The other LobbyGuard that has been purchased is sitting idly in a box, Ognibene shared. The school and town Chief Technology Officer Rob Bonnell also recently procured a third LobbyGuard, which was donated by a vendor, a gift that Ognibene said is valued around \$7000 and will be accepted at an upcoming meeting.

To get all three LobbyGuard kiosks operating efficiently, the school board must first vote on security policies and procedures detailing who is responsible for maintaining the system. Ognibene explained that the board must have two public hearings for

**Ognibene said the committee is also working on a communications policy to help constituents get the information they seek without revealing sensitive or confidential information.**

policies and procedures.

The chairman estimated that following these hearings, the security policies and procedures could be completed by December, so the LobbyGuards will be operational by the end of the year.

Former Acting Town Manager Michael Milanoski, who is Town Administrator in Carver, was in the audience and asked if the school board could waive its two hearing policy in order to act on this matter sooner.

School committee

vice-chair Paul Schubert said that the board can do so in an emergency situation, according to committee bylaws, although he is "not certain this will fit the bill... it's a question of legality."

Ognibene said the board would check with its legal counsel before proceeding, adding, "I don't see why we couldn't if it's allowable."

In the meantime, the schools conducted safety drills during a professional development day on Friday, Oct. 10, to prepare faculty and staff on evacuation plans in the event of a violent intruder.

Superintendent Barbara Cataldo thanked the police and fire departments for helping to facilitate the drills, and said that teachers had some positive comments on the day, saying they "were really glad we had done this," said Cataldo. "There were some teachers who were a little unnerved, but it also got them ready if we ever have to evacuate."

*Look for more on this issue in an upcoming edition of the Mariner.*

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STAFF PHOTOS BY CHRIS BERNSTEIN

# Cleanup crew

About 100 Cohasset High School freshmen took part in Coastsweep last Thursday (Oct. 9) by helping to cleanup trash and debris Bassing Beach, Rocky Beach and Scott's Shore at the Jerusalem Road causeway just before Pleasant Beach.

Each September and October, thousands of volunteers throughout Massachusetts turn out for COASTSWEEP — the statewide coastal cleanup sponsored by the Massachusetts Office of Coastal Zone Management (CZM).



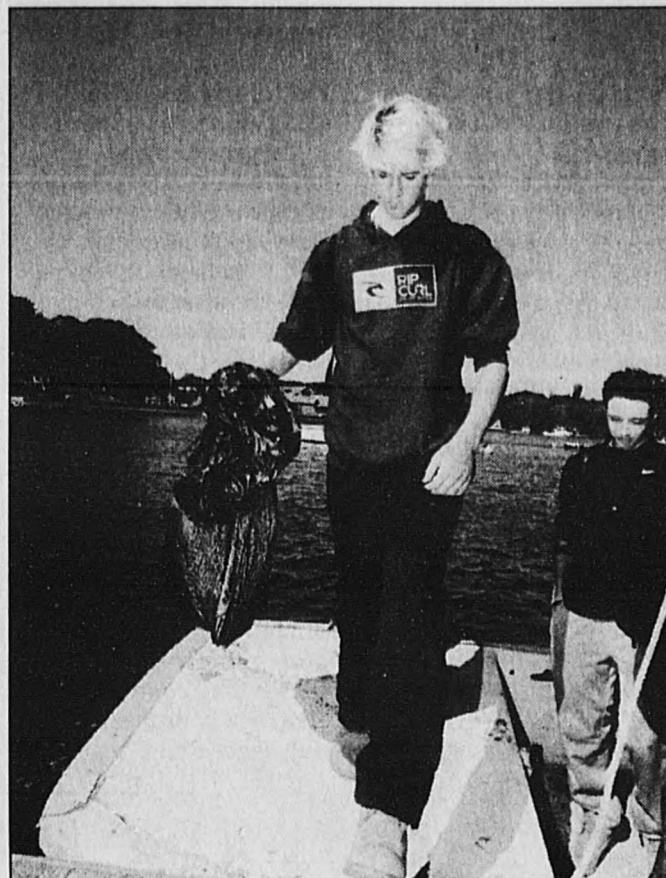
L-R, Aidan Chamberlain, Grace Alves, Katerina Douglas-Lake, and Brook Driscoll gather on the edge of Bassing Beach after scouring the area collecting trash and debris with their school mates.



Harbormaster Lorri Gibbons ferries 9th graders and their collected trash from Bassing Beach.



9th graders hurriedly disembark from the harbormaster's boat with bags of collected trash in tow.



9th grader Chase Bomeisler steps off the harbormaster's boat bearing trash gathered from Bassing Beach.



9th grader Owen Bleicken and his trash gathered from Bassing Beach.



9th graders carrying trash crowd the edge of Bassing Beach awaiting a lift to shore from Harbormaster Lorri Gibbons.



Brook Driscoll carries a heavy load of trash from Bassing beach.

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## LIFE AT CHS

## Overall, great week for the Blue!

When it seems underclassmen cannot get up the stairs from the student parking lot to the school every morning, or when seniors are suddenly wearing more lace and leotards than Olivia Newton-John circa 1981, it is clear that Spirit Week, has commenced. Marking the beginning of a week-long celebration that culminates with the homecoming football game on Friday night, this CHS tradition will inevitably have students more focused on un-matching their Snapper Sneaker Day outfits rather than history quizzes and English readings. Now, many will understand why teachers across the school tire of this particular week by the second day of "dress up". Pulling out every stop in our wardrobe variations to exemplify each day to the best that our closets can handle, students have been planning and shopping for this week throughout the Columbus Day long weekend (After studying and taking the SATs on Saturday morning of course.)

Hopefully, in the temperament and excitement of the school at the moment, the Skippers can pull off a W this Friday night against Carver to solidify our pride in our school. In other Skipper sports news, the boy's golf team finished their season extremely strong



ASHLEY CURRAN

this week at 14-2 overall. Division 3 South Sectionals finals are scheduled for next Monday. Also, field hockey continues its unbelievable winning streak with the defeat of Mashpee 3-0 putting them in the running for states at a record of 8-3-1. Also, girl's cross-country team (Hull-Cohasset) beat Rockland 25-30. However, the Rockland boy's cross-country was slightly more aggressive in their pursuit leaving the boys Hull-Cohasset team with a loss 24-31. Overall, once again another great week for the Blue!

Also, rough drafts of articles were submitted to us over at The Spinnaker newspaper in order for editors to begin reviewing and editing submissions for the Halloween issue. Looks like the staff of editors and myself will have a few long nights ahead of us attempting to make every one CHS Spinnaker members' insightful submissions present in the issue. Also, some of our amazing photographers will be able to debut their work in the magazine after taking countless photos of sports games, club events, and the most

During the middle of the week a new group of French exchange students arrived in order to experience American high school life.

sought after photos of the season, Spirit Week.

During the middle of the week a new group of French exchange students arrived in order to experience American high school life. Along with being in Cohasset during this week of CHS pride, they will be able to experience a homecoming football game and dance, both explicitly American traditions. Participants of the exchange program who are hosting the students are extremely excited to learn about the French culture and language beyond the typical classroom setting. While Cohasset has a large group of visiting students, Scituate will also host a group of exchange scholars. Try to look out for them and make them feel welcome in our tiny school district!

Overall, a very exciting week for CHS pride, athletics, and academics. However, it seems that that is the case every week at CHS. Hopefully, next week will be just as eventful

Ashley Curran is a senior at CHS and a regular columnist for the Mariner.

## AROUND TOWN

## Halloween Fair!

Hi there, Cohasset. I am writing this week's column with a wish for everyone to take a quick moment to stop, look around and let all those who matter to you know that they are special in your lives. The past few days have been tricky ones as a person so near and dear to my family and myself is fighting what we all hope is a winning battle in life. Sometimes, life is predictable and easy to navigate through each day and at other times, it shows us that at any given moment, it changes just like that with no reasons, no answers, no warning and, no fairness at all. It is also very easy for us all to get so caught up in our own issues or challenges that we forget to look around or, we look so far around at the big world and the scariness of that, forgetting to see what is in our own communities each and every day.

My message for this week is to please let the ones you love hear from you today, show compassion to someone in need in your circle or, lend a hand, ear or money to someone you don't know in your community. It takes a true village of friends and strangers in life sometimes just to get through our days. We are all in this life together...

So many great events, Fairs and celebrations are coming in the next few months and these are such nice ways to get together, shop for the holidays and support businesses and causes around our communities. If you have one to share, send me an email at aroundtowncohasset@yahoo.com.

## Halloween fair

Put on your costumes, call your friends and head down to the Town Common on Sunday, Oct 19th from 2-4 pm. For a \$15 per child, all-inclusive ticket, enjoy games, Knuckle Bones activities, Baby Barnyard, Giant Slide and, new this year is a



JENNIFER PIEPENBRINK

fun-filled train ride. There will be yummy goodies for purchase at the very popular Bake Sale and of course, no Halloween Fair would be complete without the traditional Costume Parade around the Common for all to enjoy. All proceeds benefit the South Shore Community Center Nursery School, Nardo Scholarship Fund and Enrichment activities for the Nursery School. Have a Spooktacular time!

## Coat drive

Here is a great way to give-back something to those in need. Cohasset Family Chiropractic is holding a Women's Coat Drive to benefit Rosie's Place in Boston. Gently used women's coats can be dropped off until Nov. 12th at 814 Chief Justice Cushing Highway. Please go to www.cohassetfamilychiro.com to check office hours or call 781-923-1226. Each donated coats earns a free raffle ticket for a chance to win a \$50 gift card to Whole Foods.

## On stage

Here is a super cool event to put in your datebook... Cohasset Dramatic Club's upcoming production of Jason Robert Brown's "Songs For A New World," featuring many talented actors, including Cohasset's own, Lisa Pratt, Mike Nakashima, Mark Alves and Barbara Baumgarten. "Songs For a New World," is a contemporary musical made up of songs that examine life, love and the choices we make. The show runs on Fridays and Saturdays at 7:30 and Sundays at 2 p.m. from Nov. 14 to 23 and performances take place at the Town Hall Theater. General Admission

tickets are \$20 and are available at Paperscapes, Buttonwood Books and Toys, by reservation at 617-922-0280, online at [brownpapertickets.com/event/820838] or at the door one hour prior to each performance.

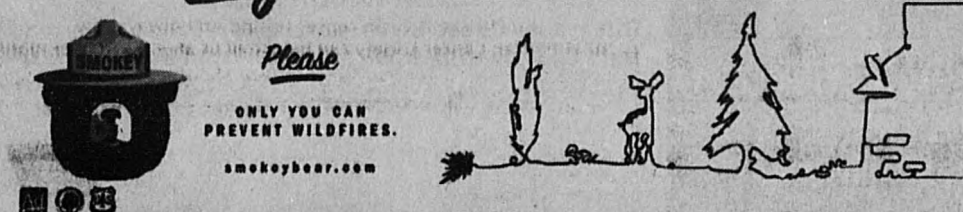
## Holly Hill

Holly Hill Farm offers a huge number of programs, events and opportunities through the year. Ever wanted to Learn to Contra Dance, right here in Cohasset? And then enjoy a Chipotle Burrito at Holly Hill Farm? Here is your chance... Grab some friends, your significant other and come swing by the Tomato Barn for a fun night out. Dinner will be provided by the good friends at Chiptole Mexican Grill in Hingham. Tickets are limited, so reserve soon by calling 781-383-6565, www.hollyhillfarm.org. Remember to that the Farm Stand at Holly Hill is open through October from 11 a.m. to 6 p.m. and the Fall Harvest is in, including squash, pumpkins and so much more.

## Pumpkins!

Another annual tradition, and one that so many of us look forward to is the ASP (Appalachia Service Project) Pumpkin Patch and it is greater than ever. The patch is open from 10 a.m. to 7 p.m. through Oct 31. This is a very popular spot to be for so many during this time as it is a wonderful way to pick out the perfect pumpkin, grab some awesome photos and just have fun with family and friends, all while supporting the ASP group of students and adults, who will head to Appalachia next June. So come on by, and see what's in store. For more information, check out www.cohassetasp.org

That is the news Cohasset. Send it in for next week no later than Tuesdays by 2 PM. EMAIL: aroundtowncohasset@yahoo.com

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## FLOWERS

From Page A1

pick up or order flowers. The store's sleek, neutral design scheme, featuring white and gray with touches inspired by the coastal area, such as seashell mirrors made by a local artisan, lend a trendy and sophisticated vibe.

It's clear that Douglas sees himself as more of a designer. His keen eye is especially impressive, given that he is entirely self-taught.

"I learned on the go," said the shop owner, who has been working in the floral business for over 30 years, starting as a teenager working in a family member's business. "I try to learn something new everywhere I go."

For Douglas, this means getting to know his clients and their individual tastes, and finding a way to incorporate their personalities into his designs.

For his friend Tom, who is assisting Douglas at the shop in the early weeks of the new business, this meant a Dunkin' Donuts-themed 50th birthday bash, with coffee mugs serving as vases for bright pink and orange floral arrangements.

"It's a fun business," said Douglas.

Customers are encouraged to bring in magazine clippings or even send images to Douglas on Pinterest (look him up under Paul Douglas Floral Designs) in order to help bring their ideas to life.

"It gives me a good portfolio for what they like," Douglas explained.

He also likes to dream up designs for people, but said that it's difficult to articulate the creative process. Not unlike other artists, "Sometimes in the middle of the night, something just comes to me."



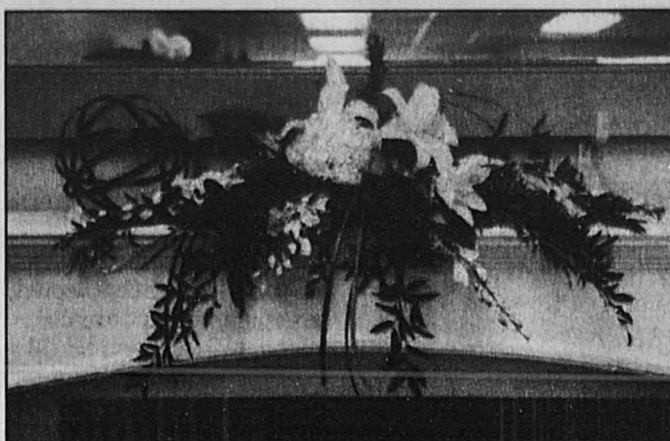
Floral designer Paul Douglas shows the inside of his new Cohasset shop. WICKED LOCAL STAFF PHOTOS / CHRIS BERNSTEIN

Douglas favors an "edgy" design aesthetic, as evidenced by the "floating tables" he's affixed to the shop's walls as conversation pieces, giving the shop "a little unexpected industrial feel" to play off of the plants and seaside-inspired pieces. Douglas said that when he started designing the shop's interiors, he knew he "wanted steel and wood textures" together.

The shop owner mentioned that some of these pieces, including the seashell mirrors, are for sale. He enjoys featuring local artists and will post these items to the shop's Facebook page as they come in.

"I like to introduce artisans" whose wares are "locally created," said Douglas. "I want to bring in things from the community."

The shop owner is also enjoying becoming part of the Cohasset community. Douglas, who said he was born and raised on the South Shore, is getting to know his "great neighbors" including Mary Lou's and the Cohasset Pizza House.



A floral adorns the mantle at Paul Douglas Floral Design of Cohasset.

"All of these people in the area are fantastic and so welcoming – it's amazing," said Douglas. "It's a community... everybody knows each other and seems to look out for each other."

And clients are brought into the fold of that community.

"They're not just customers; they're like family," said Douglas.

Many of those who stop by for a visit leave with the shop's trademark bloom: a single, long-stemmed sunflower.

Paul Douglas Floral Designs

is open Monday through Saturday from 9 a.m. to 5 p.m. at 130 King Street, Unit F, Cohasset (Route 3A). Walk-ins are welcome and consultations are available by appointment. For more information, call 781-383-2700, visit online at [www.pauldouglasfloraldesigns.com](http://www.pauldouglasfloraldesigns.com), "like" on Facebook at [www.facebook.com/pauldouglasfloraldesign](http://www.facebook.com/pauldouglasfloraldesign) or follow on Pinterest at [www.pinterest.com/pauldouglasflor](http://www.pinterest.com/pauldouglasflor). Follow reporter Erin Dale on Twitter @ErinDaleMariner.

## LOCAL DENTIST

### Halloween candy collection for troops

South Shore Children's Dentistry is pleased to announce that it will sponsor its third annual Halloween Candy Give-Back program. Patients of South Shore Children's Dentistry can donate their extra Halloween candy to U.S. Troops Overseas via Operation Gratitude.

Dr. Kristine Grazioso, the practice owner, is asking her patients to bring in their excess Halloween candy to her practice, located in Cohasset, on Monday, November 3 from 4 to 6 p.m.

There will also be a special guest appearance by a beloved character in costume— "Queen Elsa" from Disney's "Frozen."

"Consider sharing your extra Halloween candy with our men and women serving our country overseas. This simple act is a great way to say 'thank you' to our troops who can't be home with their families this holiday season," Grazioso said.

"Kids can still have all of the fun of trick-or-treating, and now they can do something nice for the brave troops who are serving in harm's way. As a pediatric dentist, this just seemed like a natural fit with our patients."

Candy will be collected at South Shore Children's Dentistry from 4 to 6 p.m. on Monday, Nov. 3.

Candy collection is limited to registered patients of South Shore Children's Dentistry.

The office will provide materials for anyone that would like to create a special card for the service members receiving the candy.

Operation Gratitude annually sends over 150,000 care packages filled with snacks, entertainment, hygiene and handmade items, plus personal letters of appreciation, to New Recruits, Veterans, First Responders, Wounded Warriors, Care Givers and to individually named U.S. Service Members deployed overseas.

The Halloween Candy Give-Back program is one of many programs sponsored by Operation Gratitude. For more information, visit [www.operationgratitude.com](http://www.operationgratitude.com).

South Shore Children's Dentistry works hard to raise public awareness of the benefits of healthy eating and good oral hygiene. With a conservative treatment philosophy, the practice offers affordable and convenient dental care to families on the South Shore (including Cohasset, Hingham, Scituate, Norwell, Marshfield and more) since 1999.

For more information, visit [www.drgrazioso.com](http://www.drgrazioso.com) or call 781-383-0003.

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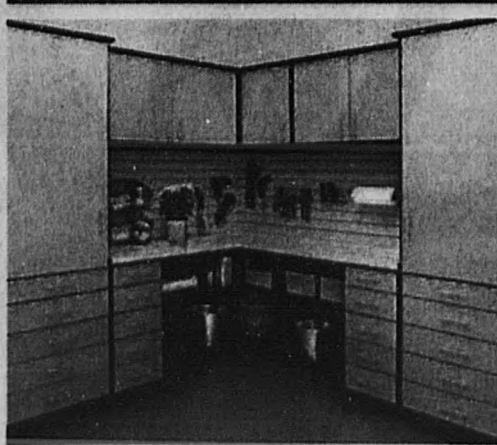
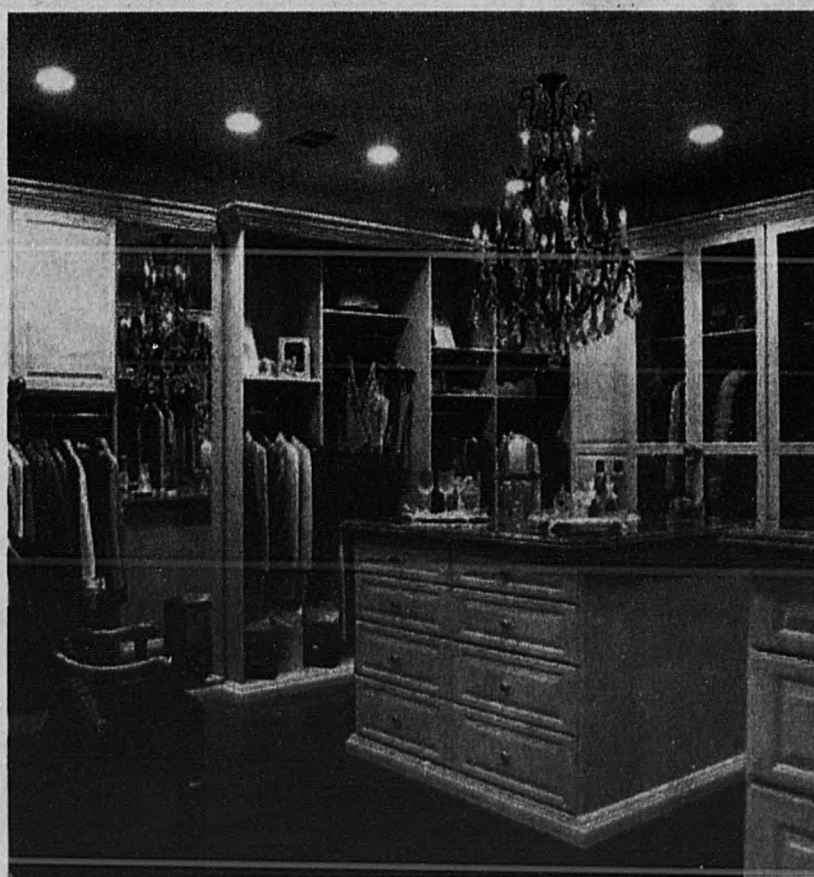
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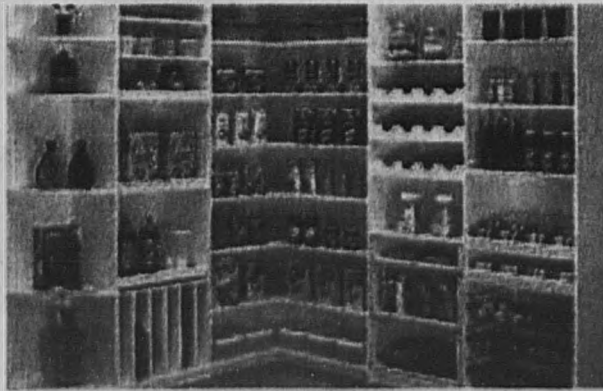
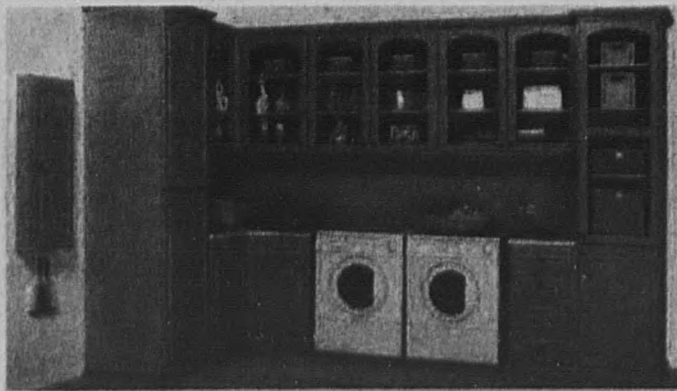
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## Dropbox at Town Hall

- The new Dropbox provides free 24x7 drop off for Town Hall payments and correspondence as a convenience for residents.
- It does NOT provide proof of delivery, particularly for Assessing applications. If you need to meet a deadline, go to the appropriate department and get a date/time stamp as proof of delivery.
- On days Town Hall is open, last pickup is 3 p.m.; Fridays 12 p.m.
- Items are sorted and delivered to Town Hall departments same day.



The new Town Hall mailbox is located at the edge of the Town Hall driveway. WICKED LOCAL PHOTO BY MARY FORD

BRIEFLY

### Real estate taxes due Nov. 3

Real estate taxes are due Nov. 3.

Information: Two bills are mailed together; USPS postmarks are not accepted; your bank's bill pay mails a check; office closes at 4:30 p.m., on Monday, Nov. 3; drop box last pickup is 3 p.m. (Friday at noon); late interest is 14 percent and demand is \$30.

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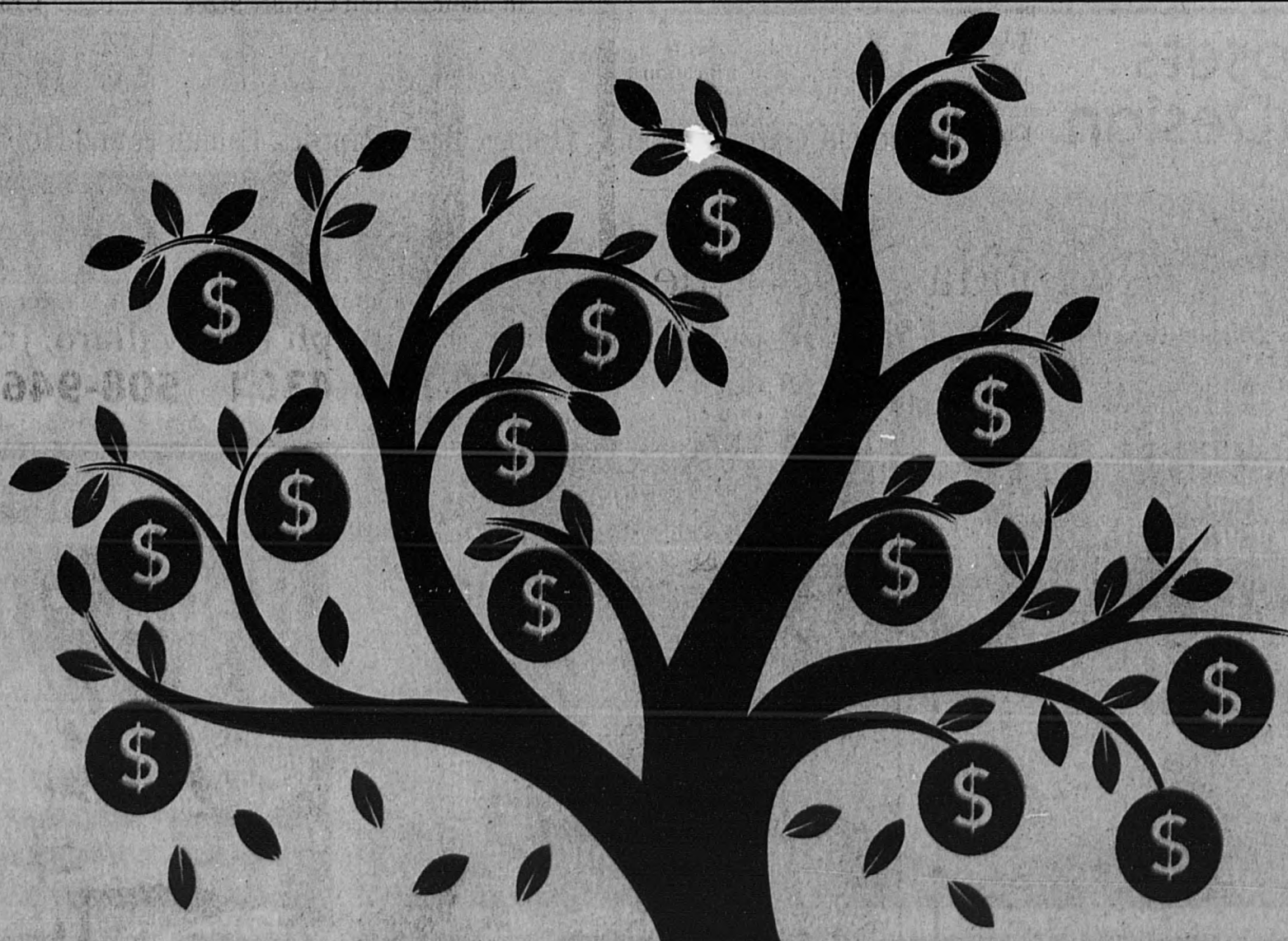
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## ROTARY

# Wine tasting dinner and live auction

Join Rotary Club of Cohasset on Wednesday October 29th at Atlantica Restaurant on Cohasset Harbor for an evening of great food, great wines and two important causes: the Cohasset Senior Center and Rotary International's Polio Plus Program. The delicious four-course dinner will be paired with select wines for each course. Live auction will follow dessert. Doors open at 6:30 for cash bar and raffle ticket sales, first course will be served at 7:15 p.m. Tickets are \$75 each — payment to be made by cash or check at the door on the night of the event. Seating is limited so please email [rotarywinedinner@gmail.com](mailto:rotarywinedinner@gmail.com) to reserve a seat.

The Rotary Club of Cohasset is a local club of Rotary International. Rotary is a worldwide organization of more than 1.2 million people. Members of Rotary provide humanitarian service who help build goodwill and peace in the world. Rotary Club of Cohasset



supports its community and international concerns based on the six areas of focus: Peace and conflict resolution; disease control; water and sanitation; maternal and child health; basic education and literacy; economic and community development.

The Rotary Club of Cohasset is committed to the mission of the Cohasset Senior Center. The Senior Center will be a central building/campus that provides contiguous space for multiple enrichment activities for adults 60+. The goal is to promote the keys to successful aging. The Rotary Club of Cohasset pledged in 2014 to the Social Service League \$25,000 towards their community center.

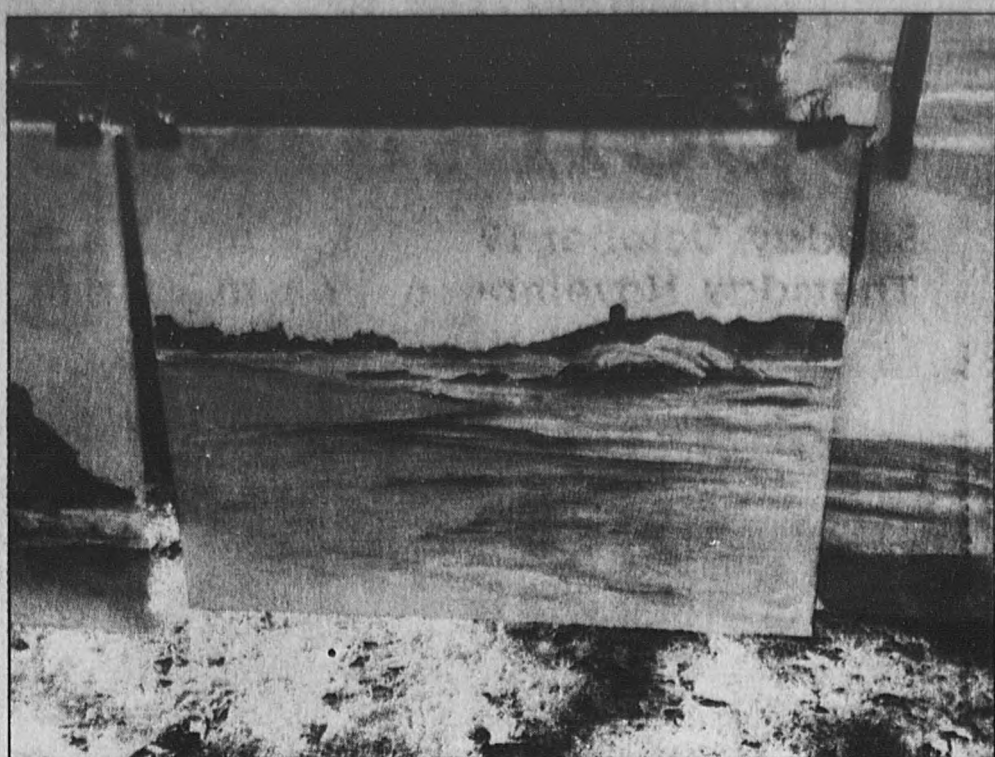
**The Senior Center will be a central building/campus that provides contiguous space for multiple enrichment activities for adults 60+.**

Locally, the club has donated more than \$100,000 in scholarships to local students. Fundraisers include The Cohasset Road Race by the Sea 10K, the Cohasset Phone Book and the Annual Wine Dinner.

Recipients of Rotary funding also include: Boy Scouts and individual Eagle Scout projects, Field of Honor Memorial Day remembrances, AIDS Walk, Citizen of the Year; South Shore Art Center African Art project gr. 6, the Chapman Farm School and countless other worthwhile causes.

Visit the club on Facebook for more information.

## LOCAL COLOR



Kit Bryant's watercolors feature Cohasset and the many places she and her husband John have sailed including the Bahamas. This painting features Well Rock on Minot Beach. COURTESY PHOTO

## Outdoor art show featuring Kit Bryant's paintings

The Bryant family, of 251 Forest Avenue, will be hosting an outdoor raw local art show on dry days in October. Kit Bryant's watercolors feature Cohasset and the many places she and her husband John have sailed including the Bahamas. Others are from art trips to the islands of Statia, Saba and Madeira with Ginny Avery and others from the South Shore Art Center.

Kit majored in art history at Connecticut College in 1953, and has been painting watercolors since a child. She has taught classes at the Art Festival, out of her home, and on the beach to fellow sailors. Now suffering

**Now suffering cognitive difficulties in her eighties, and no longer painting, her family wants to give Kit the opportunity to see you appreciating her work...**

cognitive difficulties in her eighties, and no longer painting, her family wants to give Kit the opportunity to see you appreciating her work outdoors in a casual farm-stand environment.

These paintings make great gifts — hometown scenes for kids away at college, local memories for those in memory care units, and scenes to relax clients in your waiting rooms and offices. But

there is no obligation to buy at this event to celebrate Kit Bryant's 70 years of painting. Look for dry weather and bright signs on Forest Avenue to enjoy this rustic presentation of Kit Bryant's watercolors or call 781-383-9094 to check in. Unlike a formal gallery show, the pieces are primarily unframed, but the family or a local frame shop can advise you on matting and framing options.

## CHARITY

## GlobeMed gala Oct. 25

GlobeMed at the Massachusetts Institute of Technology (MIT) is holding its first annual philanthropy gala the evening of Saturday, October 25, the proceeds of which will provide crucial funds to support Hope Through Health's expansion to maternal and child health to serve an estimated 90,000 patients within the next five years.

Madeline "Maggie" O'Grady of Cohasset, 20, a junior at MIT, spent her summer in Togo, West Africa working at the Hope Through Health

AIDS/HIV clinic with her fellow members of MIT's GlobeMed chapter.

The Oct. 25th gala will feature keynote speaker Dr. Jane Aronson, founder and CEO of Worldwide Orphans Foundation, Clinical Assistant Professor of Pediatrics at the Weill Medical College of Cornell University and Morgan Stanley Children's Hospital of Columbia University, and Professor Erica James, MIT Dept. of Anthropology.

A reception will follow with catering from Jules and Bertucci's, along with

## If you go:

**What:** GlobeMed at MIT 1st Annual Philanthropy Gala

**Where:** MIT Bush Building (13)

**When:** Saturday, October 25 at 7:00 p.m.

**To purchase tickets:** [tinyurl.com/nhnewpk](http://tinyurl.com/nhnewpk)

**To learn more:** [globe-med.mit.edu/2014-gala](http://globe-med.mit.edu/2014-gala)

**Cost:** \$50 general admission; \$30 for students.

a cash bar (government-issued photo identification needed).

Cocktail attire is required.

## MARK YOUR CALENDAR

## Cohasset PSO Holiday Boutique

Save the date, Saturday, Nov. 15, from 10 a.m. to 4 p.m. for the second annual PSO Holiday Boutique at the Deer Hill School. A variety of vendors will be on hand to help you get an

early jump on your holiday shopping. Bring your friends, browse, and visit the bake sale all while supporting the Cohasset PSO.

Openings for vendors are still available. If you, or

someone you know, has a business or makes artisan items for sale, contact [maryfranolson@gmail.com](mailto:maryfranolson@gmail.com) for an application.

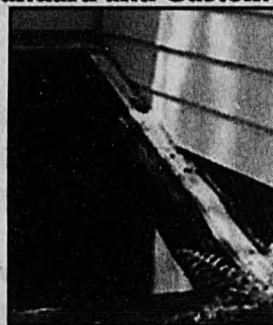
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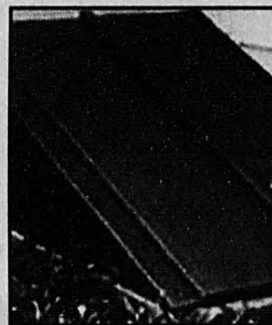
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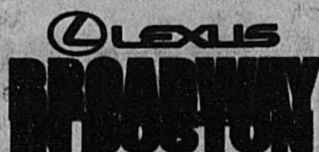
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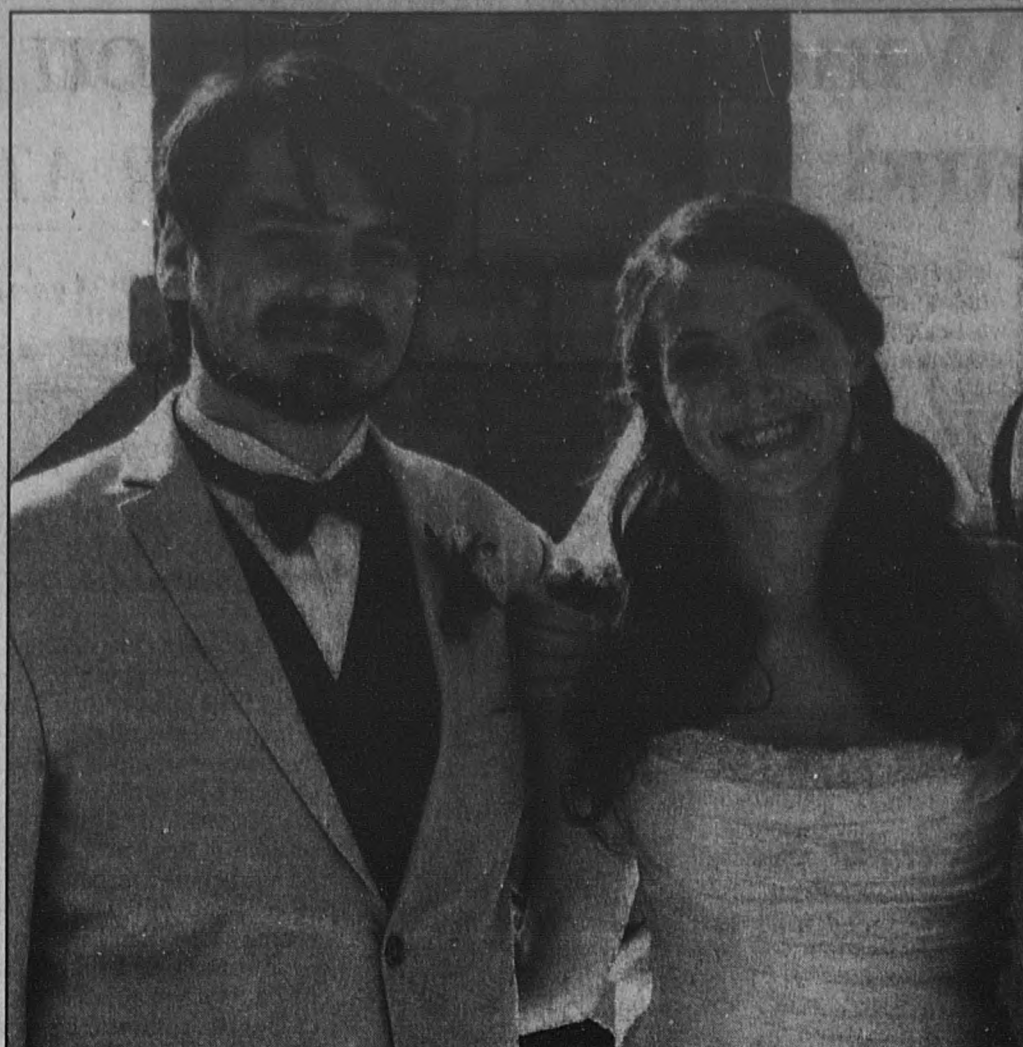
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WEDDING



Charles Patrick Kelly and Elizabeth Sara Mitchell were married in July. COURTESY PHOTO

**Kelly - Mitchell**

Dr. and Mrs. Charles Kelly of Cohasset announce the recent marriage of their son Charles Patrick Kelly to Elizabeth Sara Mitchell, daughter of Mr. and Mrs. Frank Mitchell of East Longmeadow on July 12, 2014 at the Log Cabin in Holyoke, before a gathering of over 200 of their friends and family.

The groom's brother, Patrick Kelly served as best man. The groomsmen included several longtime close friends as well as the bride's cousins, Matthew and Christopher Aiello. The groom's sister, Kathleen Kelly was among the bridesmaids, and his future sister-in-law, Christina Eaton was an honorary bridesmaid.

The bride and groom are 2009 graduates of Roger Williams University. Charles recently earned a master of education degree in Latin and classical studies at Mt. Holyoke College, Holyoke. Charles and Elizabeth are employed as teachers at Wilbraham-Munson Academy, Wilbraham, and reside in Wilbraham.

MUSIC

**Grammy nominee in concert Sunday**

A 2014 Grammy nominee, Parents' Choice Gold Medal winner and three-time National Parenting Publications Awards Gold Medal winner, Alastair Moock makes music for the whole family. Moock was last in

Cohasset last April as a part of First Parish's Concert Series, and he will return at 4 p.m., Sunday, Oct. 19, for more fun and music.

Following the concert, which will take place at the Parish House across

the street from the church, there will be a soup dinner provided for all concert attendees. Tickets will be available at the door: \$20 for adults, \$15 for seniors/students, and free for children younger than 12.



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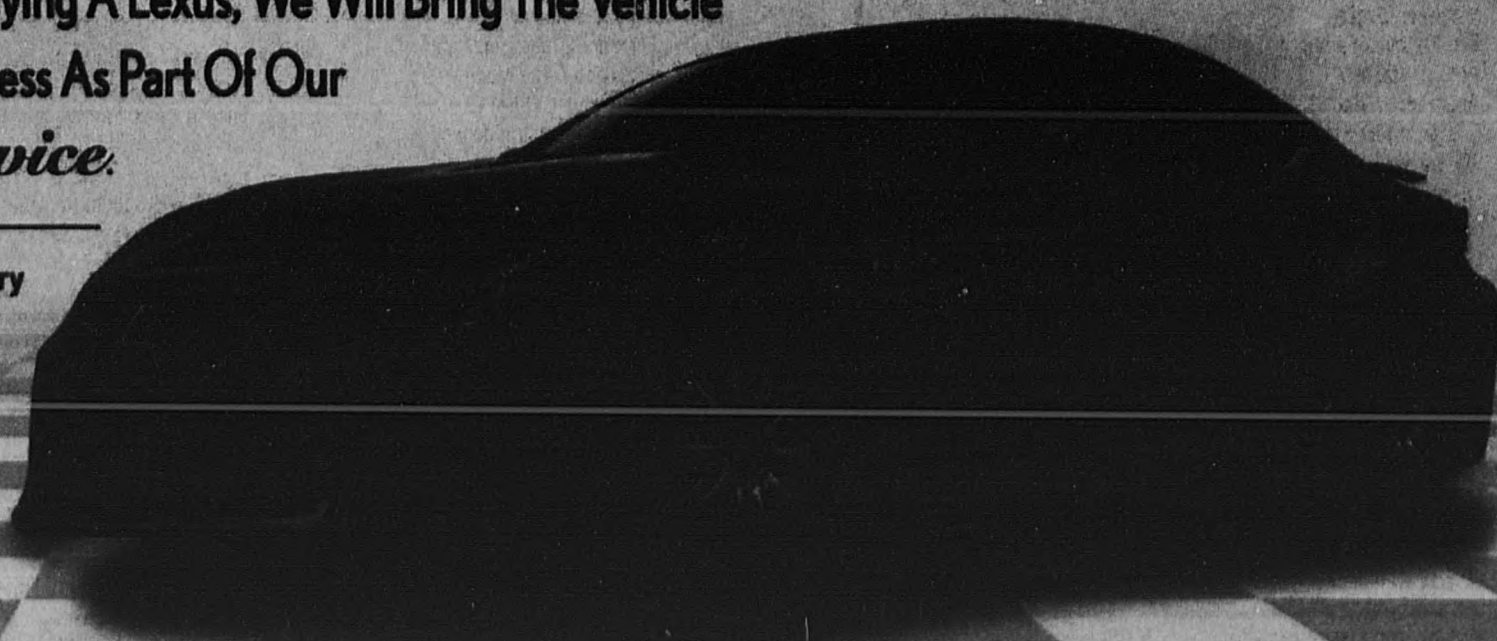
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The Eitner Family  
Shirley and Jim Marten  
Ethan and Liana Meyers  
Tracy and Kevin Thomas  
Christine and John Whoriskey  
The Lucier Family  
PATRONS (\$100-\$249)  
Hedy Ablard and John Lacy

*The Sandy Beach Association would like to thank all Cohasset residents and local businesses who have contributed to this year's annual fund raising drive. This once-a-year fundraiser is our sole appeal for funds used to clean the beach, employ the lifeguards and beach maintenance workers and maintain the bath house facility.*

*On behalf of all Cohasset residents – we thank you!!!*

Richard and Kimberlee Alemian

The Appleby Family

The Appleton Family

Jennifer Askjaer

Andrew and Kristen Astley

The Avila Family

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Leslie, Caroline and Jeffrey Bacon

George and Barbara Baumgarten

Joe and Kathy Becker

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Anonymous

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Douglas Bryan

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Jennifer and Bryan Cashin

Anonymous

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The Coffey Family

Don and Kelly Conetta

Eileen and Paul Corbett

The Corry Family

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Margaret and Paul Cotter

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Ellen Cuning

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The Gibson Family

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The Gowell Family

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Mary Granville

Jeff and Christina Grossman

The Grudinskas Family

Denise Hall

Laurie Hamilton

David and Jane Hassan

The Hession Family

Sandy and Tyler Hill

Craig and Andrea Hillier

David and Carol

The Hoehn Family

The Iantosca Family

Pamela Ireland

Sue and Bob Jackson

Diane Griswold Johnston

Tom and Rita Jones

Letitia and Bob Jordon

Mike and Kelly Joslin

The Kahn Family

The Karalekas Family

Brian and Erin Kearney

Lisa and Chris Kefallinos

Will and Elizabeth Kirkpatrick

The Klier Family

Thomas Knapp

The Kracunas Family

Sal and Catherine Lanuto

Mary LaSpada

Gerd and Carolyn Laudien

Brian and Maggie Levy

Kearin Lewis

The Lima Family

Fran and Charles Lindgren

Tom and Theresa Littauer

Paul and Robin Lualdi

Edward and Kyle Lubitz

Jennifer and Kevin Lynch

The Mahoney Family

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Sandy Manzella and Richard Kanoff

The Martell Family

Richard and Marjorie Masotta

The McCann Family

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The Robbins Family

The Rodgers

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The Greco Family

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The Blanchard Family (Julie)

Lynne Blanchard

Barbara and Mike Bliss

The Brandt Family

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Ben Lacy

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Laney and Sam Larsen

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Kellie Lynch and Jamey Conway

Martha Magnuson

The Martone Family

Don and Jaye McAllister

Chuck McDermott

Jim and Erika McHugh

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Michael Mellone

Betts and Wisner Murray

The Naughton Company

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# OPINION

QUESTIONS? Contact Editor Mary Ford at 781-741-2933 or mford@wickedlocal.com.

## OUR VIEW

## Solicitation bylaw review

Most residents love spring, summer and early fall because it means Daylight Saving Time.

But most Cohasseters don't feel that way about door-to-door solicitors. In fact until Town Meeting passed restrictions on door-to-door solicitors in 2006 — complaints about them filled the police/fire log once spring arrived and those complaints continued throughout the summer and fall.

Under the bylaw, solicitors are required to register with the police where they apply for a \$25 license. They are required to wear an ID issued by the police that includes their name and photograph. In addition solicitors have to provide police with their name, address, date of birth and height, weight and eye color, social security number; dates and times of canvassing activities; name and address of employer; and a brief description of the purposes of the solicitation.

Exceptions to the bylaw would be town, state or federal officers or employees on official business; minors under 18 unless in connection with a commercial activity; candidates for public office or campaign workers; those promoting political causes and those soliciting for charitable organizations unless those solicitors are paid. Before the bylaw, we

used to write a lot about door-to-door solicitation complaints in our Police Beat on page 3. The solicitation by-law has indeed been effective in limiting the number of solicitors who come to town with the intention of getting in and quickly getting out. It has also provided some comfort to residents that the people who are soliciting have background checks performed by the police department.

Still a few door-to-door solicitors get confused and think they are in Hingham, Hull or Scituate — when in fact they have ventured over the town line. Others are apparently unaware about the bylaw. Police note that any willful violation of a town bylaw is an "arrestable" offense.

Acting Chief William Quigley said there are 25 active permits right now. He said plans are afoot to seek a change to the bylaw increasing the permit fee from \$25 to \$100 that would be in line with what some other towns charge like Norwell.

Reiterating the bylaw requirements is timely in that Selectman Steve Gaumer shared a resident's concerns expressed to him at a recent Board of Selectmen meeting.

It is important to note that the hours for door-to-door solicitors who are required to have permits can be restricted — that is not the case with those who are exempt from the bylaw.

## LETTER

## Don't overlook Gold Award

A copy of this letter was sent to the Cohasset Mariner.

Dear Ms. Kennedy, In Friday's Cohasset Mariner (Oct. 3), I read with interest the story about Nick Rosen's Eagle Scout project. Having been a Girl Scout leader for 30 years in Cohasset I still enjoy hearing about what the young people in our town are doing.

However, I am surprised that you are not acquainted with the Girl Scout Hold Award. In

order to earn this, a girl has to show leadership, earn several badges, and put in a certain amount of hours in research and work. She must get approval from her Girl Scout Council and, depending on the project, approval from the town.

I know of at least five Cohasset girls who have received their Gold Award. However, it takes a lot of dedication and, sadly, not many girls stay in scouting long enough to achieve this award. Louise Smullen, 264 N. Main St.

## Cohasset Mariner

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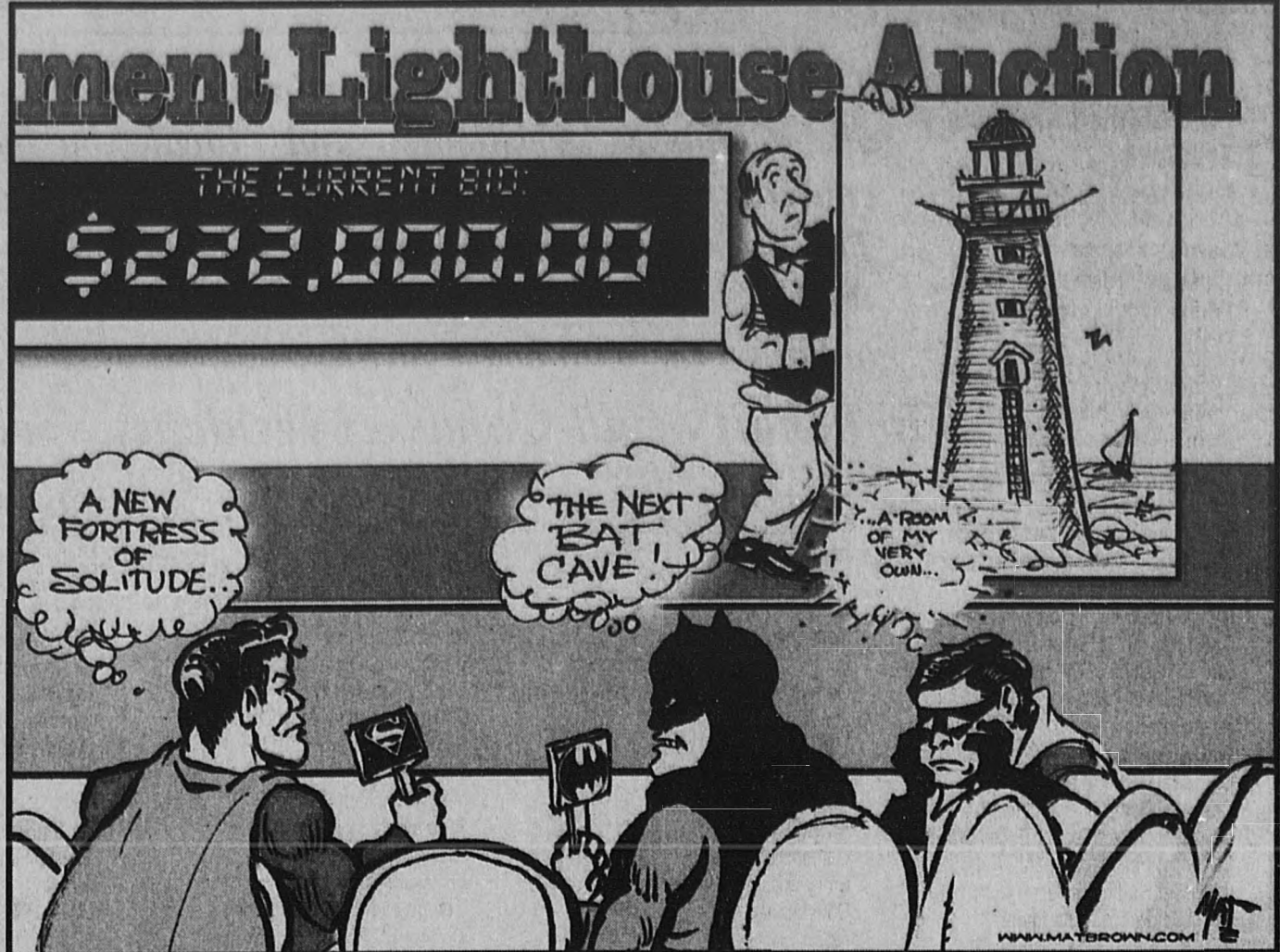
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## HOW TO SUBMIT

Letters must be original and signed. Include the writer's address and phone number for verification. Letters may be edited. Send letters to Mary Ford, 73 South St., Hingham, MA 02043, [cohasset@wickedlocal.com](mailto:cohasset@wickedlocal.com), or fax to 781-741-2931.



## COMMENTARY

## Vote yes on expanded bottle bill; Garden Club supports Ballot initiative

The following is a statement from the Community Garden Club of Cohasset:

Fifty years ago, not much was thrown away. Since then, we have become a "throw-away society." Although the United States has 5 percent of the global population, we consume 30 percent of the planet's resources and produce 30 percent of its waste. The U.S. produces 200 million tons of trash per year. Fifty-seven percent of all trash is buried in landfills, twice the amount that was disposed of this way in 1960. Beverage containers are 16 percent of the volume.

A contributing factor leading to this throw away mentality is the number of disposable products now available. Disposable diapers, disposable cups, disposable shopping bags, disposable

water bottles. Hence the need for more places to dispose of all this waste. Trash in a landfill does not decompose quickly and non-biodegradable items such as plastic will not break down for hundreds of years. Incineration is also costly. We need to find better solutions.

One such solution that has proven to reduce litter is the 1982 Bottle Bill. It worked! Eighty percent of beer and soda containers are recycled. The problem is that now we have many more noncarbonated beverage containers and only 23 percent of these are recycled. Only 20 percent of non-deposit containers are recycled. These non-deposit bottles and cans end up on our streets, in our parks, on our beaches, in incinerators, or in landfills. At what point did convenience trump livability?

The problem is that now we have many more noncarbonated beverage containers and only 23 percent of these are recycled. Only 20 percent of non-deposit containers are recycled.

An Updated Bottle Bill will now be on the ballot in November. The proposed bill expands the nickel deposit law to include non-carbonated drinks such as sports drinks, bottled water and iced tea. The infrastructure for handling the expansion of returnable bottles exists now and as with the carbonated beverage bottles, the deposit is just that, a deposit, not a tax.

One of the arguments against the Updated Bottle Bill is the statistic that most towns have curbside recycling. Hingham, Cohasset and Hull do not. More importantly, most non-carbonated containers

are purchased by consumers on the go. A recycling bin in the kitchen does not help at the beach, on the playing field or in the park. A deposit fee incentivizes consumers to return those bottles rather than toss them.

We encourage a yes vote on the Bottle Bill. It is an important step in reducing our damage to the planet. As a garden club, we aim to beautify our world. We do this not only by promoting an interest in gardening, but also by promoting an interest in conservation of our natural resources so that our planet remains healthy and beautiful.

## LIBRARY CORNER

## Ebook Catalog hands-on workshop Oct. 24

Paul Pratt Memorial Library is at 35 Ripley Road. Call 781-383-1348 to register or for more information or visit the website at [www.cohassetlibrary.org](http://www.cohassetlibrary.org).

**Mass. Ebook Catalog** — Learn how to search and download e-books through the new Massachusetts Ebook catalog at a hands-on workshop from 10:30 to 11:30 a.m. Friday, Oct. 24. Bring your portable device, such as an iPad, Android tablet, or Kindle Fire HD for a personal experience.

**Library Book Group** — Join others for coffee and discussion of Jane Gardam's book "Old Filth" at 10 a.m. Wednesday, Oct. 29. All are welcome.

**Artist Exhibit** — The South Shore Art Center presents an exhibit by Jim Earl titled "Watercolors & Drawings" at the Paul Pratt Memorial Library through Oct. 31.

**Homework Center** — The library's homework center will open from 5:30 to 7 p.m. every Tuesday during the school year. The library

welcomes Cohasset High School teacher Michael Welch as the new Homework Center Coordinator. Cohasset High School Honor Society students offer free tutoring and YA Reference Librarian Brigid Lengyel provides research assistance. Join others in the rear of the library on the top floor of the Discovery Museum. The Friends of the Cohasset Library fund the Homework Center.

**Sunday Author Talks** — Author Hiawatha Bray will talk about his book "You Are Here" at 4 p.m. Sunday, Nov. 2. Meet Mr. Bray at a wine and cheese reception and book signing following his talk. Free admission. Seating is limited. Sunday Author Talks series is sponsored by Dean & Hamilton Realtors, The Cook Estate, and A Taste For Wine & Spirits.

**Movie Matinee** — Enjoy a free, daytime movie at the library. The film "The Monuments Men" starring Matt Damon and George

Clooney will be shown at 11 a.m. Friday, Nov. 7. Free admission. Refreshments donated by Shaw's of Cohasset. Rated PG-13; 118 min.; 2014.

**November Is Family Caregiver's Month** — Kim Bennett and Nate Murray from Visiting Angels will present three free, educational lectures to elders, their families and caregivers at the library. All are welcome.

Thursday, Nov. 6: Compassion Fatigue and Care Partner Burnout

Thursday, Nov. 13: Lost In Time — Tips to Manage Dementia

Thursday, Nov. 20: I Didn't Know There Was Help Out There

For more information about each of these lectures, visit [www.cohassetlibrary.org](http://www.cohassetlibrary.org) or call the library.

The following events are for children.

A new animal puppet collection is available for use with school animal reports and presentations.

**MamaSteph:** Monday Oct. 20 and 27, at 10:30 a.m., upper level of Our World

**LEGO Club:** Monday, Oct. 20 from 4 to 5 p.m. Meeting Room, all ages welcome.

**Storytime with Mrs. Moody:** Tuesday, Oct. 28 at 10:30 a.m., Story Room

**Puppet Story Time with Leigh & Friends:** Tuesday Oct. 21 and 28 at 10:30 a.m., Story Room

**Music Makers with Bethany Gavin:** ages 0-36 months, Wednesday, Oct. 22 at 10:30 a.m., Meeting Room, Sign up online. Space is limited.

**Building Stories with Big Ryan:** ages 3+, Wednesday, Oct. 29 and Nov. 5, 12 and 19, at 10:30 a.m., Story Room, Sign up now for all four sessions. Space is limited. An adult must accompany children.

**Story & Craft:** (ages 3+ for drop off) Thursday, Oct. 23 and 30, from 10:30 to 11:15 a.m., Story Room, Sign up now for all four sessions. Space is limited.

## BRIEFLY

## Mariner drop box at Tedeschi's

The Cohasset Mariner has a "drop box" and pickup location at Tedeschi's in the village. The

drop box is on the counter in the front window around the corner after you enter the front door.

The Mariner picks up at 8 a.m. on Mondays and Tuesdays. The drop box can be used to drop

off glossy photographs, letters, flyers or other editorial copy.



## DOWN UNDER

## Sharing some Aussie jokes

G'day mates!  
**Q:** Why did the emu cross the road?  
**A:** To prove he wasn't a chicken! Ha! Ha!  
 Australians love a good laugh. Do you? Here are some classic Australian jokes:

**Q:** Why do kangaroo Mums hate bad weather?  
**A:** Their joeys have to play inside! Ha Ha!  
**Q:** What animal can jump higher than the Sydney Harbour Bridge?  
**A:** All animals because bridges can't jump!  
**Q:** What do crocodiles call children?  
**A:** Appetizers!  
**OK, OK!** Want another?  
**Q:** What do you get when you cross a kangaroo with a sheep?



ELLE KENNEDY

**A:** A Woolly jumper! And my personal favorite...  
**Q:** What's small, furry, and bright purple?  
**A:** A koala holding its breath!  
 Ha Ha! Get's me every time!  
 Aussies sure can be funny! Especially when they're telling jokes!  
 Now a little funny thing my Mom and Dad learned. You have to drive on the left side of the road

here. It's funny to see my Mom try to get in on the left side and then have to go around to the other side where the steering wheel is located! I also like seeing my Dad and Mom keep reminding themselves to, "Get in on the right! Get in on the right!" I'm glad I can't drive yet!

Elle reporting from Oz, in and out! Stay tuned for my next article!

*Elle Kennedy, her sisters Anna and Celia, and their parents, Laura and Ben, are living in Sydney, Australia, for two years. This is Elle's latest "Dispatch" from "Down Under". Readers can reach Elle by email at: ElleReporting-fromOz@gmail.com*

## CAMPAIGN VIEW

## Politics and child protection

Over the last two years, state government has seen a parade of horrors: The crime lab chemist who falsified thousands of drug tests; dozens dead and hundreds hurt by a compounding pharmacy the state hadn't inspected; a corruption scandal in the Probation Department; a disastrous launch of a new health coverage website.

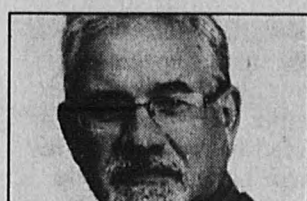
None of these woes was more troubling than the case of Jeremiah Oliver, the 5-year-old boy who disappeared, and was later found dead, while supposedly under the protection of the state Department of Children and Families.

Jeremiah became a symbol of a state bureaucracy unable to get the job done, and the problems at DCF have now taken center stage in the campaign for governor.

DCF has a tough job, intervening in families where crisis threatens to turn into tragedy. The stress on social workers is high, the decisions can be wrenching, and it's impossible to make the right call 100 percent of the time. But a DCF social worker skipped eight mandatory monthly visits to check on Jeremiah's well-being, an inexcusable lapse.

DCF has been a troubled agency for a long time. Since it doesn't have a politically-powerful constituency, it's an easy place to cut in a budget crunch – and budget crunches hit often on Beacon Hill. Then caseloads grow, social workers can't keep up and bad things happen to children.

Under a different name, the Department of Social Services (DSS), the agency was troubled in the 1990s, when Charlie Baker, now Republican candidate for governor, oversaw human services and budgeting under Govs. Bill Weld and Paul Cellucci. It was troubled in 2010 and 2011, when Gov. Deval Patrick and the state Legislature cut nearly \$100 million



RICK HOLMES

from the DCF budget.

DCF's troubles landed on the desk of Attorney General Martha Coakley in 2010, in the form of a lawsuit filed by Children's Rights, a New York-based advocacy group that had filed at least 20 similar suits in other states over shortcomings in child protection policies. Many of those suits were resolved through settlements resulting in state commitments to more funding and better practices. But Coakley chose to fight the whistle-blowers instead of negotiating with them. While she was litigating, Jeremiah Oliver went missing.

Her response to the lawsuit put Coakley, the Democratic candidate for governor, on the defensive. She has criticized the New York group that brought the suit. She slammed as "disgusting" an ad by a pro-Baker super PAC claiming she put vulnerable children at risk. Her backers have questioned Baker's handling of the agency in the '90s, when the budget was also cut and social worker caseloads were also too high.

At last week's televised debate, Coakley did a good job reminding voters that she spent years working with abused children as a Middlesex County prosecutor. She's the one who put nanny Louise Woodward behind bars for shaking little Matthew Eappen to death.

Baker graciously thanked Coakley for her service, without retreating from his point: that in 2010, she chose to defend her friends in a Democratic administration rather than the children in DCF care.

This fits into the larger

issue of the long line of recent failures in state government. Baker argues the administration simply took its eye off the ball, and promised to bring a "weed whacker" to the thickets of policy and administration. He argued that one-party government means problems get covered up rather than exposed, and that Coakley is a team player who doesn't make waves.

All of which may be true, but it cuts both ways. Baker was a team player in the '90s, and no one remembers him going public to protest the policies of Republican governors.

But amid all the promises of better management and stronger oversight, a larger issue is getting lost. Federal Judge William Young ruled for the state in the DCF case (it's now under appeal), but his 2013 ruling finds plenty of fault – and not just at the overburdened DCF social workers and the administration, but at all of us: "the flaws noted herein are more about budgetary shortfalls than management myopia," Young wrote. "We are all complicit in this financial failure."

"When next you bemoan your tax burden, remember that, at that moment, somewhere in Massachusetts there is a youngster who has just been taken from her parents' home. She is confused, inexpressibly lonely, homesick, and desperately afraid. Because of Massachusetts' penury, her future is murkier than in most places in America. Do you care?"

It's a question that, along with Jeremiah Oliver's forever-young face, should haunt Massachusetts voters as they head to the polls.

*Rick Holmes is opinion editor for the Daily News and Massachusetts political editor for GateHouse Media. He can be reached at rholmes@wickedlocal.com.*

## VIEW FROM THE FRONT PORCH

## No Costume / No Candy &amp; Other Haunting Thoughts

So far so good, as we've loaded up on Halloween candy and I've yet to sample a single piece. Given that Halloween is on a Friday this year, I am guessing the old neighborhood will be hopping with kids and I'm ready to give, give, give. All kids are welcome to come by, but only those legitimately dressed in a costume will get something. A little effort goes a long way.

With regards to Halloween, as far as I can tell, there has been no progress over the past year on the much-needed Candy Tax Credit for Fair Oaks residents. I share in your disgust over this but rather than dedicate an entire article to this travesty, allow me to kick around a few thoughts instead.

■ You know what Cohasset needs? A really good doughnut shop. It is fall and fall means cider doughnuts.

■ You know what I don't need? A really good doughnut shop in Cohasset.

■ Every season has its own great qualities but in my opinion, autumn is the greatest of all the seasons, by a long shot.

■ One of my favorite parts of fall is the Oktoberfest party that we have here on Fair Oaks. I know a few other neighborhoods do the same and I have to say events like these are what make life great.

■ My lovely neighbors across the street have sold their mom's home and will be moving this month. Their family has owned the home since it was built and it's been a place full of love and beautiful memories for decades. I will miss them dearly but think it's wonderful that a new family will have a chance to build their own memories.

■ Cohasset House of Pizza just celebrated their 40th anniversary, that's just awesome. Small businesses that span generations are the cornerstones of what makes a town a community.

■ My first date ever was double date that was an afternoon at Paragon Park followed by pizza at CHOPs. Kudos to my friend's mom who quietly ate at another table by herself.

■ There's a home on Jerusalem Road near West Corner that for decades had a statue of a little girl looking out at Straits Pond where many believe the girl had drowned. Some say her ghost still haunts the location. I'm not sure about ghosts, but I vividly remember the statue really freaking me out when I was a kid. Check out <http://drowningonjerusalem.weebly.com>.

■ Just finished a great book that I bought at Butternut. "The Burglary" by Betty Medsger is about the 1971 break in of an FBI office in suburban Philadelphia and how it exposed the illegal spying



JOHN MCSHEFFREY

**One of my favorite parts of fall is the Oktoberfest party that we have here on Fair Oaks. I know a few other neighborhoods do the same and I have to say events like these are what make life great.**

J Edgar Hoover was coordinating. The similarities between this and Edward Snowden's fight with the NSA are scary. I highly recommend it.

■ Twenty-two states don't celebrate Columbus Day; Massachusetts should be the 23rd as there has to be a better reason to take a day off in October.

■ In the past few months there's been an uproar about the hacking of celebrities' phones and stealing their personal pictures. During the same time, Apple announced that they had uploaded without permission the new U2 album to everyone's iTunes. I don't see much difference between the two; they are both a serious breach of privacy. The corporate uploading actually scares me more than the hacking.

■ That said I'm a huge U2 fan. Thirty-three concerts and counting.

■ Three words: The River Club. Right there in Scituate, it's a great place to see some really good live acts. Went a few weeks back to see the English Beat, it was an amazing show but when did their fans get to be so old?

■ Did you happen to see Finn Doherty on the CBS Evening News last Thursday? The piece was about a possible major breakthrough for Type 1 diabetes involving stem cell research and Finn was extremely impressive. I think one day we'll all be saying we knew him when.

■ The thought of a possible breakthrough for Type 1 diabetes makes me well up with tears.

■ Sorry to read that Thomas Waters, the former Headmaster at Derby Academy passed away. I attended Derby from 78-82 and Mr. Waters was a wonderfully kind and fair man. When you stop to think about it, educators are an amazingly special group of people – dedicating their lives to the betterment of the youth. Thank you Mr. Waters.

■ I really love Cohasset Cycle Sports. The couple who run the shop could

not be nicer, their service could not be better and they have great taste in music.

■ Have you noticed the new car wash being built next door to Aubuchon Hardware on 3A? Who doesn't love a great car wash, I got my fingers crossed.

■ For the past few months the Mobil station on the corner of 3A and Sohler has been out of gas. Never a good sign when a business stops carrying what it's open for business for.

■ On the opposite end of Sohler Street, down by Main Street, there is a home with a wonderfully landscaped hill. I love that hill and really appreciate the work the owners do in keeping it up. Thank you.

■ With a tip of the cap to Robert Plant who sang, "If there's a bustle in your hedgerow, don't be alarmed now"; what's with homeowners thinking it is OK to have their hedgerows hanging 3-4 feet out into the sidewalk? "Ooh, it makes me wonder." Um, you do know that kids use those sidewalks and that your overgrown shrubs force them out into the street?

■ Despite there being a number of key offices that are up for grabs I get the sense that we won't top the 37 percent voter participation we had in May's town election.

■ A few weeks ago the Star Spangled Banner turned 200 years old. Heard someone say that Francis Scott Key penned the ultimate 1-hit wonder.

■ The amount of covering up the NFL has been doing regarding the domestic abuse issues makes me wonder if they'll be moving their offices to the Watergate Building in D.C.

■ If there really were ghosts, don't you think the roads at night would be filled with angry squirrels and raccoon ghosts? And what about mosquito ghosts, how many of us would be haunted by mosquito ghosts? And ant ghosts, holy crapes – all these ghosts would be tripping all over each other – there would be ghosts on top of ghosts all vying for just a few seconds of haunting.

■ Only a few more weeks before a radio station jumps the gun by a solid month and starts playing nonstop Christmas songs – Please, not until the first of December.

As always, thanks for reading, perhaps we'll see you on Halloween. There will definitely be a special something for the child in the best costume and maybe something for the child who mentions this article.

*John McSheffrey has been part of the Cohasset community since 2007 and can be reached at [jjmcs@aol.com](mailto:jjmcs@aol.com).*

## TOWN CLERK'S OFFICE

## Absentee ballots available for State Election

Absentee ballots for the State Election on Nov. 4, are available at the Town Clerk's office. Absentee voting may be done during normal office hours until noon on Monday, Nov. 3, at which time the office will be closed to prepare for the

election.

You may vote absentee for the following reasons only:

1. Absence from the town during the hours the polls are open.
2. Physical disability.
3. Religious beliefs, which prevent voting at

the polls on Election Day.

The applicant must request an absentee ballot. Applications are available on the Town of Cohasset's website [www.cohassetma.org](http://www.cohassetma.org) home page and in the Town Clerk's office. A hand written signed request

can be sent by mail, or hand delivered by the voter or any other person. The application should include the legal voting address of the voter, where the ballot is to be mailed, and the signature of the applicant.

A family member of a

person qualified to vote by absentee ballot may apply on behalf of such voter. The applicant shall state his or her relationship to the absentee voter; sign the application under the pains and penalties of perjury and mail or hand deliver the application to

the clerk's office. Absentee ballots must be mailed to the voter. Returned ballots should be mailed or can be delivered by an immediate member of the family to the Town Clerk's office by Nov. 4, to be counted.

PLEASE RECYCLE



THIS NEWSPAPER



PAINT IT ALL PINK

# Taking a 3-D approach to radiation

Dosimetrists zero in on cancer for better treatment

By Gerry Tuoti  
Wicked Local Newsbank Editor

While radiation therapy is commonly used to shrink tumors, it can also damage healthy body tissues.

That's where medical dosimetrists step in. Using scans to create 3-D digital models of a patient's breast and surrounding body systems, dosimetrists run a series of computer simulations to find the best way to deliver the highest possible dose of radiation to a tumor while minimizing the negative impacts on healthy cells.

Dr. Brigid O'Connor, a radiation oncologist at Beth Israel Deaconess-Plymouth hospital, said the dosimetrists she works with at BID-Plymouth will often develop a number of complex and complicated plans for treating a tumor while sparing adjacent normal tissue.

"It sounds simple but it's not really," O'Connor said.

The work, she noted, is both precise and essential and requires two years of specialized training for certification.

"As physicians we are not trained on this computer technology to plot and do the complicated plans," O'Connor said. "I couldn't do my work without them. They're an absolutely essential component to the treatment team."

The 3-D computer technology, which was first used in hospitals in the early 1990s, allows dosimetrists to determine how to best direct a radiation beam or use devices to modify delivery of the beam to the patient.

After running several simulations, the dosimetrist determines the plan for delivering the dose of radiation, then presents it to the doctor for approval. Medical physicians also



Medical dosimetrist Louisa Moniz studies a 3-D computer model of a patient's breast. WICKED LOCAL PHOTO

review the plan and the simulations.

Dr. Peter Orio, medical director for radiation oncology at South Shore Hospital's cancer treatment center, said the technology allows a radiologist to deliver more precise targeted treatment to the breast without damaging the lungs.

"What you are seeing is less dose going to the lung and essentially these technologies allow us to decrease the dose to normal tissues," he said. "This technology allows us to make sure we give the right amount of dose to the breast itself."

Orio said dosimetrists could also give more precise radiation doses to tumors in a patient's lymph nodes.

"This radiation is eradicating much of the disease," he said. "What is happening is we have radiation do what we did surgically previously. It is making treatments less morbid and it has less potential for long-term complications."

Orio said dosimetrists are an important part of South Shore Hospital's radiation oncology team.

"They make sure we have the safest effective treatment for our patients," he said. "They are part of the treatment plan."

Sheri Weintraub, chief physicist for the Southcoast Centers for Cancer Care,

said Southcoast also offers the 3-D digital technology at the Center in Fairhaven, as well as at Charlton Memorial's Cancer Center in Fall River. Southcoast Hospital Group includes Charlton, Tobey Hospital in Wareham and St. Luke's in New Bedford.

Weintraub said this approach to radiation therapy treatment is "very safe and optimal for the patient."

She said one technique to radiation therapy is "Forward Planned Intensity Modulated Radiation," which is also employed to minimize exposure to the heart and lungs while providing an homogenous or "nice even dose over the breast," eliminating "hot spots," or skin reactions on the breast that can feel like bad sunburn.

Forward planned IMRT is once again employed after sophisticated computer simulations are run prior to the patient's first actual treatment to maximize positive results.

Rich Harbert, Frank Mulligan and Ed Baker contributed to this report.

PAINT IT ALL PINK COMMENTARY

# Self-compassion is part of the process

I had my yearly mammogram recently. As always I was gently ushered into the slightly too cool waiting room wearing my purple hospital "gown" tied in the front.

I sat quietly, next to and across from other women, also waiting. A few years ago I said something to the others who were reading magazines and doing crossword puzzles and various things to get them through the waiting time and, perhaps, to fend off the anxious thoughts and feelings. "Will it come out OK? Will they see something? I wonder what her history is?"

I spoke up, simply observing how we were all in the same boat, in a state of not knowing, and wasn't it funny how we are members of this vast sisterhood and yet we have no connection to the other members right here in the room. The conversation that followed was filled with warmth and humor, and some of the women seemed to become more relaxed.

A couple of years ago I participated in a program called Mindful Self-Compassion Skills Training. A few days after my return from this five-day retreat-based program, I spoke at a breast cancer support group meeting at The Dana Farber extension at South Shore Hospital. The room was filled with 25 to 30 women who all had this one distressing difficulty in common. The range of experience was from newly diagnosed to 15 years out and cancer free. The perceived sense of our common humanity was stunning.

This past spring I



LAURI KLEIN

completed the training to become a MSC teacher.

The three components to mindful self compassion are:

1) Mindfulness, a noticing and acknowledgment of a difficult state;

2) Common humanity, a kind of validation; a recognition that we are all in this together and that all people experience suffering in life. And finally;

3) The act of self compassion, turning toward ourselves with kind affection in the midst of the pain. We practice self compassion not to end our suffering but because we are suffering.

At the support group meeting we practiced the three components in an exercise called the Self-Compassion Break. It was a powerful exercise. It was clear that everyone was moved by their own and their shared experiences.

I left feeling very grateful for having been able to spend this time with those courageous women. The receptivity and openness that was present, the generosity of heart and kindness, was palpable. This simple practice of noticing, acknowledging, and caring was profound.

Women and their families and friends are being confronted too often with this ominous disease. The emotions connected with being a breast cancer patient, dealing with chemotherapy, radiation, surgery, choices to make,

and decisions to manage, can be overwhelming.

Do not do it alone, join with others. Do not suffer in silence, share with others. Do not think for one minute that you somehow deserve this or that you should have or could have done something differently. Do not get into self-blame.

Instead, be kind to yourself. Treat yourself as you would treat a friend who has breast cancer or who has a friend or family member going through it. Talk about it.

Be sad and scared and hopeful and courageous. And, most of all, be kind. Be kind to yourself.

Be as loving and non-judging as you can muster. Turn toward your own pain. Allow it. Soften into it. This is not self-indulgence. It is putting on the oxygen mask so that you can breathe more easily and have the psychic and physical energy it takes to battle with, to cope with, and to heal from this life-threatening crisis.

Practice fierce self-compassion as an antidote to it all.

Lauri Klein, LICSW, is a psychotherapist and mindfulness instructor in Hingham. She offers mindfulness-based programs and workshops locally and in the greater Boston area through her business The Path to Mindful Living. She is available to conduct on-site mindfulness-based programs, seminars, or workshops tailored to the needs of an organization, group of friends, or place of business. For further information, visit [www.mindful-path.com](http://www.mindful-path.com).

For more on Breast Cancer Awareness, see page B06

PLEASE RECYCLE  
THIS PAPER

# Beacon Hill Roll Call

By Bob Katzen      [bob@beaconhillrollcall.com](mailto:bob@beaconhillrollcall.com)

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If you have any questions about this week's report, e-mail [bob@beaconhillrollcall.com](mailto:bob@beaconhillrollcall.com) or call 617-720-1562.

Y = Yes; N = No, NV = No Vote (President rarely votes) \* Not every item is voted on by both House and Senate

Volume 39 -  
Report No. 41  
October 10, 2014

Senator  
Robert L. Hedlund  
(R-Weymouth)  
617-722-1646  
Room 313C

Representative  
Garrett J. Bradley  
(D-Hingham)  
617-722-2520  
Room 479

**THE HOUSE AND SENATE.** There were no roll calls in the House or Senate last week. This week, Beacon Hill Roll Call looks at Question 2, one of the four questions on the ballot that will be decided directly by the voters in November.

The question asks voters if they want to expand the state's existing beer and soda bottle bill law to require a deposit on bottles of most other carbonated and non-carbonated beverages including water, ice tea, juice and sports drinks.

Here are the official arguments, gathered by the secretary of state, by each side of the question:

**IN FAVOR:** Written by Coalition for an Updated Bottle Bill. For more info, go to [www.massbottlebill.org](http://www.massbottlebill.org) or call 617-747-4322.

"A YES vote will improve the 'Bottle Bill', where consumers put down a refundable nickel deposit on a beer or soda. People get the nickel back when they return the container. A YES vote will extend this program to cover other beverages such as bottled water.

The Bottle Bill works: 80 percent of beer and soda containers get recycled. Only 23 percent of non-deposit containers do. So every year a billion bottles get tossed away, often on playgrounds, roads and beaches. Communities have to pay to clean them up.

A YES vote equals more recycling, less trash and litter, and big savings for towns' waste management costs. That's why this idea has been endorsed by 209 of our cities and towns, as well as Democratic Gov. Deval Patrick, former Republican Gov. Mitt Romney, 350 business leaders, and independent groups like the League of Women Voters, MASSPIRG, Sierra Club and hundreds more."

**AGAINST:** Written by Robert L. Moylan, Comprehensive Recycling Works. For more info, go to [www.NoOnQuestion2.com](http://www.NoOnQuestion2.com) or call 617-886-5186.

"Massachusetts should be a recycling leader, but Question 2 will keep us in the past. Ninety percent of households now have access to curbside and community recycling programs. Let's focus on what works instead of expanding an outdated, ineffective, and inconvenient system.

Everyone wants to increase recycling rates—but expanded forced deposits are the wrong approach.

Question 2 would cost nearly \$60 million a year, more than three times the price of curbside programs (while increasing recycling rates by less than 1 percent); waste taxpayer dollars on expanding an uneconomical, 30-year-old system; and raise your nickel deposit and additional fees every five years—without your vote.

Today, more than \$30 million of your unclaimed nickels go into the state's general fund and into the hands of politicians—not to environmental programs. Let's stop throwing money at an inefficient system and invest in modern recycling technology."

**STUDY BOTTLE LAW EXPANSION**

There has not been a roll call in several years in the House on the Bottle Law. On May 23, 2012, the Senate 22-15, approved a Senate budget amendment providing that a special commission study the possible expansion of the bottle bill and report to the Legislature in seven months. The amendment replaced a proposal that would expand the bottle bill to include noncarbonated beverages including water, ice tea, juice and sports drinks. The amendment never made it into the final version of the budget that was signed into law by Gov. Deval Patrick.

Some supporters of the study said the expansion is nothing less than a new tax that will hurt in-state retailers and communities that border New Hampshire. Others said they are open to the idea but prefer to get more information on the proposal.

Opponents of the study generally support the expansion and said the study basically delays and kills the bill. They argued the expansion is long overdue and would help the environment.

(A "Yes" vote is for the study. A "No" vote is against the study.)

**ALSO UP ON BEACON HILL**

**PATRICK EYES PARDONS** - Gov. Patrick said he is considering granting pardons to some state prisoners and is specifically studying the cases of three people the Parole Board recommended for pardons. The three cases include a man convicted of an armed assault in 1989 and two individuals convicted of drug-related crimes in the 1990s. Patrick has not granted a single pardon since assuming office in 2007.

Patrick's predecessor, former Gov. Mitt Romney, did not grant a single pardon during his 4-year term. Romney's predecessor, Acting Gov. Jane Swift, was the last chief executive to approve any pardons. She granted seven during her almost 2-year tenure in 2001 and 2002.

**STORAGE UNITS (S 2297)** - The House and Senate approved and sent to Gov. Patrick a bill making changes in the laws governing storage units. The measure allows owners of the storage facilities to send notices about overdue rent and other notices through electronic mail if the consumer agrees. Other provisions set a maximum on the charge for late fees, allow an auction for a unit to be advertised online in addition to the current option of a newspaper ad; and create a process by which self-storage operators must confirm property is in fact abandoned.

Supporters, noting there are more than 700 storage facilities in Massachusetts, said the law would improve consumer protections and at the same time lower the cost of doing business for the facility owners.

**LEGALIZE SPARKLERS (H 3262)** - A bill that would legalize the sale of some currently banned small fireworks is languishing in a House committee since it was given initial approval by the House in March. The fireworks that would become legal include snake and glow worms, smoke devices and "trick noisemakers" such as party poppers, snappers and drop pops.

Supporters say the current ban on these small-time novelty items is another example of excessive government intrusion that limits people's choices. They argue that adults and children can be properly trained to use these devices safely.

Opponents say the current ban is reasonable and has worked well in reducing the number of accidents on the Fourth of July and other times these items are mishandled and cause tragedies.

**TAX CREDIT FOR HOMEOWNERS (H 2627)** - Also stuck in a House committee is legislation that would make more homeowners eligible for a tax credit equal to the amount by which the taxpayer's real estate tax payment or the rent constituting real estate tax payment on the person's primary residence exceeds 10 per cent of the taxpayer's total income. The measure was given initial approval by the House in April.

The home cannot be assessed at more than \$600,000 and the maximum credit is \$750. In order to qualify, a taxpayer's total income cannot exceed \$40,000 for an individual and \$60,000 for a couple. Currently, only taxpayers over 65 are eligible for this tax credit. The bill would repeal the age requirement and make all taxpayers who qualify financially eligible.

**COAKLEY AND MCCORMICK TO RECEIVE PUBLIC FUNDING FOR GUBERNATORIAL ELECTION** - Two candidates for governor have qualified for matching funds for their general election campaigns. Democratic nominee Martha Coakley will receive \$296,868, the maximum allowed under state law, while unenrolled candidate Jeffrey McCormick will get \$125,504. To qualify for public funds, the candidates are required to submit to the Office of Campaign and Political Finance a list of at least \$125,000 in qualifying contributions. A matching contribution includes only the first \$250 of an individual's contribution. Republican nominee Charlie Baker chose not to apply for matching funds while unenrolled candidates Evan Falchuk and Scott Livly did not qualify because they did not file a list of matching contributions.

Since 1978, more than \$11 million in public funds have been distributed to candidates participating in the public financing program. The funds are voluntarily donated by Bay State taxpayers who check off a box on their income tax return to donate \$1. The dollar is subtracted from the tax they owe and does not increase their tax liability.



## CSCR PROGRAM

# Flood maps subject of CSCR seminar

The Center for Student Coastal Research will run a double feature at 7 p.m., on Tuesday, Oct. 21. Ingeborg E. Hegemann and Matthew Creighton will jointly discuss "What's Behind the Revised FEMA Flood Maps" and "Understanding Storm Surge Impacts to the Coastline" in a one-hour free seminar at the Center at 40 Parker Ave., Cohasset.

The Massachusetts coastline is constantly being reshaped by coastal storm surge and coastal flooding. These changes impact the coastline in a variety of ways. This presentation will take a look at coastal beach, coastal dune and coastal bank erosion at several Massachusetts beaches and what role restoration plays in protecting and maintaining these resource areas, as well as adjacent properties. The presentation will also look at how manmade structures can impact the resource areas surrounding them.

Hegemann is a senior vice president with BSC Group, Inc., and manages BSC's Worcester office. She is a scientist and planner with more than 30 years of experience in land planning and strategic regulatory consulting for public, private and institutional clients. Her expertise lies in environmental science, wetlands assessment and impact analysis, regulatory permitting and public participation. She has experience with the Massachusetts Wetlands Protection Act, Mass Environmental Policy Act impact analyses; Section 401 and 404 of Clean Water Act; local, state and



**Matthew Creighton is a project manager and wetland scientist in BSC Group's Yarmouth office.**  
COURTESY PHOTO

federal wetland evaluations and impact analyses; stormwater management and municipal regulatory analysis, such as zoning and open space planning. Hegemann has also been a witness regarding wetland regulation on several occasions.

Creighton is a project manager and wetland scientist in BSC Group's Yarmouth office. He has 10 years of experience in both municipal and private consulting, with tasks including land management plans, marina reconfigurations, dredging, coastal resource area delineations, piers and view platforms, resource area evaluations, preparation and submittal of permits, and coastal restoration. In addition to his duties as a project manager and wetland scientist, Matt manages the West Yarmouth environmental group and is a Professional Wetland Scientist with the Society of Wetland Scientists Professional Certification Program. Projects Creighton has been involved with include municipal consulting projects such as Phinneys



**Ingeborg Hegemann is a senior vice president with BSC Group, Inc., and manages BSC's Worcester office.**  
COURTESY PHOTO

Harbor Marina reconfiguration and dredging in the Town of Bourne and a management plan for Palmers Island in New Bedford. He will discuss some of his projects, including restoration and beach nourishment projects.

Hegemann and Creighton will provide an introduction to the FEMA program and the changes that alarmed a number of coastal communities and landowners over the past year. It includes a comparison of the FEMA 100-year floods to hurricane floods, and ideas on how communities should start thinking about climate adaptation.

*The CSCR educates students in environmental sciences, encourages environmental awareness, and promotes activism. Details are available at [www.cscr.org](http://www.cscr.org). General attendance and participation is complimentary, tax-deductible donations are welcome. Register for the event using the Eventbrite link at <http://cscr.org/cscr-lecture-series>.*

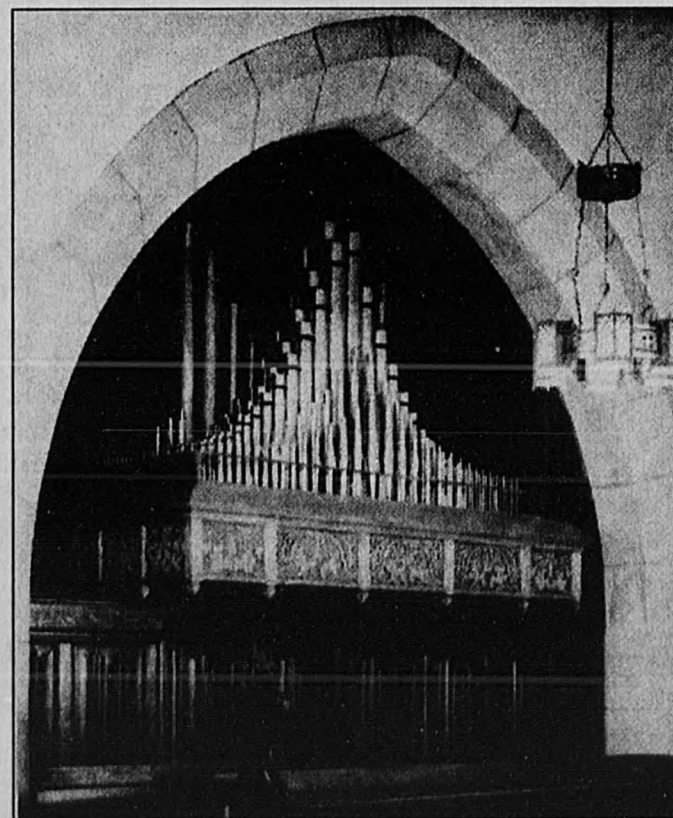
## ORGAN CONCERT

## Gala celebration at St. Stephen's Church

A Concert and Gala Celebration will take place at 4 p.m., on Sunday, Oct. 26, at St. Stephen's Church in Cohasset to commemorate the 50th anniversary of the installation of the Aeolian-Skinner organ. The concert will feature organist Dr. John Whiteside, the St. Stephen's Adult Choir, as well as a trio of trumpet players for added musical accent.

The installation of the Aeolian-Skinner organ at St. Stephen's Church was begun in 1961, and completed in 1964 when the Inaugural Concert was performed. The organist at the time was Earl Chamberlain, whose musicianship and vision helped move the project forward. The choice of the Aeolian-Skinner Organ Co. was fortuitous, for this company was famous for developing what has become to be known as the American Classic Organ, designed to sound their best in churches in the United States. These structures have a very different sound profile from European churches and cathedrals, which have very large, open spaces with lots of reverberation. American churches often have much less reverberation, making for a much less friendly sound space. Aeolian-Skinner organs were designed to sound their best in such a space, and do so with style.

"Organs are complex machines," said Whiteside. "Our organ has 3,099 pipes, and people come from all over the world to hear it and play it. Just last month an organist from Germany



**The installation of the Aeolian-Skinner organ at St. Stephen's Church was begun in 1961, and completed in 1964 when the Inaugural Concert was performed.**  
COURTESY PHOTO

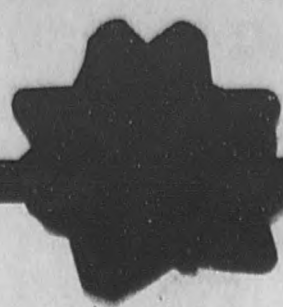
asked for permission to try it out, and he found it very exciting to have a chance to play it."

The concert will give concertgoers a chance to see and hear the many different sounds an organ makes. "Our organ has a large number of pipes, which allow it to make a great many different sounds. All those pipes are like colors to a painter: They can be blended in different ways, and a concert like this gives us a chance to put the organ through its paces." The tonal design of the organ was by Joseph Whiteford, who

was famous for creating a tonal palette that works best with singing voices. Whiteside says that "since the choir will be present you can come and hear for yourselves how nicely this organ blends with the human voice."

The concert is free of charge, though a free-will offering will be taken. St. Stephen's Church is on the green in Cohasset, is handicapped accessible and there is plenty of free parking in the Town Hall parking lot on Highland Avenue, a few steps from the church. A reception will follow the concert.

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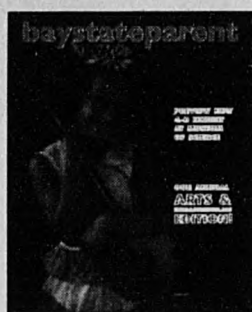
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# SPORTS

## MORE INSIDE

■ OBITUARIES, B4  
■ RENEGADE RUN, B5  
■ BREAST CANCER, B6  
■ GIMME SHELTER, B8

■ OKTOBERFEST, B9  
■ SAFETY TIP, B11  
■ HOROSCOPE, B14  
■ CALENDAR, B15

QUESTIONS? Contact Sports Editor William Wassersug at 781-837-4577 or [wwassersug@wickedlocal.com](mailto:wwassersug@wickedlocal.com).

### SPORTS NOTES

#### Send your stuff

William Wassersug is the Sports Editor for the Cohasset Mariner.

Please send your stories and photos or story ideas to [wwassersug@wickedlocal.com](mailto:wwassersug@wickedlocal.com) and follow him on Twitter @scifisportsguy

#### HIGH SCHOOL SOCCER

#### Nominate Players of the Week

GateHouse Sports Editor Ryan Wood, who compiles the weekly Inside the Six Soccer Power Rankings has included a player of the week for both the boys and girls.

Soccer coaches at Cohasset High School are encouraged to email Ryan by Sunday at 12 p.m. to nominate a player of the week.

Be sure to include the player's name, position, year of graduation and statistics from the most recent week (games played between Sunday and Saturday).

Send your nominations to [rwood@wickedlocal.com](mailto:rwood@wickedlocal.com) or tweet to him @RWsports

#### YOUTH HOCKEY

#### Coastal Stars registration

The Coastal Stars U6 (Instructional) Youth Hockey registration for the 2014-15 season is now open at [www.coastalstars.com](http://www.coastalstars.com). Instructional hockey is typically for boys and girls who have previously participated in some form of learn to skate program and are ready to begin playing hockey, although no prior experience is required to register. All players born Jan. 1, 2008 and later will be required to play U6/ Instructional for the 2014/2015 season.

The cost for U6 will be \$695 for the season, and will include a weekly game and practice.

The Coastal Stars Youth Hockey Program is a non-profit organization that offers the children of Marshfield and Cohasset the opportunity to play hockey.

Contact Instructional level director Derek Holte at [derek@derekholte.com](mailto:derek@derekholte.com) with any questions regarding the Coastal Stars Instructional program.

#### ROAD RACE

#### John Goslin Memorial Road Race

The John Goslin Memorial Road Race will take place at 9 a.m. Saturday November 1, starting at St Mary's Church, finishing at Hanover Town Hall.

Coach John Goslin was a special person with the gift of making all who came in contact with him, grow-ups & children alike, connect with their community.

In his zest for life he preached a "One Team — One Heart" concept where everyone worked together. He dedicated his life to his family, teaching CCD at St Mary's Church, as a Boy Scout Troop Leader, Coaching Lacrosse & Football, while all the time reaching out to anyone in need. Gos was one of those rare soles who not only made you want to be a better person, but showed you how.

In memory of John's life, please join us for the Third Annual John Goslin Memorial 5k Road Race.

Registration can be found at [Racewire.com](http://Racewire.com) under Nov. 1 John Goslin Memorial Road Race Hanover, MA.

### SOCIAL MEDIA

## You are what you tweet

High school athletics see the good and bad in social media

By Ryan Wood

[rwood@wickedlocal.com](mailto:rwood@wickedlocal.com)

A team wins a state championship. A player reaches a milestone. A student-athlete gets accepted to a Division 1 school. Those are several reasons to celebrate, and this day and age, the place several athletes go

to express their feelings is social media.

In just the past five years, social media outlets such as Twitter and Instagram have become the go-to means of communications for athletes ranging from high school to the pros. This phenomenon has tremendous upside, however, it

has brought out the worst in athletes.

Earlier this year, high school basketball player Pat Welch of Pembroke Academy (Pembroke, N.H.) earned the Division II Player of the Year award, but it was quickly taken away after Pembroke Academy won the state title.

Why? An obscene tweet directed at the team Pembroke Academy beat came from Welch.

Professional, amateur, college, and high school athletes have been suspended by their respective organizations and institutions for inappropriate tweeting. There have been some serious consequences. A tweet by Greek

Olympian Paraskevi Papa-christou was construed as racist and ended up getting her tossed from the 2012 Summer Olympics just days before it began. In 2009, former NFL Pro Bowl running back Larry Johnson was fined and later released by the Kansas City Chiefs for derogatory remarks

SEE SOCIAL MEDIA, B3

### FOOTBALL

## One step closer



Cohasset High School future football star runs a pre-practice lap as current quarterback Danny Axelson and defensive standout Mike Lund keep pace before practice on Monday at Cohasset High School's Alumni Stadium. The Skippers had good reason to feel good, coming off a 39-0 South Shore League win over Monomoy on Friday. WICKED LOCAL PHOTO BY WILLIAM WASSERSUG

### Skippers prepare for the Homecoming game against Carver

By William Wassersug

[wwassersug@wickedlocal.com](mailto:wwassersug@wickedlocal.com)

The Cohasset football team suffered a few losses early in the season, but coach Pete Afanasiw and his team knew it wasn't time to panic — not even close.

Those losses, to Scituate and Rockland weren't what they hoped for, but most likely didn't do much to affect the Skippers' chances to make the MIAA

Division 6 Tournament.

In their past two games, Cohasset has pretty much had its way with a 25-12 win over Hull, followed by a 39-0 blanking of Monomoy.

The Skippers hope to build on those wins when they host Carver at 6 p.m. Friday night.

The early start is for Homecoming and Teacher Appreciation Night.

The Crusaders head to Cohasset with a 2-3 record,

including very similar wins over Hull and Monomoy.

Carver beat Hull 29-14, and Monomoy 28-0. They lost to Mashpee 44-20.

Randolph got the best of Carver 32-16 and Norwell knocked off the Crusaders 22-0.

Afanasiw feels pretty good about his team.

"The kids playing well is nice," he said. "Our rash of injuries slowed down. A couple of weeks (bye week) goes a long way to help."

Even with the early setbacks, Afanasiw wasn't down on his team.

"It never felt bad," he said. "We have a young team and lost some guys to injury. We went to right the ship. They come right back and push themselves in practice and work to stay the course."

"Losing to Scituate wasn't all bad. They're a bigger school. That

SEE FOOTBALL, B3

### BOYS SOCCER

## Tourney mode

Boys working for high seed

By William Wassersug  
[wwassersug@wickedlocal.com](mailto:wwassersug@wickedlocal.com)

The Cohasset boys soccer team had a battle on its hands Tuesday afternoon when Mashpee came to visit and despite a fantastic job from the opposing net, the Skippers were able to notch a 2-1 victory.

The South Shore League small school division champion now looks to finish up strong.

"It was a good win," Cohasset coach Jim Willis said. "Their goalie was phenomenal. He had 23 saves, and many of them were highlight reel types. We were taking shot after shot, and everything was deflected."

Willis was pleased that his team didn't back down when it got tough.

"They went up 1-0, but our guys kept composure and got the lead," he said. "In the second half we possessed the ball about 90 percent of the game."

Cole Morrison and Sam Morris scored for the Skippers.

Morrison added and assist and Mathias Loft helped out on Morrison's goal.

The Skippers were scheduled to face Abington Thursday (results unavailable at press time) and follow with a home game against Hull, a road trip to Monomoy and host Cardinal Spellman

SEE B.SOCER, B3

### LOCAL RESIDENT

## Sports writer shares his stories

Inside perspective in new book

By Dick Trust  
correspondent

Bob Ryan's career as a sportswriter had early beginnings.

"When people ask me how I got started in the business, I tell them I started preparing from the time I was five or six," Ryan, a longtime Hingham resident, writes in his new book, *Scribe, My Life in Sports* (Bloomsbury, 326 pp, \$27).

By age nine, he was reading everything he could about baseball, considering *SPORT* magazine and *The Sporting News* "the twin cornerstones" of his sports education while growing up in his native Trenton, N.J.

His supportive parents gave him subscriptions to those publications — yay, parents! — and they were

SEE BOB RYAN, B2



Boston Globe columnist and ESPN personality Bob Ryan reads the story that he wrote when he covered the Celtics 138-137 double overtime win over the Milwaukee Bucks in the 1987 conference semifinals. He referred to his old clips while writing his book, "Scribe" My Life in Sports, which comes out on Tuesday, October 7, 2014.

WICKED LOCAL STAFF PHOTO ROBIN CHAN

### INSIDE THE SIX SOCCER POWER RANKINGS WEEK SIX

## Duxbury boys, Hingham girls hold on to their top positions

By Ryan Wood

[rwood@wickedlocal.com](mailto:rwood@wickedlocal.com)

More than halfway through the season, the top six aren't budging. There are no changes for the boys, while the top six girls' teams remain in the top six, but with a little bit of movement. Here are the week six rankings, based on games played from Oct. 6-Oct. 12. Previous week's rankings are in parentheses.

#### BOYS

**1 DUXBURY (1)** - For the second straight week, the Dragons (8-0-3) were nearly knocked off, but they battled hard to come out with a 1-1 draw last week against Hingham. They started off with a 5-0 win over Plymouth North.

**2 SCITUATE (2)** - The Sailors (10-1-2) remain in the second spot

after two easy wins, a 4-0 triumph over North Quincy and a 5-1 win against Plymouth South. They came into the week tied with Pembroke for first in the Patriot League.

**3 PEMBROKE (3)** - The Titans (9-2-2) were perfect last week, picking up two wins. A 9-1 victory over Middleboro and a big, 2-0 win at home against third-place Hanover put the Titans into the postseason.

**4 SILVER LAKE (4)** - The Lakers (10-2-2) had another shaky week, but on the plus side, they didn't lose. It ended with a 4-0 win against North Quincy, but a scoreless draw against Whitman-Hanson to start the week keeps the Lakers at No. 4.

**5 WEYMOUTH (5)** - The Wildcats (6-4-3) come

SEE RANKINGS, B3



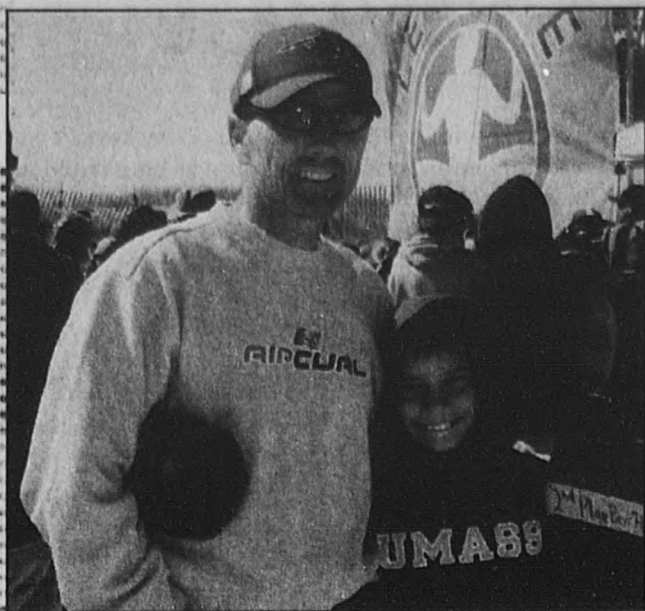
## SURFING

## Locals tops at Grom Prix

Sunday, September 14, 150 kids from the South Shore gathered at Rexhame Beach in Marshfield to compete in the Grom Prix Surf Competition sponsored by Levitate Surf and South Shore Surf Camp. Winners were Cohasset's

Kate Cuning, 11, Chase Bomeisler, 14 and Joseph Carroll, 11 and Emily Appleton, 12.

Bomeisler was first in boys 12-14, Appleton was first in girls 12-14, Cuning was first in girls 7-11 and Carroll finished second in boys 7-11.



Cohasset's Joseph Carroll was a winner at the Grom Prix Surf Competition in September at Rexhame Beach in Marshfield. COURTESY PHOTOS



Cohasset's Chase Bomeisler and Kate Cuning were winners at the Grom Prix Surf Competition at Rexhame Beach in Marshfield in September.

## FOOTBALL

## Well-rested Skippers cruise to blowout win

## Gridders blank Monomoy

By John R. Johnson

After a bye week, the Cohasset High football team was champing at the bit to get back onto the field.

The Skippers' eagerness was evident on their first play from scrimmage, when quarterback Danny Axelson connected with Brett Dooley on a 65-yard touchdown pass. The Skippers ran away from Monomoy, scoring four touchdowns on just six offensive plays in the first quarter en route to a 39-0 South Shore League win.

The Skippers (3-2, 2-0 SSL) led 33-0 at the half. "It was an electric start,

that's for sure," said Cohasset coach Pete Afanasiw. "It was a nice way to start the game. We had some time off and you could sense the anticipation of getting back on the field."

Cohasset held Monomoy to a three-and-out after its first score, and needed only three plays to take a 14-0 lead. Axelson's 27-yard touchdown pass to Mike Lund was set up by an 11-yard running play by junior back Nick Hall.

The Sharks (1-4, 0-2) fumbled the ball on the next possession, giving the Skippers excellent field position at the Monomoy 10-yard line.

Sophomore Tom Durkin

took a pitch from Axelson and cut to the right side for a 5-yard score and a 21-0 lead after Henry Butenschoen's third consecutive point after.

"One thing we wanted to do was throw the ball early and I think Danny threw some really nice balls tonight," said Afanasiw. "Aside from that, the defense played very well, which was nice to see."

Cohasset's defense set up the next two scores. Junior defensive lineman Alex Norton dropped a hard hit on Sharks quarterback Drew Senatore, forcing a fumble. Norton scooped up the ball and scampered 45 yards for a 27-0 Cohasset lead.

Cohasset got the ball back

in Monomoy territory after an interception by senior captain Matt Froio. That led to a 4-yard touchdown run by freshman Jake Koncius and a 33-0 lead.

With backup quarterback Noah Froio leading the Cohasset offense in the second half, the Skippers punched in their final score of the night on a 1-yard keeper. Froio followed center Liam Prescott into the end-zone for a 39-0 lead.

The score was set up by a 40-yard completion from Froio to sophomore tight end Charlie Swartwood.

Freshman running back Mike Nolan also had a 10-yard gain during the drive.

## BOB RYAN

From Page B1

part of the roots from which sprouted a 45-year career as reporter, writer and columnist for The Boston Globe.

It didn't hurt, either, that his father, Bill Ryan, was assistant athletic director at Villanova University from 1952 to 1954. Bill took little Bob to a lot of college basketball games starting when the boy was six years old.

Bob Ryan said in an interview that one of the missions of Scribe is to illustrate "that it is possible for someone to enjoy and have a life in sports without being terminally cynical; that if we would start with the premise that sports should be enjoyable — I still feel that way — someone should come away with the idea that 'Here's a guy who really enjoyed himself. That's kind of cool.'"

"I've been fortunate enough to make a living pursuing this interest — some would say a passion — with enthusiasm to this

day."

Ryan stressed that it's the games that drive him. Certainly he has authored countless human interest feature stories and in-depth takeout pieces; they are enjoyable to write and make good reads.

But, he said, "Without the games, you don't have anything. You can write about the people, and that's great. If you can't write about people, you're not a writer. But without the games, why are we doing this? Without the games, you wouldn't care about the people."

Fueled by his love of sports and a caring for each assignment from the day he came to the Globe as an intern — he and Peter Gammons started there on the same day, June 10, 1968 — Ryan covered the Boston Celtics in three separate stints totaling 13½ seasons between 1969 and 1988.

Now 68 and retired from daily duty at the Globe since 2012, Ryan writes a column that appears regularly in the paper and still does radio and TV work.

His career coverage has included baseball World Series, NBA finals, Stanley Cup finals, Super Bowls, college football bowl and championship games, 29 college basketball tournament Final Fours, 11 Olympiads, college hockey Frozen Fours, boxing, three Belmont Stakes horse races with chances for a Triple Crown, and a dog show.

"That doesn't include all the local stuff, or the feature stories, some of which led to some of my most memorable experiences, journalistically or otherwise," he wrote.

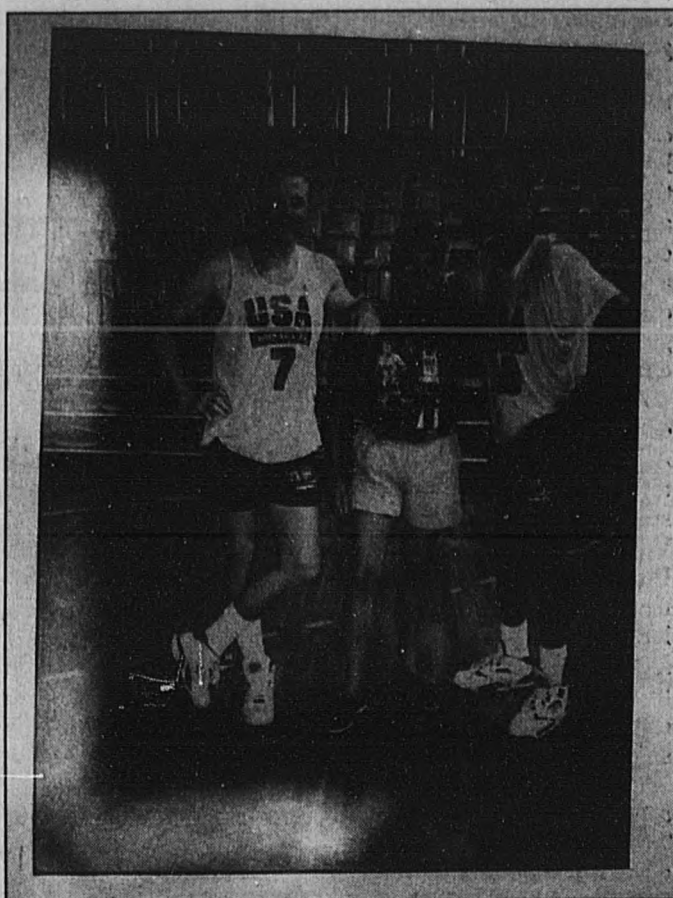
Even though his true passion lies in baseball and basketball, golf was his favorite sport to cover "for the very simple reason that it's the one sport left that TV can't mess up because it must be played in daylight. It's the one sport left that when you sat down to write, you weren't inhibited by time restraints and you could write what you wanted to write without racing the clock on a deadline."

"I love the NBA and baseball playoffs, but the problem with them is that everything's at night with its tight deadlines. It's highly restricting. You can't do your best work under those circumstances. Sometimes you're satisfied, but most of the time you're frustrated because the starting times kill an east coast writer."

Ryan covered numerous golf tournaments, tops among them the Ryder Cup and a half-dozen British Opens.

**Favorite athlete**  
Ryan made it clear that former Celtics player and coach Dave Cowens was his favorite athlete to cover.

"I never met another athlete quite like him," said Ryan, who graduated from Boston College one week before starting at the Globe. "He would be at the top of the list of intriguing, interesting personalities. It was a combination of the



One of Bob Ryan's mementos from his days as a Globe photographer is a picture of himself wearing a Bird and Magic t-shirt with the actual Dream Teamers that was taken during a tournament leading up to the Barcelona Olympics. WICKED LOCAL STAFF PHOTO/ROBIN CHAN

nature of his game and his unique approach to things. He was intellectually curious without being an intellectual. He was uninhibited. I really believe he got up every morning and said, 'Let's find out what happens today.'"

"He took that approach to the court. I think it's fascinating to think that when he entered the NBA (1970), it was without any kind of a preconceived knowledge of the competitors he would be facing, which included Lew Alcindor before he changed his name to Kareem Abdul-Jabbar, Wilt Chamberlain, Willis Reed, Wes Unseld, Elvin Hayes and others."

"He did not watch TV. He was not a fan of basketball. He played basketball well, and when he was not playing basketball, he did other things. So when he shook hands at mid-court with these people for the first time, as a rookie, his attitude, which he explained to me, was, 'Show me what you got. You show me what you got.' That was part of his personality. It wasn't disrespectful. That's just the way he was."

Others on Ryan's list of favorites were Larry Bird ("the greatest player I have ever covered directly") and John Havlicek ("the NBA's greatest sixth man who became a distinguished elder statesman").

Also up there: Tom Heinsohn and Hubie Brown, former players and coaches/turned broadcasters who expanded Ryan's knowledge of all things NBA.

And the patriarch, the Celtics' victory cigar-smoking Red Auerbach, to whom Ryan referred as "larger than life." Ryan was a 20-year-old Boston College student and play-by-play announcer of BC hoop games in 1966 when he saw Red amble across the court at halftime. In the last of his 16 seasons as Celtics coach, Auerbach was at Chestnut Hill to scout star BC guard John Austin.

Stunned but happy to

see Red, Ryan approached the great man for an interview but practically turned to jelly. "I was doing the Ralph Kramden thing," Ryan recalls. "I was like 'ahum-an-ahum-and-ahum.'"

Ryan managed to get the job done and the moment was captured photographically, the autographed picture appearing in Scribe. Ryan said the interview was "a milestone moment in my young life."

The ultimate Bob Ryan moment goes back to Dave Cowens and the incident with which Ryan begins his memoir. It was Oct. 1, 1980, and the Celtics were on an exhibition-game trip in Terre Haute, Ind., home to Indiana State University, Bird's alma mater.

Ryan was in his hotel room when Cowens, still in his post-practice uniform, knocked on the door. Cowens shocked the sportswriter with what he handed him. Cowens had prepared a written statement declaring that he was retiring from the Celtics and the NBA as an active player.

Cowens wanted Ryan to help give the statement "some professional help" and then — here's the kicker — have it "printed in the paper."

That was a Boston Globe exclusive like no other. A scoop, if you will. "The ultimate scoop," Ryan chuckles today. "I would like to think that was a singular experience that no other sportswriter in America has had."

Before Cowens left Ryan's room, he asked Bob, "Do you mind if I call Red first?"

The query triggered classic Bob Ryan prose. You could almost hear the words jump off the page as only he could put it:

"Excuse me? Do I, Bob Ryan, mind if he, Dave Cowens, calls the hallowed Red Auerbach, Mr. Celtics, on my phone to inform him he is retiring from active duty in the National Basketball Association, effective immediately?"

"I gave him my blessing."

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## SOCIAL MEDIA

From Page B1

about his coach, followed up by a gay slur, both on Twitter.

Also in 2009, the National Basketball Association announced its social media guidelines. In a statement, the NBA said: "The use of cell phones, PDAs and other electronic communications devices — and thus accessing Twitter, Facebook and similar social media sites — is now prohibited during games for players, coaches and other team personnel involved in the game. The league has defined 'during games' as the period of time beginning 45 minutes before the opening tip and ending 'after the postgame locker room is open to the media and coaches and players have first fulfilled their obligation to be available to media attending the game.'"

Several local high schools have taken full advantage of Twitter. Many of them have accounts set up for their athletic department and teams in order to keep coaches, student-athletes, and others informed about everything from results of games played to schedule changes.

"It's really been tremendous," Pembroke High School Athletic Director Dana Battista said. "When we first started, I had 20 followers. We're up to over 850 now. It's one of the greatest communications tools because it's instant. Our coaches do a great job on it. When we hire new coaches, that's the expectation. They have to sign up for an account."

Although the average age of someone who uses Twitter is 37, according to a study done by Pingdom, a Swedish company that tracks the performance of websites, high school and college students account for nearly 25 percent of Twitter users. In a study conducted by Twitter on June 30, 2014, there were 271 million active users on Twitter.

"I usually use Twitter the night before every game, both in high school and college, to promote my team and let everybody know who we're playing, and it will usually tweet the result after the game, especially if it's a big win," said Willie McDonald, Clark University goalkeeper and former three-sport athlete at Norwell High School. "In my opinion, I think Twitter is a huge part of promoting your team. I always follow all the South Shore sports Twitter accounts to see how my boys on the Norwell High School soccer team are performing and to stay up to date. Twitter makes it really easy and quick to see how a bunch of teams are doing without having to make phone calls or send emails."

With all the good that

comes from Twitter, athletic directors, coaches, and students have seen the other side, one that can lead to severe consequences.

"I did have one time where I was being watched on social media and got in a little bit of trouble for tweeting from the bench during basketball games," McDonald said. "I feel that it isn't school administrators' and coach's jobs to be watching what students do on social media because in the end, they aren't the student's parents and they shouldn't be invading on students' social lives."

That's a sentiment echoed by several area coaches and athletic directors, who make it a policy to not follow student-athletes on Twitter out of a respect for their privacy.

"We don't have time to monitor everyone," Battista said. "That's kind of invading their world. Only if it's reported to us or if something happens, we can find it. That's their world. Their world is social media."

Rockland High School girls soccer coach Gregory Rowe said that his team is well-informed on the implications of how it presents itself on social media.

"It can be an incredible source of good or evil, depending how you use it," Rowe said. "The girls soccer team has a basic common sense rule when it comes to social media. They understand that their social media is a reflection of them, which in turn is a reflection of the team and the school. We have had some small issues, but nothing ever out of control or that we couldn't learn from. There was some tweeting by other teams about us last year, and the girls were upset by it, but the other teams' leaders actually stepped up and squashed it, so I have a ton of respect for that."

Ryan Puntiri, Hingham High School girls varsity soccer coach and physical education teacher at East Middle School in Braintree, said that all Hingham High School sports-related communications on Twitter come from Hingham High School Athletic Director Margaret Conaty. Teams do not have official accounts, and students who play sports at the high school are encouraged not to use social media in regards to high school sports.

"We don't like them talking about games because there is such a fine line," Puntiri said. "Things can be twisted in so many ways. You don't need chalkboard material. The soccer team has a zero tolerance policy. Things are permanent, and they can get twisted into cyber bullying. They do utilize a private Facebook group, and it's used in an appropriate manner. We want to welcome social media, but we don't want it used in a derogatory way."

Several schools do not have a social media policy in place, but they are very up front with students.

"We're pretty transparent with the kids and with athletes about the dangers of social media," Battista said. "Everything you put out there is for everyone to see. In a forum for incoming eighth graders, one of the things we talk about is social media and the dangers of it, from bullying to posting pictures of something they did over the weekend. We tell the seniors when they apply to college, administrators go right to Google, and they will find anything."

Rowe stressed the same thing to his girls this year.

"With a team with so many seniors, we discuss how social media could impact any colleges they are looking at," he said. "They have done a good job of putting their best foot forward. But they are kids, and when they make mistakes, it's our job as a teacher/coach to help them correct their mistake."

"I don't think they realize the power of Twitter. I've been on it for three years now, and it was just last year I started to see how it impacts the team's reputation, as well as the players. The girls are understanding more and more how that works as they start to venture out from home into the next phase of their lives."

On the local sports professional level, Boston Breakers General Manager Lee Billiard said his women's soccer team has to comply to several rules put in place by the National Women's Soccer League. Billiard is also a coach for the Boston Breakers Academy (formerly Scorpions Soccer Club) and several of his players are on South Shore high school teams. The message his professional team receives is relayed to some of the older, high-school age academy players.

"Each season, our communications staff meets with players and the coaching staff to discuss league-mandated social media policies," Billiard said. "As professional athletes, players are held to a higher standard and looked upon as role models, so we expect them to act professionally on all social media. We remind the players that we're not here to police them and monitor their social media accounts 24/7, but if something is brought to our attention, we look into it, and if we have to, we'll talk to the player. Our players know that thousands of kids around the world look up to them."

In the end, from professional down to high school athletes, it's a matter of utilizing social media in a positive way. That's what they aim for.

"Looking across the board, athletes really do good things and make a positive impact," Battista said. "Twitter and Instagram open up a good dialogue. Let's use this as a positive thing."



Cohasset's Liam Mahoney takes a handoff from a Cohasset player before practice on Monday. WICKED LOCAL PHOTOS/WILLIAM WASSERSUG



Cohasset players take a pre-practice run on Monday afternoon at Alumni Stadium.

## FOOTBALL

From Page B1

competition helps later."

Afanasiw said two wins will guarantee a playoff spot.

One win, possibly is good enough to punch the ticket.

"If we win one, we're probably in," he said. Two should guarantee we qualify."

The first and second place teams in the league usually get in."

Afanasiw is pleased with the way the team has been playing.

"Danny Axelson (quarterback) has really cut down on mistakes," he said. "In our first two games he threw seven interceptions. He hasn't thrown one in the last two games and he's thrown



The Cohasset football team gathers together for a few words from coach Pete Afanasiw during practice on Monday afternoon.

two long touchdowns. He's turning a corner."

On the defensive side, Mike Lund has been huge.

"Mike Lund has done a great job offensively and

defensively," Afanasiw said.

"Defensively, he's our quarterback on the defensive side. He calls formations and sets the defense. He's done a great job."

## B.SOCCER

From Page B1

next Friday.

"We have four games left," Willis said after the

Mashpee win Tuesday. "We're now in Tournament mode. We really want to get a top-four seed that guarantees two home games. Our hope now is that we don't see

grass again. We're turf, Monomoy is turf and after two Tournament games it's turf."

The Skippers improved to 11-2-1 (8-2-1 SSL) with the win.

## RANKINGS

From Page B1

in at No. 5 for the second week in a row after a grueling two-game week against top Bay State teams. The 'Cats beat Walpole, 1-0, and tied Natick, 1-1.

**6 COHASSET (6)** - The Skippers (9-2-2) refuse to lose and last week thumped two South Shore League opponents. In so doing, the Skippers won their first SSL title since 1988. They beat Carver, 3-0, and Hull, 8-0.

**ON THE BUBBLE:** Hanover, Hingham, Norwell, Marshfield, Rockland

**PLAYER OF THE WEEK:** Patrick Federle (Cohasset) - Two shutouts last week solidified the Skippers keeper as one of the best in the region. Through 12 games, Federle has allowed just 10 goals, none last week

### GIRLS

**1 HINGHAM (1)** - For the second week in a row, Hingham (12-0-1) holds down the top spot. An 8-0 victory over Quincy kicked off the week, but the big test came against Duxbury, and Hingham pulled out a

3-2 win over the Dragons to remain unbeaten.

**2 SCITUATE (2)** - The Sailors (11-0-2) beat Plymouth South but had a much harder time than they expected against a mid-table North Quincy team. They had to fight for a 2-1 win.

**3 NORWELL (4)** - Up one spot from a week ago, the Clippers (8-1-3) stretched their unbeaten streak to 10 with a 0-0 draw against East Bridgewater and a 6-0 victory against Randolph.

**4 WEYMOUTH (3)** - An up-and-down week sees the Wildcats (8-3-1) slip one spot to No. 4. They tied a tough Natick side, 1-1, and lost to first-place Walpole, 3-1, but are still a major threat in the Bay State.

**5 CARVER (6)** - The Crusaders (7-2-2) jump up to No. 5 after yet another impressive week. They tied a red-hot Cohasset team, 2-2, and beat Abington, 5-0.

**6 MARSHFIELD (5)** - The Rams slip one spot after a week in which they went 1-1. It began with a 2-0 win against Dennis-Yarmouth. They lost a heartbreaker to end the

week, 2-1 to Atlantic Coast League leaders Sandwich.

**ON THE BUBBLE:** Cohasset, Duxbury, Plymouth North, Rockland, Silver Lake

**PLAYER OF THE WEEK:** Sarah DeBenedictis (Norwell) - The senior defender had a huge week for the first-place Clippers. She was instrumental in a 0-0 draw against second-place East Bridgewater and helped lead the Clippers to a shutout victory against Randolph, their seventh clean sheet in 12 games.

*The Inside the 6 — Soccer Power Rankings are decided based on a number of criteria: record, strength of schedule, performance against teams in and out of their divisions, goals scored, and goals conceded. The public schools in our coverage area include: Abington, Braintree, Carver, Cohasset, Duxbury, Hanover, Hingham, Marshfield, Norwell, Pembroke, Plymouth North, Plymouth South, Rockland, Scituate, Silver Lake, and Weymouth. Check out your town's Wicked Local website to see the rankings and to comment on them, and feel free to email Ryan Wood at rwood@wickedlocal.com.*

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## MUSIC

# Cohasset guitarist releases new album

World-renowned bassist Colin Edwin (Porcupine Tree, Metallic Taste of Blood, Ex-Wise Heads) and guitarist/composer Jon Durant of Cohasset have once again teamed up under the moniker Burnt Belief for the release of a new album of progressive ethno-ambient fusion instrumentals, titled *Etmology*. *Etmology*, due out on October 21 via Alchemy Records, can be pre-ordered now through Burning Shed at [www.burningshed.com](http://www.burningshed.com), [JonDuran.com](http://JonDurant.com), and Amazon.com.

The first 200 pre-orders through Burning Shed and [JonDuran.com](http://JonDuran.com) exclusively will receive a download code to receive five *Etmology* bonus tracks, including unreleased music from the two musicians' individual libraries and collaborative works.

On release day, *Etmology* will also be available at CD Baby, iTunes and other digital outlets. For a taste of the new, 11-track offering, an *Etmology* teaser video can be seen on YouTube.

"We feel like we've progressed within our shared approach, including some new harmonic, rhythmic and melodic elements," Durant said. "Much of our compositional approach remains consistent from the first Burnt Belief record. For instance, a number of the pieces began as ambient cloud guitar atmospheres, which Colin would then explore and find rhythmic grooves to play over or with the clouds. Then, I would maybe re-arrange, construct melodic ideas, and send back to Colin for further input from him. In this way, the pieces evolve, sometimes very far from their original state."

The compositions which unfold across *Etmology*'s 70 minutes showcase the duo's fruitful symbiosis and clear developmental path across their shared musical landscape. Assimilating diverse elements ranging from polyrhythms, deep ECM styled atmospherics and even angular nu-jazz abstraction, the result is an immersive, multilayered and

## About Jon Durant

Guitarist, composer, and Cohasset resident Jon Durant brings a unique sense of texture and melody to his instrument. His distinctive "cloud guitar" soundscapes and engaging lead work have graced numerous CD recordings and film soundtracks. As executive producer of Alchemy Records, he produces recordings for internationally acclaimed artists in his small Massachusetts studio.

Along with longtime collaborators Tony Levin (bassist with King Crimson and Peter Gabriel), percussionist Vinny Sabatino, pianist Michael Whalen, and guitar/synth master Randy Roos, Jon has recorded with electric violinist Caryn Lin, percussionist Jerry Leake, singer/songwriter Porter Smith, soul singer Ray Greene (Tower of Power) and many others. *Etmology* is Jon's third recording with Colin Edwin.

## About Colin Edwin

Colin Edwin is best known as a founder member and bass player of the internationally successful progressive rock band Porcupine Tree. In addition, he has a long running collaboration as Ex-Wise Heads with avant multi-instrumentalist Geoff Leigh (Henry Cow/Hatfield and the North) with six albums blending ethnic, world music, improvisation and ambient and experimental influences. Colin is also a member of Metallic Taste of Blood, a genre-defying group whose intense and cinematic music draws from dub, metal, progressive, free jazz and ambient music. In 2013 Colin recorded the critically acclaimed bass duo album *Twin-scapes* with Italian bassist Lorenzo Feliciati.

engrossing documentation of a remarkably sympathetic musical connection.

*Etmology* is further enhanced by sensitive, deep electric violin

performances from highly regarded classical musician Steve Bingham, also known for his evocative work with U.K. art-rock band No-Man.

Edwin and Durant first teamed up for Durant's 2011 album *Dance of the ShadowPlanets*, a wholly live in the studio documentation of their nascent musical chemistry centered around Durant's atmospheric compositions and featuring also the talents of violinist Caryn Lin and multi-percussionist Jerry Leake.

The follow-up to *Dance of the Shadow Planets*, 2012's eponymously titled *Burnt Belief*, was distance recorded, but a fully collaborative compositional affair with Edwin taking equal responsibility for the writing process. Having confidently cemented their working methods and musical connection with the well-received *Burnt Belief*, the duo undertook some live dates in the U.K. and Ukraine with Kiev-based female vocal duo Astarta (as Astarta/Edwin), a project Colin has been working on for some time, but presently on ice due to the current instability in the country.

Energized by working together in a live

environment again in late 2013, Edwin and Durant reconvened to create the present album, *Etmology*. Whilst still retaining the strong sonic identity laid down on *Burnt Belief*, *Etmology* represents a considerable expansion and natural evolution of their sound, not least because of the additional input of three marvelous drummers (Vinny Sabatino, Dean McCormick and Jose Duque) to complement and reinforce the programmed electronic rhythms.

"Colin and I both felt that after two records utilizing hand drums exclusively, it was time to change it up and go with a live drum kit to augment Colin's rhythm programming," said Durant. "It ended up giving the pieces a much harder edge to them, and this in turn allowed me to push my guitars a little more over the top."

For more information, "like" Burnt Belief on Facebook ([www.facebook.com/BurntBelief](http://www.facebook.com/BurntBelief)) and follow on Twitter: @BurntBelief3.

# Quan's Kitchen

WICKED LOCAL STAFF PHOTOS / MARK GARDNER

By Caitlin Flaherty  
[cflaherty@wickedlocal.com](mailto:cflaherty@wickedlocal.com)

*We're dishing it out at Quan's Kitchen in Hanover this week where diners can enjoy a wide variety of freshly prepared Asian dishes, including hand-rolled sushi and friendly, attentive service.*

**Name of staff and position:**  
Eric Quan, owner.

**When did you open the restaurant?**  
Oct. 24, 2011.

**Do you have any affiliated restaurants?**  
I opened at the original location in Mansfield in Oct.

## See food online!

Watch the video of Quan's Kitchen chefs preparing some of the Hanover restaurant's most popular dishes. Check it out in the video section of your Wicked Local website's homepage.

1995, the second in North Attleboro on Oct. 18, 2003, and the third in Weymouth on July 4, 2007.

**Do you plan to expand in any other locations?**  
I don't have any plans to expand at this moment. The cost of living is too high to maintain a restaurant

and to survive. We have top quality food and we don't want to sacrifice quality of our food or service or raise our prices. We have not raised our prices in two years.

## What are the most popular dishes on the menu?

Paradise shrimp, pan fried noodles, Hong Kong steak, and chicken and lettuce wraps.

## What do you offer for gluten free meals?

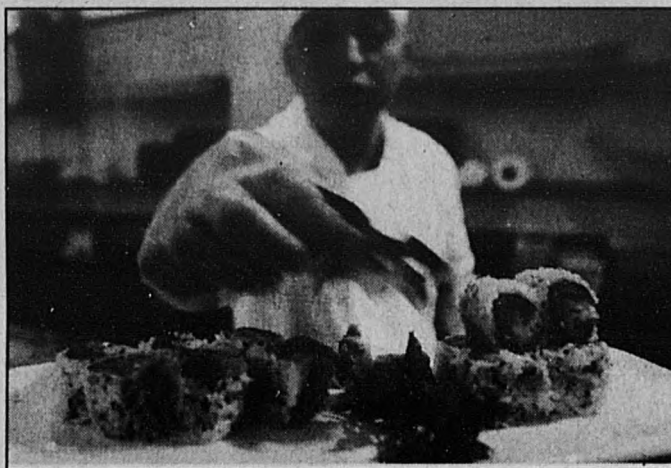
We have a wide variety, more than 20 dishes. Some main courses include stir-fried bean sprouts, steamed chicken and vegetables, bean curd with peapod and black vegetables, house friend rice, and Lake Tung

Ting shrimp.

## Tell us about the building renovations here:

We spent a lot of money on every detail. After I bought the building, we put in the top-quality floors, and walls, ceiling tiles and furniture. Some people thought I was crazy because they said I should have spent less money, but the things we put in will last 20 years and will show no wear and tear. They also create a good atmosphere. We wanted the restaurant to feel upscale, but we also wanted to make this a family restaurant where everybody receives equal service. Everybody deserves great service.

## What sets you apart from



Sushi chef Chris Wei puts the finishing touches to a dish during lunch hour at Quan's Kitchen in Hanover.

## other Chinese restaurants in the area?

Only at Quan's can you find the top service and high quality food. I marinate all my meats so they are nice and tender. Other Chinese restaurants don't do that. I take great care to make sure everything is clean. We have the balanced exhaust systems so you don't get smells coming from the kitchen. When people come here to eat, the restaurant always smells good and clean.

My food is also consistent. If you come to Quan's and try something two days, two months, or two years later, it will taste the same.

## How long have you been in the food industry?

I came from China when I was 16 and I knew I wanted to work at a restaurant. I have been working in a restaurant for more than 35 years.

## What's the best thing about owning a restaurant?

I respect my job. I enjoy my job. I love making people happy and listening to my customers. To keep Quan's a success, it takes more than just me. It's the community.

## About Quan's Kitchen:

Located at 871 Washington in Hanover, the Asian restaurant offers dine-in, takeout, and delivery. Quan's is open Monday through Wednesday from 11 a.m. to 10 p.m., Thursday from 11 a.m. to 10:30 p.m., on Friday, Saturday from 11 a.m. to 12:30 a.m. and on Sunday from 12:00 p.m. to 10:00 p.m. Lunch specials range in price from \$6.50 to \$8.25, and most entrees are around \$12. For menus and more information visit [www.quanskitchen.com](http://www.quanskitchen.com).

## OBITUARIES

Obituaries appearing in this section are paid for and written by families, often through the services of a funeral director.

### Patricia M. Hanlon

COHASSET — Patricia M. (McCool) Hanlon, of Cohasset, passed away peacefully surrounded by her family on Oct. 7, 2014.

She was the loving mother of four daughters, Mary Louise Hanlon of Marion, Patricia Hanlon Caltabiano (Rosario) of Sudbury, Kate Hanlon of Buxford and Christine Hanlon White (John) of Scituate and four sons, William J. Hanlon (Kathy) of Kingston, Harry J. Hanlon III (Marie) of Hingham, Thomas J. Hanlon of Pembroke, N.H. and David A. Hanlon of Cohasset. She was also the devoted grandmother of eight and great-grandmother of three. Daughter of the late Thomas H. and Frances McCool and dear sister of the late Norma B. Laffin.

She attended schools in New York and graduated from Hunter College, before settling in Cohasset, where she lived

for 62 years. She enjoyed her family, the beach, swimming and animals, especially dogs.

Funeral was from McNamara-Sparrell Funeral Home, 1 Summer St. (across from St. Anthony Church), Cohasset, on Saturday, Oct. 11, 2014 at 9 a.m., followed by a funeral Mass in St. Anthony Church, Cohasset at 10 a.m. Relatives and friends were kindly invited. Visiting hours was on Friday, Oct. 10, 2014 from 4-7 p.m. in McNamara-Sparrell Funeral Home, Cohasset. Interment Beechwood Cemetery, Cohasset.

In lieu of flowers, donations in her name can be made to Scituate Animal Shelter, 780 CJC Hwy, Scituate, MA. 02066.

For an online guest book, please visit [www.mcnamara-sparrell.com](http://www.mcnamara-sparrell.com).

**McNamara-Sparrell**  
FUNERAL HOME  
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### Michael Westcott

COHASSET — Michael R. Westcott, President of Design Management Institute (DMI) passed away on October 4, 2014 in Cohasset, Massachusetts after a courageous battle with ALS, Amyotrophic Lateral Sclerosis.

Despite his declining health, Mike showed amazing grace & dignity to the very end, encouraging his family and friends to always enjoy and appreciate the best that life had to offer. He made everyone feel special and reminded us how special family and friends are and how lucky we've been to share so many great times together.

Mike was born on September 17, 1958 in Germany and grew up in Westport, CT. He attended Assumption School, Coley Junior High School, Staples High School and Syracuse University. Mike was an accomplished soccer goalie earning varsity letters at Staples High School and Syracuse. While at Staples, Mike played for legendary coach, Albie Loeffler, a 2-time National Coach of the Year.

Influenced by his father Edgar, Mike spent his professional career as a passionate designer and entrepreneur. He was a visionary thinker and a champion of the power of design to drive value, enrich lives, and tackle the most

pressing social issues we face today. In his letter to the attendees of the DMI Leadership Conference in Boston September 30th, Mike shared his vision of creating a vibrant design community: "At the core of innovation and entrepreneurship is a desire to build something new and to deliver in the form of a constantly evolving relationship with customers." Prior to joining DMI, he worked for Relate Solutions, INXPO, Red7media, PatternWorks, The George P. Johnson Company, Firebrand LLC and Fitch.

Mike is survived by his beautiful wife Skye, his two sons Reed and Rennie Westcott, his stepdaughter Mikaela Kirby, his beloved mother Nancy Westcott, his brother Mitch Westcott, sister Wendy Westcott, sister and brother-in-law Annie and Nigel MacPhail, sister and brother-in-law Mary and Chris Tomajan, and brother and sister-in-law Bill and Jill Westcott and 10 nieces and nephews.

A sunrise service will be held at Compo Beach in Westport, CT on Sunday, October 19th at 6:50am. In lieu of flowers, please consider making a donation to The Michael Westcott Design Education Fund ([www.dmi.org/MWestcottDesignEducationFund](http://www.dmi.org/MWestcottDesignEducationFund))

## How to Submit an Obituary to the Weekly Newspapers

To contact our obituary department, please e-mail [obits@wickedlocal.com](mailto:obits@wickedlocal.com)

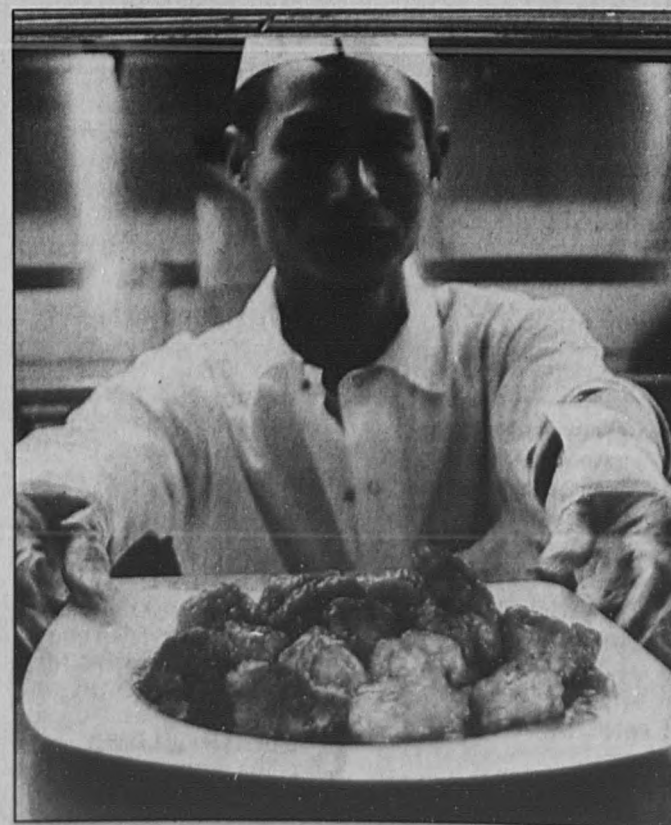
or  
call 781-433-6905

or  
Fax 781-433-6965

Obituaries for the weekly newspapers are taken at the Randolph office Monday through Friday.

Please Call for Deadline Details

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## BENEFITS TYPE 1 DIABETES

# Renegade Run set for Oct. 26 at Wompatuck State Park

The latest trend in fitness won't find you in a gym, on any kind of court, or even a track. Instead, you will find it on a farm, in the woods, on a mountain, or any type of open land. We are talking about the growing popularity of obstacle course races. They are popping up everywhere and everyone from the weekend warrior to the most elite athlete is joining in on the fun. Type One is bringing one to your front door!

Renegade Run is right around the corner, on Oct. 26. Renegade Run is different than what you may hear when asking about an obstacle race. Set up in picturesque Wompatuck State Park, this race will not taunt anyone with deep mud pits and water obstacles, and there will be no fire or barbed wire to navigate through or over. Renegade Run is a challenging course leading you through a mixture of paved trails and wooded terrain. The obstacles will certainly be a challenge, but doable for everyone. There will be short and tall walls to climb, pipes to crawl through, and hills to climb. All in all there will be over 15 obstacles spread throughout a course that will run you about 5 miles. Not only is the course different, but also the atmosphere is very family friendly! Hingham's own, Smokey Staxx BBQ will be cooking up delicious BBQ food for runners, their family and friends to enjoy. And what goes better with great food? Rockin' music provided by yet another amazing talent, born and raised in Hingham, Lisa Love lead vocalist for the band "The Lisa Love Experience." The course is also open to the public so you can cheer on, take pictures or meet your runner anywhere along the route! There will be free t-shirts for all registrants and medals for those who complete the run, free parking and no spectator fee!

Sponsors include Mercedes Benz of Hanover-A proud member of Prime Motor Group, Greater Boston Running Company, Honey Dew Associates, The South Shore YMCA, The Fours Restaurant, and Ameriprise Financial Services.

The goal at Renegade Run is to bring lots of people together that share in the passion to compete in obstacle course races, while raising money to fund research to find a cure for type 1 diabetes, a disease that affects about 3 million Americans. We could not move forward without your help as we work towards reversing

type one diabetes in humans.

This race, and this company are also on a mission. Type One is a Hingham based company that wants to make a difference and whose mission is to raise money and awareness to cure type 1 diabetes. November is Diabetes Awareness Month, and Type One couldn't think of a better way to kick it off than with an event

like this. Tyson Sunnerberg is a type one diabetic on an insulin pump. He is a personal trainer at the Emilson YMCA in Hanover and one of his jobs is to work with diabetics and get them on an exercise program. Paul Foti is a member at the Y and a volunteer for Tyson's exercise and diabetes class. Both want a cure. Both love to compete in obstacle races. Together, with a

hope for a cure for type 1 diabetes and a love of obstacle races they formed Type One, LLC. They will be donating 25 percent of their profits from their races directly to the Faustman Lab at MGH in Boston. The Faustman Lab is preparing to do phase II human clinical trials using the BCG vaccine, which could reboot the cells in the pancreas that have been destroyed

in a type 1 diabetic.

Type one diabetes affects about 3 million Americans. In the human body there is a hormone called insulin that is made in the Islets of Langerhans, located on the pancreas. Insulin breaks down glucose in the bloodstream and uses it for energy. In a type one diabetic, the Islets of Langerhans has been destroyed and a person can no longer

produce the insulin the body needs to function properly. Without it, and without proper care of the disease, a type one diabetic will suffer many complications and even death.

For more information on the Faustman Lab and type one diabetes, go to [www.faustmanlab.org](http://www.faustmanlab.org). To register for Renegade Run, visit [www.typeonerenegaderun.com](http://www.typeonerenegaderun.com)



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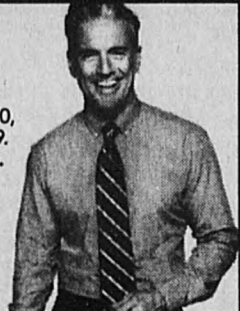
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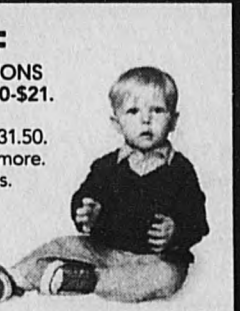
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2pm: 209.99. Pants.  
Doorbuster \$65.  
Reg. \$150, after 2pm:  
\$90. (★ WebID 552571).



### DOORBUSTER

2 FOR \$25

SELECT BRAS  
Reg. \$33-\$39 ea, after  
2pm: buy 1, get 75%  
off 2nd. Shown: Bali®  
Double Support  
Wirefree. (★ WebID  
1331838). Also  
panties. Doorbuster  
6 for \$25. Reg. 9.50-  
\$12 ea., after  
2pm: 3 for 18.99.



### DOORBUSTER

79.99

WOOL-BLEND  
COATS  
Reg./Orig.\*  
\$175-\$195,  
after 2pm:  
\$105-\$117.  
From Jessica  
Simpson  
(★ WebID  
1496603) & our  
I-N-C. Misses.



### DOORBUSTER

49.99

DIAMOND BANGLE  
Reg. \$200, after 2pm:  
\$75. Victoria Townsend  
1/2 ct. t.w. rose-cut  
in 18k yellow  
(★ WebID 1046985)  
or rose (★ 1046987)  
gold over  
silverplated brass  
or silverplated  
brass (★ 1046984).



### DOORBUSTER

\$299

DIAMOND EARRINGS  
Reg. \$1000, after 2pm: \$525. TruMiracle®  
3/4 ct. t.w. in 14k white gold. (★ WebID  
1146133).



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EXTRA

25% OFF

ALL BOOTS  
FOR HER  
Doorbuster  
37.49-134.99.  
Reg. \$59-\$198,  
after 2pm:  
39.99-179.99.  
For example:  
(★ WebID  
1709358).



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25% OFF

IMPULSE  
HANDBAGS  
Doorbuster  
5.40-223.50  
Reg./Orig.\*  
\$18-\$298.  
Totes,  
crossbody  
bags & more.  
For example:  
(★ WebID  
1709063).



### DOORBUSTER

EXTRA

15% OFF

FOOD PROCESSORS,  
JUICERS & BLENDERS  
Doorbuster 23.99-  
257.99. Reg. 39.99-  
429.99, after 2pm:  
29.99-299.99. From left:  
Cuisinart, #DLC2009;  
Juice Bullet, #NBJ0801  
& Ninja, #N1600.



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40% OFF

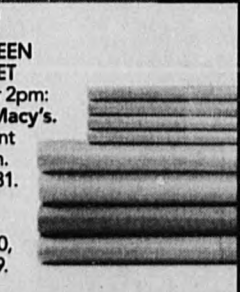
ALL IRONS & GARMENT  
STEAMERS  
Doorbuster 11.99-  
155.99. Reg. 19.99-  
259.99, after 2pm:  
14.99-169.99.  
Shown: Rowenta  
Effective Comfort  
iron. #DW2070  
(★ WebID  
551922).



### DOORBUSTER

QUEEN

6-PC. SHEET SET  
Reg. \$140, after 2pm:  
69.99. Only at Macy's.  
420-thread count  
Egyptian cotton.  
(★ WebID 671981).  
Also king.  
Doorbuster  
49.99. Reg. \$160,  
after 2pm: 79.99.



### DOORBUSTER

49.99

3-PC. LUGGAGE SET  
Reg. \$160, after  
2pm: 79.99.  
Only at Macy's.  
Travel Select  
Bay Front  
25" upright,  
carry-on spinner  
& tote. (★ WebID  
991355).



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25% OFF

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SELECTIONS FOR HER:  
SPORTSWEAR FOR MISSSES,  
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20% OFF

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that noise  
your heart  
makes  
when you  
work out?

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your heart's way of cheer-  
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HWCH13180203



## BREAST CANCER AWARENESS MONTH

MORE ONLINE at [www.wickedlocal.com/pink](http://www.wickedlocal.com/pink)

## TREATMENT

## Clinical trials create hope



DEBORAH J. CORNWALL

Mike's wife managed to keep her husband alive for 27 months, with good quality of life, after his doctor said he could die within six weeks.

James' wife has managed for 24 years to support her husband through standard treatments and then six clinical trials. One of those trials produced a gold standard treatment that is now helping others; his multiple myeloma is now chronic but manageable.

Clinical trials are a "wild card" for people with advanced cancer whose disease is no longer responding to more proven treatments. They are required by the U.S. Food & Drug Administration (FDA) to prove the safety and effectiveness of potential new drugs, medical devices, or diagnostic tests. For Mike, James, and others, they may also offer life-saving or life-extending potential.

Typically a new drug has to pass through three or four phases of supervised testing before

getting FDA approval. Each phase tests whether it is good enough to move to the next:

Phase 1 asks "is it safe?" Tests with animals and then with a small number of people (20-30) reveal how it affects the body, how to deliver it, and what dosages are safe.

Phase 2 asks, "does it work?" Further testing for safety and effectiveness with more (50-300) patients.

Phase 3 asks, "does it work better than standard treatment?" for hundreds or thousands of patients.

Phase 4 (which may occur after the drug is licensed for sale) asks, "does it improve patients' quality of life?" over a longer time period in more (several thousand) patients.

The goal of every new drug clinical trial is to produce significantly better patient outcomes (cure, remission, survival, or quality of life) than the best drugs currently available. Experts estimate that roughly 5-8 percent of all cancer drugs tested actually succeed through all four phases of typical go/no-go clinical trials.

## Many trials go unfilled

Clinical trials are expensive and slow. Traditionally they seek

participants whose bodies and whose cancers all share specified characteristics. The premise is that if all participants meet the same requirements, better or worse outcomes will result from differences in the treatment received, rather than differences among patients. The focus is on the group of patients.

According to the Pharmaceutical Research & Development Association, multiple trial criteria and lack of physician time to recruit potential participants leaves two-thirds of clinical trials without enough patients to proceed. Only 2-5 percent of adult cancer patients are actually enrolled in trials, even though almost two-thirds would be willing to participate if they knew about the trial and were accepted.

## New approach:

## I-SPY 2 (breast cancer trial)

Both clinical trials and cancer treatments are beginning to personalize to individual patients. Scientists now understand that most types of cancer, like breast cancer, are not just one disease. Different patients may need to be treated differently; their cancers don't all have the same molecular characteristics or the same "biomarkers" (a distinctive

measurable substance or characteristic that appears to accompany responsiveness to a given drug).

As a result, more studies are likely to be "adaptive." This means that individual patients' medications will be changed as the trial goes on, based on what's working or not working for each patient. One of these is I-SPY 2, for women newly diagnosed with high-risk (Stage 2-3) fast-growing breast cancers (tumors at least the size of a quarter).

Unlike many trials which look at whether a single treatment works or not, I-SPY 2 will screen many potential drugs, adapt to individual patients, and share findings widely. The study (sponsored by a broad consortium of public and private institutions) is intended to bring drugs for pre-surgery chemo to market faster and at lower cost and dramatically improve survival with fewer recurrences.

## How you can access a trial

Three of the many resources for finding available trials include Center Watch ([www.centerwatch.com](http://www.centerwatch.com)), a user-friendly site with a Patient Notification Service that will email registrants as soon as a trial opens that matches your medical condition and geographic area.

Another option is [www.breastcancertrials.org](http://www.breastcancertrials.org), a site dedicated to helping breast cancer patients to find appropriate trials and a Trial Alert service.

The American Cancer Society's Clinical Trials Matching Service (1-800-303-5691). An application for a trial requires inputs from the patient's oncologist.

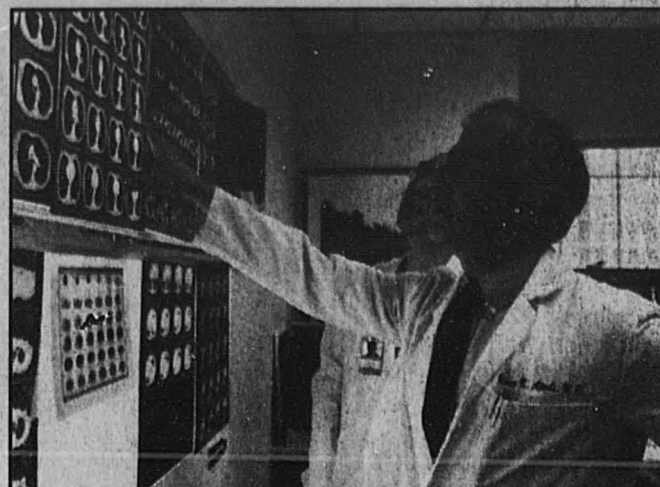
## Some questions you should ask before enrolling

If you are considering a clinical trial, be sure to get answers to the following questions:

- What's the trial's goal? Is it intended to cure the cancer, stabilize it, or simply improve the patient's quality of life?
- Will I be getting at least the standard-of-care treatment, even if I don't get the experimental



Studies show that despite the promising work of researchers and doctors to develop clinical trials, two-thirds of them go unfilled. NATIONAL INSTITUTES OF HEALTH PHOTO



drug?

- What are the odds of achieving a better outcome than standard treatment?

- How long will it take before we'll know whether the drug is working?

- Can the trial be administered at my preferred hospital?

- How does participation open or close other treatment options if the trial isn't successful?

- Will side effects of the new drug be better or worse than with standard treatments?

- What will it cost, and who pays?

The answers to such questions can help both in deciding whether to apply and in managing patient and caregiver expectations.

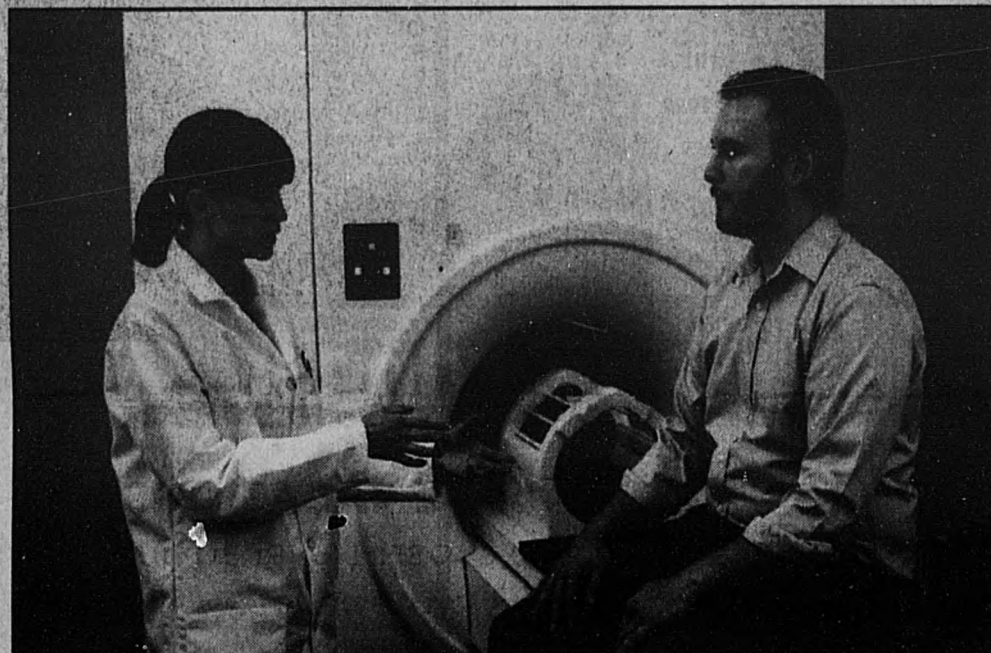
## Future trends

As cancer treatments evolve toward more genetic analysis of individual patients, biomarkers will play more important roles in clinical trials. For example, the *New York Times* revealed on Oct. 8 the discovery of a genetic mutation that makes some patients ("exceptional responders") respond positively

to drugs that failed in earlier large-scale clinical trials. Genetic analysis is also revealing mutations showing biomarkers that may reveal both responsiveness and resistance to particular drug therapies.

Genetic analysis is likely to transform clinical trial practices and bring more new drugs within reach of those who most need them. That will give worlds of hope to people diagnosed with advanced cancers.

Deborah J. Cornwall is a breast cancer survivor and cancer advocate from Marshfield. Author of "Things I Wish I'd Known: Cancer Caregivers Speak Out," her website [www.thingsiwishidknown.com](http://www.thingsiwishidknown.com) offers live links to internet resources for cancer patients. She has been a leadership volunteer with the American Cancer Society for more than 20 years and co-chaired Relay For Life in Marshfield for three years. You can reach her at [thingsiwishidknown@gmail.com](mailto:thingsiwishidknown@gmail.com).



A researcher speaks with a clinical trial participant. NATIONAL INSTITUTES OF HEALTH PHOTO COURTESY OF NCCAM

## ART OF LIVING - LIFE BEYOND CANCER

## Conference will connect, inform survivors

By Liam Dacko  
[ldacko@wickedlocal.com](mailto:ldacko@wickedlocal.com)

Local nurse Pam Longtin had never attended the "Art of Living - Life Beyond Cancer" conference before last year. But after going to all the workshops and listening to the speakers, she decided she'd be back.

Longtin and hundreds of others will attend the fourth annual conference hosted by The Friends of Mel Foundation Saturday, Oct. 18 at the Quincy Marriott Hotel from 8 a.m. to 4 p.m.

Longtin said she enjoyed and found informative all the different presentations and thought the lunchtime keynote speech given last year was "so powerful." She passed along conference information pamphlets to several friends dealing with a cancer diagnosis.

"I recommend it highly," she said. "I can't say enough about it."

This year's conference will feature 18 workshops. Presenters include clinicians and survivors including George Kansas, a motivational speaker, author, and leukemia survivor.

Kansas was supposed to appear at the conference at this time last year, but a shooting at Los Angeles International Airport nearly foiled his plans. The incident led to the grounding of all outbound flights from the airport.

The annual conference is "put in pen" in Kansas' calendar and he always makes sure he has no other commitments on that date because he considers the event so important

## If you go

**What:** Art of Living - Life Beyond Cancer conference  
**When:** Saturday, Oct. 18 from 8 a.m. to 4 p.m.  
**Where:** Quincy Marriott Hotel, 1000 Marriott Drive, Quincy, Mass.  
**How to register:** [friendsofamel.org/conference/](http://friendsofamel.org/conference/)  
**Cost:** \$30 includes breakfast and lunch

and worthwhile.

"There is no question about the value of these programs," he said.

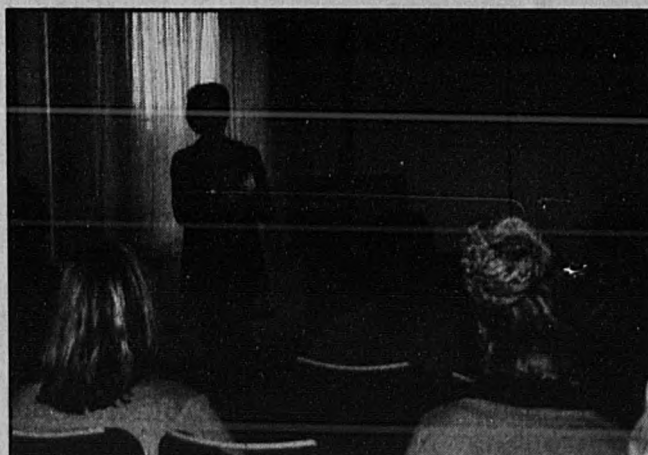
To make sure his presentation went on last year, Kansas worked through the night with technicians to set up a computer link that would allow him to live stream his session. He said he had to go the extra mile for this conference because it offers cancer survivors and caregivers the chance to make connections they might not be able to make elsewhere.

At this year's event, Kansas will host a session called "Speak Up! - Your Story Matters!" alongside his wife, Tracy Trottenberg. The workshop revolves around telling stories about cancer in a way that can help people heal.

Kansas said the workshop will be interactive. Attendees will have the chance to connect with each other and the presenters. Kansas believes interactions with fellow survivors will help them combat cancer, which he compares to a minefield.

"The cancer experience is loaded with fear, isolation, and rejection. You need hope and connection to survive."

The bonds people form at



Speakers at last year's conference before an attentive audience.

**"The cancer experience is loaded with fear, isolation, and rejection. You need hope and connection to survive. The bonds people form at this conference are worth more than the \$30 registration fee could ever begin to cover. It's like the credit card ad says. It's priceless."**

Motivational speaker and Leukemia survivor, George Kansas

this conference are worth more than the \$30 registration fee could ever begin to cover, Kansas said.

"It's like the credit card ad says. It's priceless."

Claire Willis, LICSW, echoed Kansas' statements. She will present a workshop called "Journaling Toward Wellness."

The session will teach participants a variety of journaling techniques. Research shows that journaling has a healing effect on people with cancer, Willis said.

She will first have participants follow structured journaling guidelines to get them started.

"When people look at a blank page, they become overwhelmed and don't know what

to write," she said.

As the workshop moves along, though, participants will be able to write more freely.

Willis said journaling helps people with cancer forget their inhibitions and explore the "new avenues" that open up after a diagnosis.

"With cancer, there's a re-ordering of priorities. The narrative of what you are concerned about changes."

The conference as a whole is important for cancer survivors, because it allows them to come together in a way they cannot with people who do not have cancer, she said.

Willis is looking forward to presenting this year.

"It's a wonderful event.



Conference attendees meet with presenters during last year's conference.

There are not enough of these conferences around."

The "Journaling Toward Wellness" workshop is not specifically catered to caregivers or survivors, as the techniques learned can be applied to anyone affected by cancer. However, the conference will feature two other workshops focusing on caregiver issues.

Tim Cummings, MSW, LICSW - the program director of the Cancer Support Community and Cynthia Medeiros, MSW, LICSW - a therapist at Atlantic Counseling will present the two sessions geared toward caregivers.

Medeiros, who worked at Dana-Farber Cancer Institute for more than 33 years as director of patient and family support services, executive director of the Leonard Zakim Center for Integrative Therapies and Director of Social Work and Psychosocial Services was also former executive director at the Cancer Support Community.

Cummings, a cancer survivor has personal experience serving as a caregiver to several

members of his immediate family.

"The Caregiver's Journey," will focus on the struggles of being a caregiver. It is important to help them learn to cope with cancer, Cummings said.

"Caregivers can be angry that cancer has come into their lives."

Cummings hopes to teach caregivers skills to deal with that anger and isolation so they can regain control of their lives.

The second workshop will be a panel discussion featuring members of his caregiver support group. They will tell their personal stories to give caregivers insight into how to navigate cancer diagnoses.

"It's a wonderful day," Cummings said of the conference. "It'll give survivors and caregivers a great chance to spend the day together."

To register for the "Art of Living" conference, visit [friendsofamel.org/conference/](http://friendsofamel.org/conference/). The cost is \$30, which includes breakfast and lunch.





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MUSIC

# Reserve your seats for Pops Concert



Performers include local farmer John Hornstra at Norwell's Hornstra Farm. Rear, left to right: Rich Jensen, Cohasset; John Hornstra and Lenae Badger, Scituate. Front, left to right: Jo-An Helleman, Weymouth, and Joan Gattorna, Hingham. COURTESY PHOTO

'Gala Goes Pops!' includes local performers

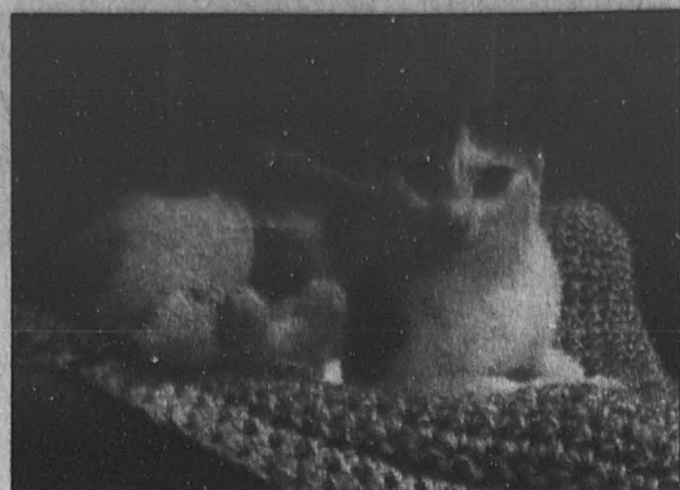
Reserve table-side seats, pack up a concert picnic and join Broad Cove Chorale and the Unicorn Singers as they present Gala Goes Pops! at the Inly School Arts Barn, 46 Watch Hill Drive, Scituate, at 4 p.m., on Sunday, Oct. 26.

These chamber ensembles include Cohasset singers Susan Cameron, Rich Jensen, Betss Murray and Anne Reel. Under the baton of director Margo Euler, the choruses will perform a repertoire

including jazz, folk, American songbook standards and light classical. Lenae Badger, accompanist, will be joined on percussion and bass by John Duff and Jon Lay. This year's event will feature a medley from the musical "Mama Mia" and a costumed finale of music from the Broadway classic, "Oklahoma!"

Individual tickets are \$30. A table for five is \$125. Call Kathy at 781-749-0162, or email kreadon111@comcast.net, for reservations.

GIMME SHELTER



Please consider Sarah; she won't disappoint you! Come out and meet her. COURTESY PHOTO

## You'll love spoiling island girl Sarah

By Casey Fredette

Sarah is an island girl at heart, wanting for peace and quiet and relaxation. Instead, this petite 1-year-old calico is adjusting to a myriad of changes: motherhood, empty nest, and what must seem like an endless amount of home changes. Every time Sarah gets settled and adjusted, things change again. After giving birth under the stairs of her sometime home, Sarah and her 5 newborn kittens were scooped up and brought to Hull Seaside. Upon their arrival, they were given Boston Harbor Island themed names and swept off to a foster home. Once there, they received around the clock attention and care and of course, all the comforts of a home.

Fortunately, all of Sarah's kittens were adopted and left her for their permanent homes. Sarah came back to the shelter starting yet another chapter in her short life. Sarah hasn't enjoyed her most recent transition. She had adjusted to life in a comfortable home and having her own routine. Sarah is not happy to be surrounded by so many cats. She's not enjoying sharing her space and the affections of people. Sarah is a wonderful cat, as pretty as she is loving. Sarah liked her laid back happy time living in a home with loads of love being heaped on her; she can't wait to have it again.

Please consider Sarah... she won't disappoint you! Come out and meet her, we have open hours Monday 6:30-7:30 p.m. and Saturday 2-3 p.m. During these

**Sarah liked her laid back happy time living in a home with loads of love being heaped on her; she can't wait to have it again.**

times you can come down, spend time with Sarah or any of our other cats or kittens and get to know them. Have questions? Call Judy, adoption coordinator at 781-534-4902 to learn more about Sarah or any of our other animals.

**MILESTONE:** Join us in celebrating our newest milestone: 10 years of having and operating our shelter! In this time we have had the good fortune of taking in and placing 1,300 cats and kittens. We've housed many cats; each one endearing themselves to us for their own special reasons, each one causing a mix of joy and sadness when they leave for their forever home. From hours-old kittens to quirky fat cats who spent years with us. Each and every person at the shelter walks away with a sense of pride, knowing the good they have done and the life-changing affect they have had on the lives of all of these animals. Please consider helping us celebrate by making a \$10 donation to help us keep the shelter running for another 10 years! It's easy- visit [www.hsar.org](http://www.hsar.org) and click on the donate link. No donation is too small and all of the money goes to helping us care for such wonderful animals.

Casey Fredette is the shelter manager at Hull Seaside Animal Rescue.

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LEASE \$409 PER MONTH FOR 39 MONTHS WITH CONQUEST SIGN & DRIVE

2014 CADILLAC XTS STANDARD COLLECTION

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- CADILLAC USER EXPERIENCE
- LEATHER SEATING
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- PREMIUM CARE MAINTENANCE

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2014 CADILLAC ELR

- LUXURY PACKAGE
- ELECTRIC DRIVE
- ADAPTIVE CRUISE
- LEATHER
- PREMIUM CARE MAINTENANCE

LEASE \$499 PER MONTH FOR 39 MONTHS WITH CONQUEST, \$2884 DUE AT SIGNING

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- NAVIGATION
- SUNROOF
- REAR ENTERTAINMENT
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<b>2013 Cadillac ATS Luxury Edition</b> #2714 • Leather • Alloy wheels • CUI \$23,950	<b>2012 Cadillac SRX</b> #041421M • Leather • Alloy wheels • Sunroof • Heated seats \$24,980	<b>2013 Cadillac XTS Luxury Edition</b> #C43183A • Heated Seats • Navigation • Bose Audio • Moonroof \$33,995	<b>2012 Cadillac Escalade ESV AWD Premium</b> #C43183A • Navigation • Power windows • Heated seats • Chrome accents \$49,870
<b>2011 Chevrolet Aveo S LS</b> #10000000 \$9,500	<b>2013 Chevy Spark 1S</b> #10000000 \$12,900	<b>2013 Chevy Impala LTZ</b> #10000000 \$17,480	<b>2014 Chevy Captiva LT</b> #10000000 \$18,500
<b>2011 GMC Terrain FWD SLE</b> #10000000 \$18,999	<b>2012 Chevy Cruze 1LT</b> #10000000 \$22,160	<b>2012 Chevy Camaro 3.6</b> #10000000 \$24,980	<b>2013 Chevy Silverado 1500 Ext Cab 4x4 LT</b> #10000000 \$29,980

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STAFF PHOTOS BY CHRIS BERNSTEIN

# PROST! HAPPY OKTOBERFEST!

On Tuesday, Cohasset Elder Affairs hosted an Oktoberfest-themed lunch for local senior citizens.

Traditional German food was served and the dining room at the Senior Center was brilliantly decorated in the Oktoberfest style!

Stephanie Moriarty, Instrumental Music Director for the Cohasset High School, and her music students entertained the lunch crowd making for a truly delightful event.



CEA staff and volunteers spreading Oktoberfest good cheer, L-R, Anna Abbruzzese, Slobhan Lynch, Coral Grande, Richard Gibbons, Liza Salerno, Nancy Lafauce, and Elinore Barrett. CHRIS BERNSTEIN PHOTO



Yvonne Afshar enjoys a fine bratwurst and sauerkraut.



Stepping up to the Oktoberfest, CEA Administrative Asst. Richard Gibbons, shows off his best dance moves in his Leiderhosen.



Betty Maree enjoying the good company and good cheer at the CEA Oktoberfest.



CHS musicians under the direction of Stephanie Moriarty, entertaining seniors at the Oktoberfest.



CEA services coordinator Liza Salerno (L) busy handing out Oktoberfest party hats.



Merle Brown enjoying the festive Oktoberfest party.



Louise Smullen applauds the CHS musicians.



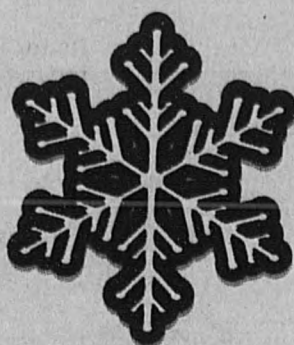
# Even if the temperature hit -20°F, OUR WINDOWS could handle it.

(Boy, we'd be miserable though.)

*Our windows are tested to withstand...*



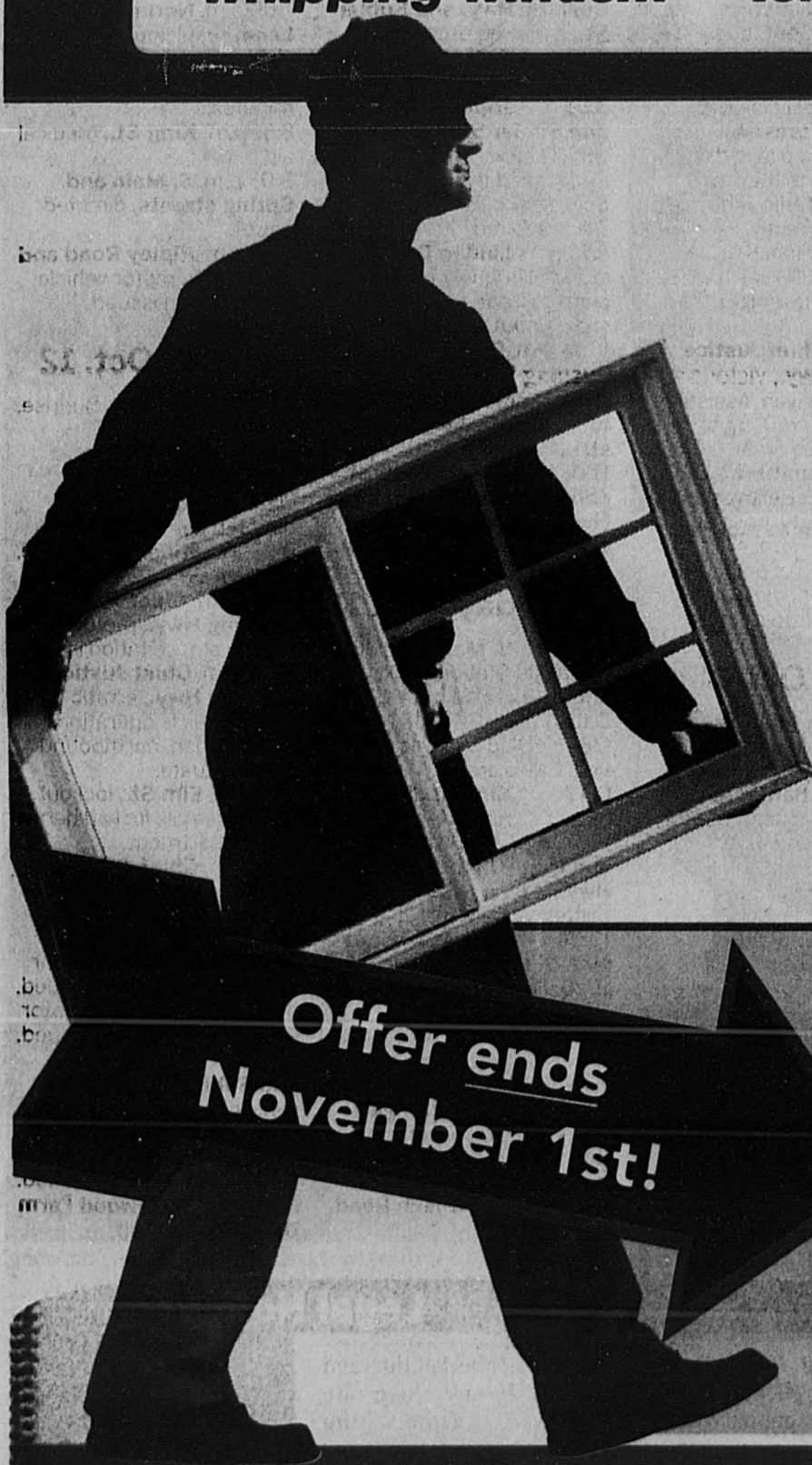
**120 mph  
whipping winds...**



**-20°F Arctic  
temperatures...**



**and 8" of soaking  
rain an hour**



**Offer ends  
November 1st!**

- We build replacement windows that will **last\*\*** because we test them to withstand some very extreme weather conditions...-20°F, 120 mph winds and 8 inches of rain per hour!\*
- Because our window's Fibrex material is **twice as strong as vinyl**, our window will help make your home **more comfortable**.
- Our teams of installers are exceptionally trained, tested, and skilled. **This is why most installations—including a top-to-bottom clean up—are completed in just one day.**

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AND

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WINDOW

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**FOR 1  
YEAR<sup>1</sup>**

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by Andersen.**



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\*DETAILS OF OFFER - Offer expires 11/1/14. Not valid with other offers or prior purchases. Purchase 4 windows and receive a 5th window for free. Free window must be less than or equal to the lowest cost window in the project. No money down and 12 months no payments, no interest when you purchase four or more windows or patio doors between 10/5/14 & 11/1/14 with approved credit. APR of 16.83% as of 8/1/14, subject to change. Repayment terms from 0 to 12 months. Interest accrues from date of purchase but waived if paid in full within 12 months. Available only at participating locations. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "ENERGY STAR" is a registered trademark of the U.S. Environmental Protection Agency. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2014 Andersen Corporation. All rights reserved. ©2014 Lead Surge. All rights reserved. \*A PG25 (AAMA/WDMA/CSA 101/I.S.2/A440-08) pressure differential applied to the windows (48" x 48" size) in the lab on structural test only. Most Renewal by Andersen double-hung, picture and casement windows meet this structural performance. Temperature performance tested in differential chamber. \*\*See limited warranty for details.



## COHASSET POLICE/FIRE LOG

## Monday, Oct. 6

6:44 a.m. **Forest Ave.**, directed patrol, traffic hazard.  
 7:12 a.m. **S. Main St.**, directed patrol.  
 7:22 a.m. **Rustic Drive**, traffic hazard. Dumpster in the roadway blocking traffic.  
 9:46 a.m. **Forest Ave.**, directed patrol.  
 1:24 p.m. **Hull St.**, directed patrol.  
 1:25 p.m. **Hull St.**, motor vehicle stop; citation issued.  
 1:55 p.m. **Hull St.**, motor vehicle stop; citation issued.  
 2:32 p.m. **Chief Justice Cushing Hwy.**, **Stop & Shop**, shoplifting. Heading north on 3A, Hingham Lumber now, passing on the left. Caller is an off-duty police officer. Officer has the vehicle by Central Fire and would like to know if Cohasset wants the vehicle stopped. Caller saw parties leave Stop & Shop with a cart full of groceries. Vehicle is stopped at 421 Main St. Scituate Collision responding for the tow. Transporting males in custody to headquarters. Arrested: Christopher R. Fritz, 36, of 27 Davis Road, Rockland; and Nicholas J. Golemme, 35, of 7 Loretta Ave., Rockland; both charged with larceny over \$250.  
 3:13 p.m. **Pleasant St.**, medical aid.  
 4:31 p.m. **Cedar and Hull streets**, traffic enforcement.  
 4:49 p.m. **Hull St.**, motor vehicle stop; citation issued.  
 4:51 p.m. **Pleasant St.**, unwanted. Client won't leave, demanding a reimbursement. Civil matter about lab work. Party has been issued a no trespass order from the business owner.  
 4:52 p.m. **Linden Drive**, wires call. Truck pulled the wires down from house to pole. Requesting National Grid be notified.  
 5:33 p.m. Dispute. Caller reports she was walking her dog and her neighbor sped up while heading toward the caller, smiled and parked the car and went into the home. She has had ongoing issues with the neighbor. Caller would like to speak to an officer.  
 6:54 p.m. **Chief Justice Cushing Hwy.**, fraud. Caller reported on the Cohasset Tip Line a possible phone scam. They were asked to send money via Green Dot Card to National Grid. No money has been exchanged. Headquarters requesting the call be logged for the record.  
 7:37 p.m. **Chief Justice Cushing Hwy.**, Old Colony Square at Cohasset, medical aid.  
 8:48 p.m. **Beechwood and King streets**, animal call. Caller reports he hit a dog. Owner of dog has been notified, they will be taking the dog to the vet. No damage to vehicle.

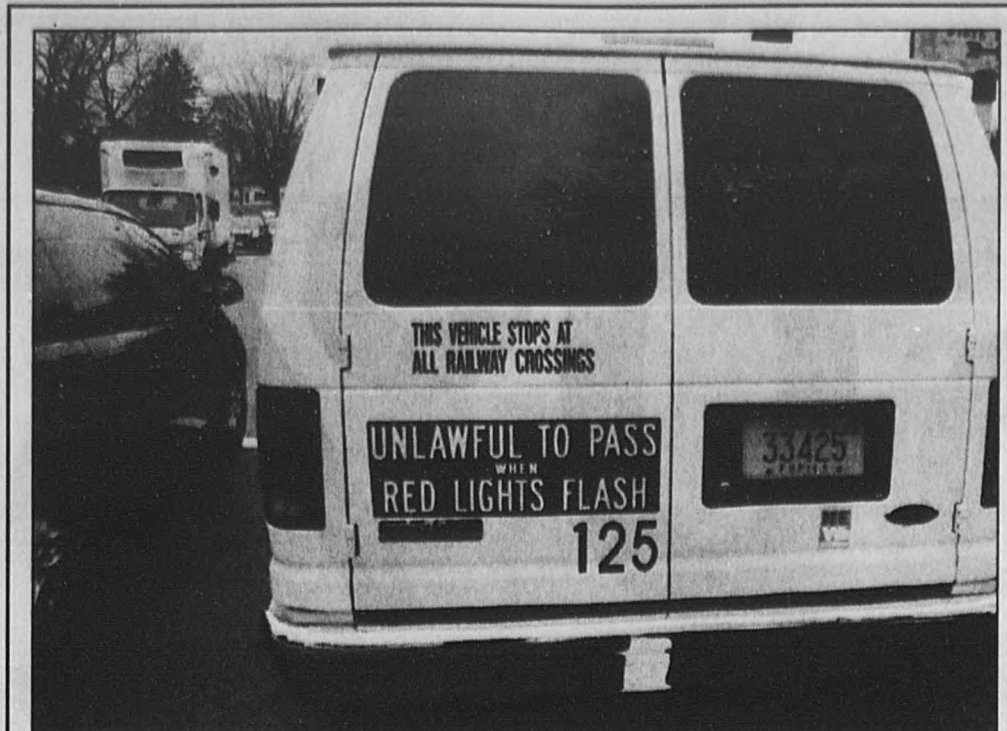
## Tuesday, Oct. 7

6:29 a.m. **King St.**, Sunrise, community service.  
 9:28 a.m. **Sohier St.**, motor vehicle stop; verbal warning.  
 10:52 a.m. **Beechwood St.**, animal call. Caller reports a gray Weimaraner in the area with no collar, appears skittish.

11:02 a.m. **King St.**, threats. Caller reports a scam call yesterday from a party claiming to be from National Grid. Was told to send them money on a Visa card. No information or money was given. Clear, advice given.  
 11:36 a.m. **Chief Justice Cushing Hwy.**, fraud. Owner would like to speak to an officer regarding a scam call she got about 20 minutes ago. Advice given, no loss.  
 12:40 p.m. **Chief Justice Cushing Hwy.**, Cohasset Pediatrics, medical aid. 17-year-old female with neck injury, brought to doctor by parents.  
 2:02 p.m. **King St.**, Sunrise, medical aid.  
 2:02 p.m. **Ripley Road and Sohler St.**, motor vehicle stop; citation issued.  
 2:48 p.m. **Beechwood St. and Chief Justice Cushing Hwy.**, traffic post.  
 2:57 p.m. **Chief Justice Cushing Hwy. and Schofield Road**, motor vehicle stop; citation issued.  
 7:56 p.m. **Forest Ave. and Old Coach Road**, two-car motor vehicle accident. Second caller reports no smoke, no fire, unknown airbag deployment.

## Wednesday, Oct. 8

12:28 a.m. **Chief Justice Cushing Hwy.**, Stop & Shop Gas Station, suspicious vehicle.  
 12:57 a.m. **Lighthouse Lane**, Harbormaster shack, boat assistance. Caller reports he saw an upside down kayak floating down the river. Did not see anyone in distress, cannot hear anyone yelling. Caller is on the dock fishing right in front of Harbormaster shack. Harbormaster reports a yellow kayak blew off the dock earlier.  
 5:39 a.m. **King St.**, Sunrise, medical aid.  
 7:41 a.m. **Beechwood St. and Chief Justice Cushing Hwy.**, two-car motor vehicle accident. Wrecker needed for one vehicle, Scituate Collision notified and responding.  
 8:39 a.m. **Fairoaks Lane**, animal call. Contractor is working on the house and there is a raccoon in the attic and he would like some assistance.  
 9:50 a.m. **Beechwood St. and Chief Justice Cushing Hwy.**, motor vehicle crash, two cars involved now. Wrecker for both vehicles, Scituate Collision en route.  
 11:05 a.m. **Beechwood St. and Chief Justice Cushing Hwy.**, directed patrol.  
 11:13 a.m. **Chief Justice Cushing Hwy.**, motor vehicle stop; citation issued.  
 12:25 p.m. **Fire Station 3, Scituate**, mutual aid ambulance. Patient is in a motor vehicle out front. A1 transporting one BLS to South Shore Hospital.  
 12:40 p.m. **Bow St. and Jerusalem Road**, DPW. Caller reports the causeway flooded, DPW notified.  
 1:11 p.m. **Beechwood and S. Main streets**, motor vehicle stop; verbal warning.  
 1:41 p.m. **King St.**, Sunrise, medical aid.  
 1:42 p.m. **Beechwood St. and Chief Justice Cushing Hwy.**, directed patrol.  
 2:24 p.m. **Elm St.**, Police Headquarters, hazardous



**TRAFFIC SAFETY TIP OF THE WEEK:** When driving behind any vehicle marked as a "school bus" expect it will make frequent stops (in addition to picking up or dropping off children). In Massachusetts, all "school buses" are required to come to a complete stop before crossing over any railroad crossing, open the side door (if equipped) and look both ways before driving forward. COURTESY PHOTO

situation. Someone just brought in what appears to be two explosive devices they found. Requests that fire stage out front and that the State Police Bomb Squad be notified.  
 2:30 p.m. **Linden Drive**, parking complaint. Parking issues have been rectified.  
 5:43 p.m. **Chittenden Lane**, animal call. Caller reports she has a small bird in her house and would like to see a police officer for assistance. Bird freed from residence.  
 6:38 p.m. **Beechwood St. and Chief Justice Cushing Hwy.**, motor vehicle stop; verbal warning.  
 6:47 p.m. **Chief Justice Cushing Hwy. and Pond St.**, motor vehicle stop; citation issued.  
 9:59 p.m. **North Scituate**, mutual aid given at Tedeschi's in North Scituate.

## Thursday, Oct. 9

8:35 a.m. **S. Main St.**, community service.  
 8:53 a.m. **N. Main St.**, directed patrol.  
 10:24 a.m. **King St.**, Sunrise, medical aid.  
 11:25 a.m. **Cedar and Hull streets**, directed patrol.  
 11:26 a.m. **Hull St.**, motor vehicle stop; citation issued.  
 11:41 a.m. **Oak St.**, fraud. Received a scam phone call from "grandson" saying he was in trouble. Caller did not give any information but she is nervous and would like to see an officer.  
 1:26 p.m. **Beechwood St. and Chief Justice Cushing Hwy.**, motor vehicle stop, written warning.  
 1:34 p.m. **Forest Ave.**, directed patrol.  
 1:36 p.m. **Forest Ave.**, motor vehicle stop; citation issued.  
 1:59 p.m. **Forest Ave.**, motor vehicle stop; citation issued.  
 3:06 p.m. **N. Main St.**, Wheelwright Park, animal call. Caller is missing a Wheaton terrier, medium-size dog with a leather collar. Caller called back and stated she found the dog.  
 3:32 p.m. **Clay Spring Road and Pond St.**, motor vehicle stop; citation issued. Requesting a tow for the vehicle. Scituate Collision

en route. Operator of vehicle has no license status on record.  
 4:11 p.m. **Little Harbor Road**, animal call. Caller reports his dog was just attacked by neighbor's dog.  
 5:29 p.m. **Carbone Lane**, gas grill fire. Caller reports grill is on fire outside next to the deck. It's a gas grill with bottle connected. Caller has been advised to evacuate house.  
 5:57 p.m. **Red Gate Lane**, larceny report. Caller reporting a stolen yellow kayak from her Border Street residence. Would like to meet an officer at her Red Gate Lane address. Desk will be contacting the Harbormaster to inquire about the kayak. Kayak has been located. Taken by the high tide and the owner will pick it up.  
 6:08 p.m. **Forest Ave. and N. Main St.**, traffic hazard. Caller reports the train lights and traffic lights aren't working correctly. Per MBTA, issue is due to a Scituate incident. MBTA will have a technician investigate as a precaution.  
 8:46 p.m. **Chief Justice Cushing Hwy.**, Victoria's, mutual aid given. Assisting Scituate attempting to serve a no trespass order.  
 9:22 p.m. **Lambert's Lane**, disturbance. Believes there is a large party, possibly involving underage kids. Has seen beer cans on his lawn. Units clear, spoke with the mother, no issues.

## Friday, Oct. 10

8:26 a.m. **S. Main St.**, animal call. Injured seagull in the area.  
 9:43 a.m. **Atlantic Ave.**, parking complaint. Truck is off the road, no traffic issue, clear.  
 11:21 a.m. **Pond St.**, Cohasset Jr./Sr. High School, test. Security/safety drill.  
 12:11 p.m. **Elm St.**, Police Headquarters, fraud, walk-in to lobby.  
 12:25 p.m. **N. Main St.**, animal call. Caller reports his 15-year-old brown pug got out, has a collar and tag. Dog has been found.  
 12:59 p.m. **Pond St.**, Cohasset Jr./Sr. High School, test. Security/safety drill.  
 1:29 p.m. **Ripley Road**,

parking complaint. Silver SUV parked in spot reserved for 18-wheeler trucks.  
 2:46 p.m. **Linden Drive**, parking enforcement. Motor vehicle parking in restricted area.  
 2:50 p.m. **Jerusalem Road**, motor vehicle stop; verbal warning.  
 3:46 p.m. **Border St. and Lighthouse Lane**, traffic hazard. Caller reporting very large construction vehicles blocking the road in this area, very difficult for traffic to get by. Two lanes clearly marked with cones, emergency vehicles can easily get through.  
 6:22 p.m. **Chief Justice Cushing Hwy. and Sohler St.**, traffic enforcement.  
 8:10 p.m. **Sohier St.**, traffic enforcement.  
 8:53 p.m. **Ripley Road and Sohler St.**, motor vehicle stop; citation issued. Requests duty wrecker. Scituate Collision notified. Decal expired.  
 9:10 p.m. **Linden Drive**, hazardous situation. Has 8-foot plank in front yard with nails sticking out.  
 10:14 p.m. **Chief Justice Cushing Hwy.**, traffic enforcement.  
 10:34 p.m. **Cedar and Hull streets**, traffic post.  
 11:02 p.m. **Beechwood St. and Chief Justice Cushing Hwy.**, motor vehicle stop; citation issued.

## Saturday, Oct. 11

6:14 a.m. **N. Main St.**, MBTA Cohasset Station back entrance, traffic hazard. Gate arms are stuck down. MBTA called and was notified. Gates are up.  
 6:43 a.m. **King St.**, Sunrise, out on community policing.  
 10:08 a.m. **Brewster Road and Chief Justice Cushing Hwy.**, motor vehicle stop, written warning.  
 10:34 a.m. **Forest Ave.**, warrant. Out on warrant service.  
 11:26 a.m. **Elm St.**, parking complaint. Caller reports car parked in her place, blue station wagon. Vehicle was gone on arrival.  
 12:09 p.m. **Elm St.**, Police Headquarters, larceny by check. Walk-in to station to report larceny by check.  
 12:19 p.m. **Old Coach Road**, lift assistance.

12:24 p.m. **Ledgewood Farm Drive**, inside odor of gas at residence.  
 1:35 p.m. **S. Main and Summer streets**, traffic enforcement.  
 2:51 p.m. **Chief Justice Cushing Hwy.**, Curtis Liquors, community service.  
 2:52 p.m. **Forest Ave.**, traffic post.  
 2:56 p.m. **Front St., Scituate**, mutual aid ambulance. Female bitten in the face by a dog in front of the Galley Restaurant.  
 4 p.m. **Cedar St.**, Cohasset Golf Club, disturbance. Caller reports a party on the golf course near Main and East streets shooting geese on the course toward the road. Units spoke with party who had permission from superintendent. It was a cap gun for noise purpose only to scare away geese.  
 4:38 p.m. **Forest Ave.**, erratic motor vehicle operation. Red Chrysler Cruiser driven erratically. Last seen toward Hull. Caller reports she got out of her car and screamed at caller; nothing found.  
 4:41 p.m. **Beechwood St.**, motor vehicle stop; verbal warning.  
 4:47 p.m. **Beechwood and Doane streets**, traffic enforcement.  
 4:50 p.m. **Beechwood St.**, motor vehicle stop; citation issued.  
 5:42 p.m. **Forest Ave.**, traffic enforcement.  
 5:55 p.m. **Forest Ave.**, motor vehicle stop; verbal warning.  
 6:08 p.m. **Forest Ave.**, motor vehicle stop; verbal warning.  
 6:38 p.m. **Forest Ave.**, motor vehicle stop; citation issued.  
 7:09 p.m. **Norman Todd Lane**, suspicious activity. Caller says she heard popping noises for the past 15 minutes.  
 8:51 p.m. **King St.**, medical aid.  
 9:03 p.m. **S. Main and Spring streets**, directed patrol.  
 9:42 p.m. **Ripley Road and Sohler St.**, motor vehicle stop; citation issued.

## Sunday, Oct. 12

4:38 a.m. **King St.**, Sunrise, medical aid.  
 6:49 a.m. **Forest Ave.**, directed patrol.  
 7:17 a.m. **Sohier St.**, directed patrol.  
 9:22 a.m. **King St.**, Sunrise, medical aid.  
 10:27 a.m. **Chief Justice Cushing Hwy.**, motor vehicle stop; citation issued.  
 11:52 a.m. **Chief Justice Cushing Hwy.**, erratic motor vehicle operation. Green sedan, northbound from Scituate.  
 1:24 p.m. **Elm St.**, lockout. Elderly female locked herself out of apartment.  
 2:50 p.m. **Chief Justice Cushing Hwy. and Schofield Road**, motor vehicle stop; citation issued.  
 3:09 p.m. **Pond St.**, motor vehicle stop; citation issued.  
 4:31 p.m. **Sohier St.**, motor vehicle stop; citation issued.  
 5:30 p.m. **Fairoaks Lane and Sohler St.**, motor vehicle stop; verbal warning.  
 5:34 p.m. **Chief Justice Cushing Hwy.**, motor vehicle stop; citation issued.  
 6:41 p.m. **Ledgewood Farm Drive**, medical aid.

## Legal Notices

**BLOOMFIELD ESTATE**  
**LEGAL NOTICE**  
 Commonwealth of  
 Massachusetts  
 The Trial Court  
 Probate and Family  
 Court  
 Norfolk Division  
 35 Shawmut Road  
 Canton, MA 02021  
 (781) 830-1200  
 Docket No.  
 NO14P2589EA  
**INFORMAL PROBATE**  
**PUBLICATION NOTICE**

Estate of: Irirangi C.  
 Bloomfield

Date of Death: June 30,  
 2014

To all persons interested in the above-captioned estate, by Petition of Petitioner Pamela Bloomfield of Andover MA a Will and first codicil has been admitted to informal probate.

Pamela Bloomfield of Andover MA has been informally appointed as the Personal Representative of the estate to serve without

surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure.



A copy of the Petition and Will, if any, can be obtained from the Petitioner.

AD#13188546  
 Cohasset Mariner 10/17/14  
**CALLAHAN ESTATE**  
**LEGAL NOTICE**  
 Commonwealth of  
 Massachusetts  
 The Trial Court  
 Probate and Family  
 Court  
 Norfolk Division  
 35 Shawmut Road  
 Canton, MA 02021  
 (781) 830-1200  
 Docket No. 14P2454EA  
**INFORMAL PROBATE**  
**PUBLICATION**  
**NOTICE**

Estate of: Alison Callahan  
 Date of Death: June 10,  
 2014

To all persons interested in the above-captioned estate, by Petition of Petitioner Thomas J Callahan of Cohasset MA a Will has been admitted to informal probate.

Thomas J Callahan of Cohasset MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure.

A copy of the Petition and Will, if any, can be obtained from the Petitioner.

AD#13188567  
 Cohasset Mariner 10/17/14

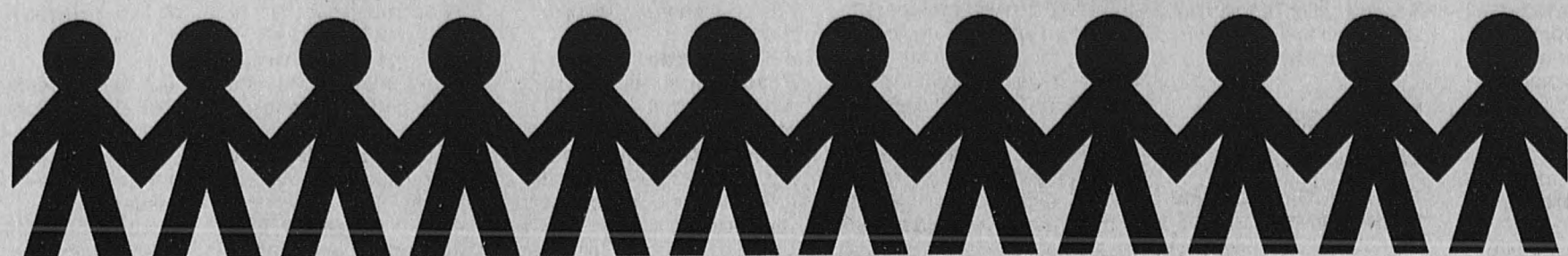


## Legal Notices

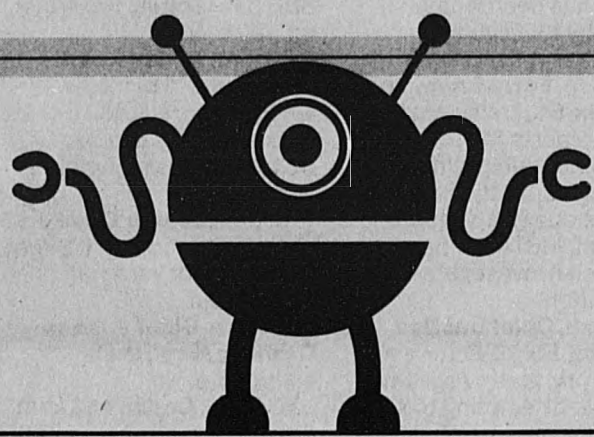
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AS THEIR COMPANY'S PRIMARY FOCUS.**



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EMPLOYERS HAVE TROUBLE  
FILLING JOBS.  
MEANING THE NERDS HAVE EVEN  
MORE POWER THAN WE THOUGHT.<sup>2</sup>**

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[WickedLocalJobs.com](http://WickedLocalJobs.com)

**57%  
OF THE  
WORKFORCE  
PLANS TO  
LOOK FOR A  
NEW  
JOB  
THIS YEAR.  
WHICH, BY HUMAN  
NATURE, MAKES THE  
OTHER 43%  
MORE ATTRACTIVE  
TO YOUR BUSINESS.<sup>3</sup>**



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# FOOD



## THE DISH ON...

"Matthew Mead's Halloween Spooktacular," by Matthew Mead

Frightfully simple ideas for creepy decorations, terrifying sweets and unique costumes will thrill trick-or-treaters of all ages. Holiday style pro Matthew Mead offers endlessly inventive haunted home makeovers, quick-and-easy ways to reinvent store-bought cookies and candy, awesome themed parties, and more to make, eat and enjoy. — *Amazon*

## TIP OF THE WEEK



BRANDPOINT

## Halloween hacks for ghoulish galas

The costumes, the candy, the creative pumpkin carvings — Halloween has been steadily increasing in popularity, with spooky holiday spending being second only to Christmas.

This year, make your party a spooktacular delight without spending much time or effort, thanks to these easy tips and tricks.

■ Skip the ugly coolers and keep drinks cool and accessible with pumpkin ice buckets. Simply select a large, round pumpkin, remove the guts, and add ice. This festive cooler is perfect for chilling juice boxes, soda cans and even wine bottles for the grown ups.

■ Go beyond the typical bag of candy and add festive, gourmet sweets to your Halloween spread, without slaving over the stove. Shari's Berries offers goodies like Hand-made Halloween Brownie Pops in fun shapes like a cat and a witch's hat. The fudgy brownie pops are hand-decorated and individually wrapped, making them an easy and eye-catching addition to any Halloween party.

■ Depending on how busy your neighborhood gets on Halloween, you may hand out a lot of candy to trick-or-treaters. Eliminate another to-do from your list by asking guests to bring a bag of candy for the treat dish and take turns handing it out. You'll save another trip to the store and will get a nice variety of candy for trick-or-treaters.

— *Brandpoint*

## NUMBER TO KNOW

**\$2.2 billion**

Consumers will spend \$2.2 billion on candy this Halloween.

— *National Retail Federation*

## EASY RECIPE

### Egg scramble

- 1-2 cage-free eggs
- 1 cup of pre-cut vegetables
- 1 ounce of natural cheese, mozzarella
- 1 cup of fruit
- 1 teaspoon organic butter (for cooking)

Scramble vegetables, eggs and cheese over a medium-high heat until fully cooked. Serve with fruit on the side.

— *Brandpoint*

## FOOD QUIZ

Who's most likely to keep trick-or-treaters smiling this Halloween?

- The 60-plus generation
- Parents of young kids
- Unmarried millennials

**Answer below**

## WISE TO THE WORD

### Mortar and pestle:

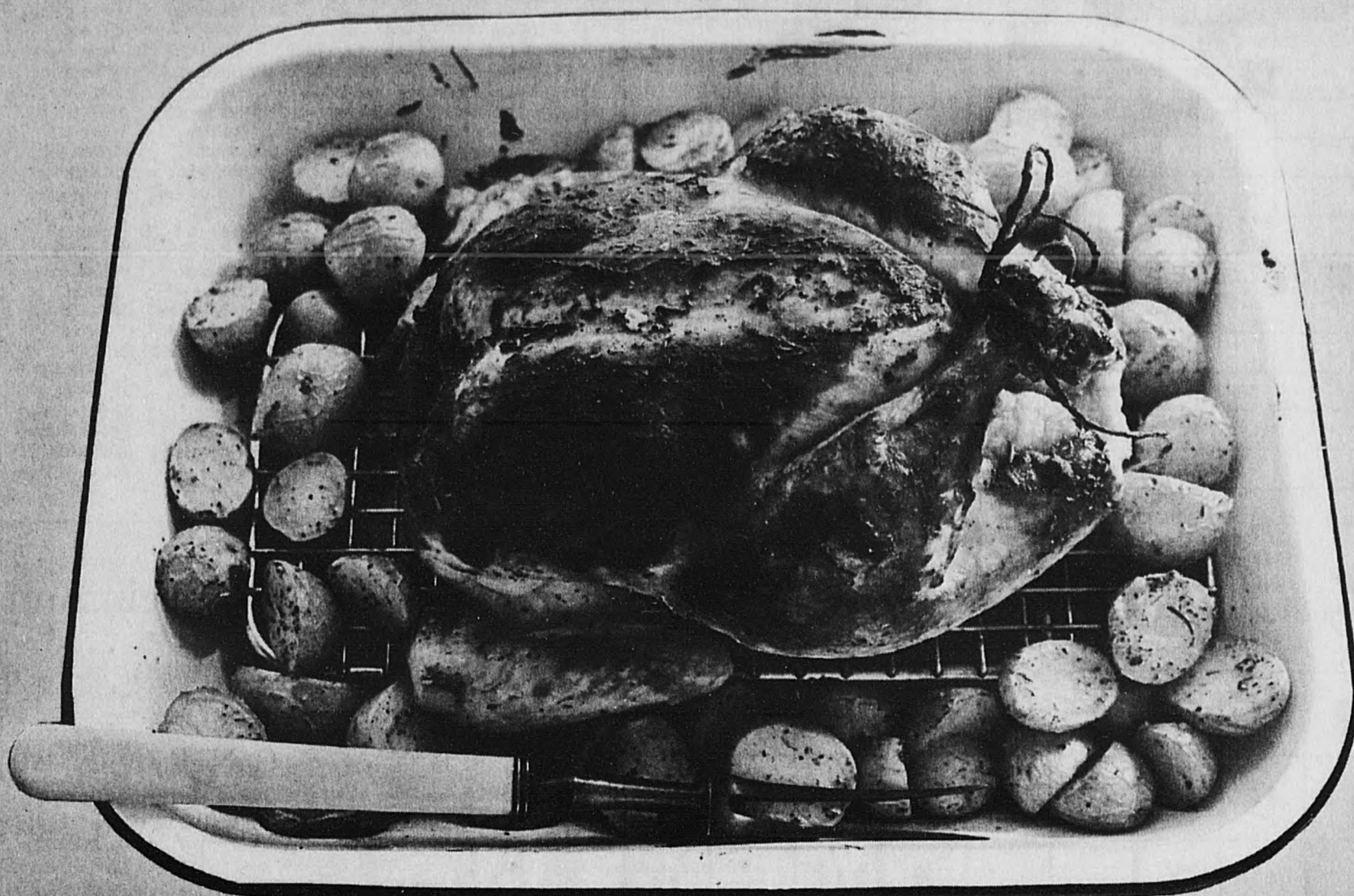
Some version of the mortar and pestle has been in use by many cultures for thousands of years to grind and prepare food.

— *Cookthink*

## FOOD QUIZ ANSWER

According to the National Confectioners Association, 84 percent of the 60-plus generation plan to hand out Halloween candy.

# Roast with the most



## Honey mustard elevates classic roast chicken

By the editors of *Relish Magazine*

Honey and mustard make a classic combination: The sweetness of the honey combines beautifully with the tangy acidity of the mustard.

And when roasted on top of chicken or pork, the honey mustard mellows and becomes just the right seasoning — sprightly, bright, with just a touch of sweet.

In this recipe, another flavor is added by the herbes de Provence. A blend of dried rosemary, marjoram, thyme, savory and lavender, herbes de Provence include the herbs

traditionally used in southern France. You can sometimes find herbes de Provence packaged in beautiful little crocks from France. Mostly likely, at the supermarket, you'll find them in glass spice jars. Use them to flavor not only chicken but meat and vegetables.

**TIP:** The best way to test for doneness is with a meat thermometer. Insert the thermometer between breast and thigh, far enough so it goes into the thigh meat. When the temperature reaches 165F, the bird is safe to eat. Don't wait until you can wiggle the drumstick; by then it will be overcooked.



## Honey Mustard Roast Chicken and Potatoes

Serves 6

- Nonstick cooking spray
- 3 T honey mustard
- 2 ½ T olive oil, divided
- 1 T dried herbes de Provence
- 1 t salt, divided
- ¼ t freshly ground black pepper, divided
- 1 (3 ¾-pound) chicken
- 1 ½ pounds unpeeled Yukon gold potatoes, cut into 1-inch chunks
- 1 cup reduced-sodium chicken broth, divided

1. Preheat oven to 350F. Coat roasting pan and rack with cooking spray.
2. Combine mustard, 1 tablespoon oil, herbes de Provence, ½ teaspoon salt and ¼ teaspoon pepper in a medium bowl.
3. Rinse chicken inside and out with cold water. Pat dry with paper towels. Loosen skin from breast and drumsticks. With a small spatula, spread about half the mustard mixture under loosened skin and the rest on outside of chicken. Place chicken, breast side up, on roasting rack.
4. Combine potatoes, remaining 1 ½ tablespoons oil, ½ teaspoon salt and ¼ teaspoon pepper in a large bowl. Toss to coat potatoes well. Transfer potatoes to pan around chicken.
5. Roast 1 ¼ to 1 ½ hours, until meat thermometer in thigh registers 165F. Transfer chicken to a platter and let rest 20 minutes. Remove rack from pan. Transfer potatoes to platter.
6. Spoon off and discard fat from drippings. Pour about ½ cup broth into roasting pan and stir to scrape drippings from bottom. Pour mixture into medium saucepan and stir in remaining ½ cup broth. Simmer, stirring often, until reduced to about 1 cup. Serve with chicken and potatoes.

PHOTOS BY TERESA BLACKBURN/RELISH MAGAZINE

# Last dance for summer vegetables

It's time to gather hardy autumn vegetables.

Hard-shelled ones in toasty tones of topaz, sienna and saffron and seasonal signatures like acorn and butternut. Sweet parsnips and colorful carrots.

As the summer veggies hum their swan song in the oven, the autumn veggies offer to fill in for them for the foreseeable future. This recipe reheats for several meals during the week, supplying a few days of healthy, easy main courses or side dishes.

Cook the whole recipe in one day. The vegetables can be cut a day or two ahead, too. Better yet,



LINDA BASSETT

most supermarkets offer the squashes already peeled and cut.

A tian is a pared-down version of the popular gratin cooked under a blanket of cheese or breadcrumbs or both. The tian's vegetables are baked, naked, to show off their colors and highlight their flavors. This looks nicest when the squashes are sliced diagonally. Let

it rest a few minutes after taking it out of the oven to make cutting and serving easier.

Linda Bassett is the author of "From Apple Pie to Pad Thai: Neighborhood Cooking North of Boston." Reach her by email at [KitchenCall@aol.com](mailto:KitchenCall@aol.com). Read Linda's blog at [LindaABCooks.wordpress.com](http://LindaABCooks.wordpress.com). Follow Linda for quick recipes on Twitter at @KitchenCall.

## SUMMER VEGETABLE TIAN

Makes 6 servings

- 4 T olive oil
- 2 medium leeks, white part only, thinly sliced, washed and dried on paper

towels

- Sea salt, freshly ground black pepper, to taste
- 5 T all-purpose flour
- 1 medium eggplant, peeled and cut into ¼-inch slices
- 3 large tomatoes, seeded and thinly sliced
- 1 each medium yellow squash and zucchini, unpeeled
- 1 t fresh thyme leaves
- ½ t chopped fresh oregano leaves
- ½ cup dry white wine

1. Heat 2 tablespoons of olive oil in a skillet over medium high heat. Add leeks; cook, stirring until tender, 5 to 7 minutes. Turn off the heat, but keep the skillet on the stovetop. Season to taste with salt

and pepper and spread in a single layer in a 1 ½ quart baking dish.

2. Preheat the oven to 375 F. Spread the flour on a flat plate.

3. Heat 2 tablespoons of olive oil in the skillet over medium-high heat. Dip the eggplant into the flour to coat on both sides, shaking off any excess. Cook the eggplant in batches in the skillet until golden. Set on paper towels to drain.

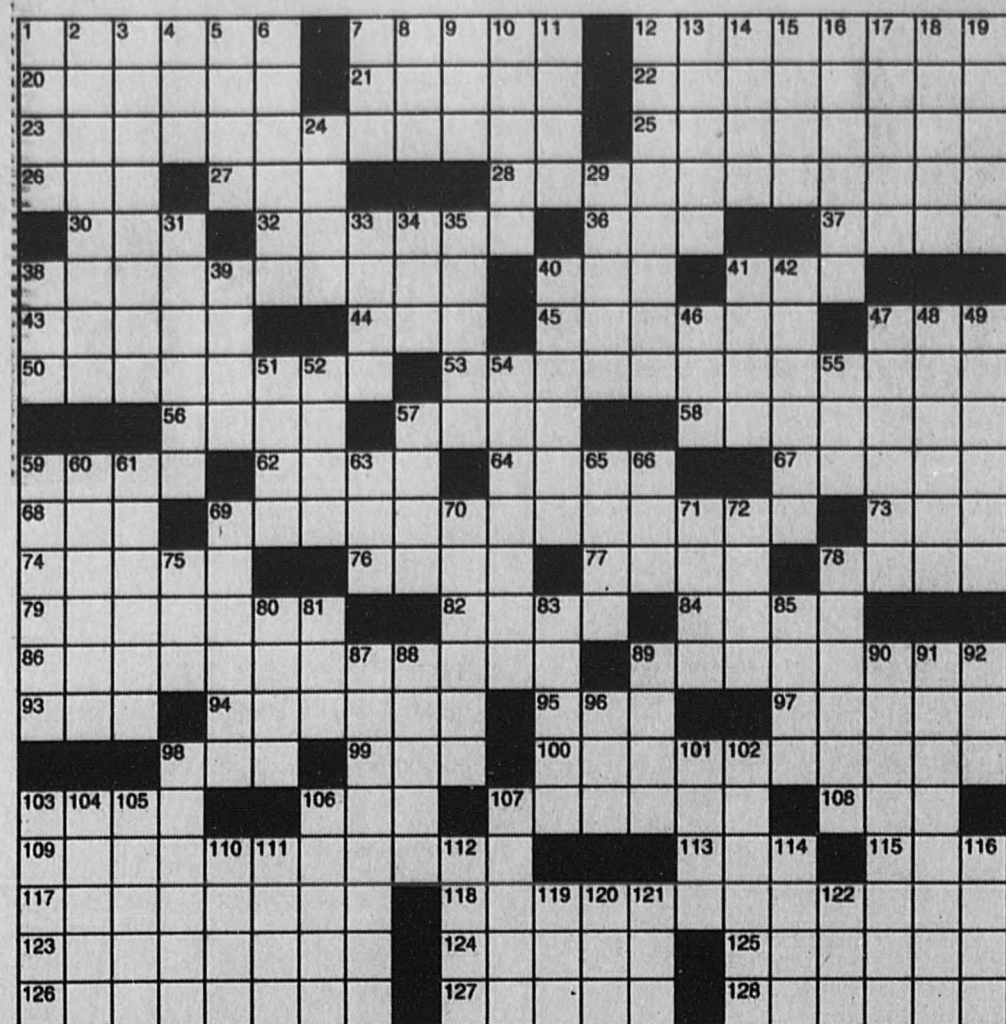
4. Arrange the tomatoes, squash, zucchini and eggplant on top of the leeks. Sprinkle with thyme, oregano, wine, salt and pepper.

5. Bake until vegetables are tender and most of their juices evaporate, about 40 minutes. Set aside to rest for 10 minutes before serving.



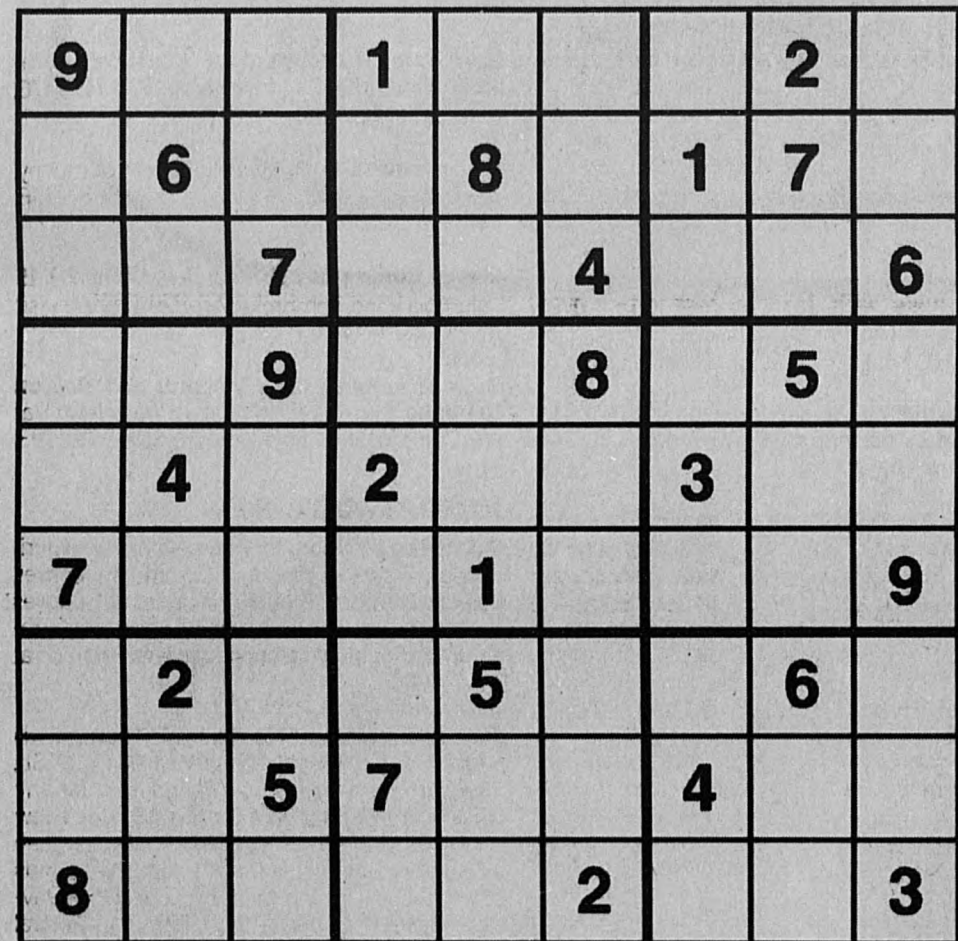
# PUZZLES

## Crossword - I Like Your Style



- ACROSS**
- 1 Decorated military pilot  
7 Teacher of Jewish law  
12 Enter private land  
20 More wicked  
21 Israeli leader — Sharon  
22 Puerto — (Mexican resort)  
23 Take part in a Halloween tradition  
25 Dollar, in slang  
26 Big —, California  
27 Wilt  
28 Stage lighting technique  
30 Dovish murmur  
32 Barely visible  
36 Portkpie, e.g.  
37 Actress Chase  
38 Thick-piled  
39 Down  
40 Partakes of  
41 Runway guess: Abbr.  
43 Prolific inventor  
44 Pindar's H  
45 Ends early, as a mission
- 47 Suffix with priest  
50 Rough figure  
53 Developing fetus, slangily  
56 Captain of Verne's Nautilus  
57 "E-60" airer  
58 Tidal mouth of a river  
59 "Gosh darn!"  
62 Arabian nation  
64 Dr. Seuss' —-am  
67 One — (biased)  
68 —-Z  
69 What a burnt child does, in an old proverb  
73 Propyl ending  
74 Not a single soul  
76 Pet dog in "The Thin Man"  
77 Like pets  
78 Title in Uncle Remus stories  
79 Not stored on disk, say  
82 Mystery writer — Stanley Gardner
- 84 It flows to the Rhine  
86 Nickname of Utah  
89 Berate loudly  
93 Wood and Wynn  
94 Wrist-related  
95 Quadri-less one  
97 Wipe the chalk from  
98 Singer folds  
99 Toys — (kids' chain)  
100 Second man on the moon  
103 Moneyless  
106 100-yr. stretch  
107 Sea east of Greece  
108 Former jet to the U.K.  
109 Like the languages  
115 Untidy sort  
116 Hebrew and Somali  
113 Gear part  
115 Astonishment  
117 Yardstick brand  
118 Region between the Adirondacks and Catskills  
123 Prison term  
124 Utah city  
125 Realm  
126 Give rise to  
127 Skulking sort
- DOWN**
- 1 Bug trappers  
2 Affirms  
3 Hearty beef cut  
4 Sitcom ET  
5 Co. biggies  
6 Typo list  
7 Ice-T's music  
8 Dada artist  
9 Cartoonist  
10 Muscular  
11 She visited  
12 Premiere-to-finale period  
13 "Something to Talk About" singer  
14 Salts' saint  
15 Untidy sort  
16 Ashy-faced  
17 "You're — pall!"  
18 Inventory  
19 Kraft coffee brand  
24 Golden — (senior)  
29 Abu — (emirate)  
31 Leering  
33 Foli's relative  
34 Fish snarer  
35 Skewers, e.g.
- 38 Mile. who's canonized  
39 Showed up  
40 TV's "— Montana"  
41 Ordinal number  
42 Menacing fly  
46 No. on a map  
47 Dodgy type?  
48 Tranquil  
49 Beat poet  
51 Love, in Lima  
52 Bulky book  
54 Suddenly rich sort  
55 Yes, to Yves  
57 See 72-  
59 Uim's river  
60 Made right  
61 Snaring loops  
63 Motorist's gp.  
65 Allot  
66 "— tree falls ..."  
69 Contraption  
70 Pilers  
71 Computer since 1998  
72 With 57-  
73 Down, bangs into from behind  
75 "hxnay"  
78 Vandykes and goatlegs
- 80 Politico Bayh  
81 Article in Uim  
83 Stopping  
85 Film segment  
87 Butler knife, frequently  
88 Tease  
89 Shirt tag info  
90 Trumpeter  
91 So to speak  
92 A fifth of fifty  
96 Wall-to-wall, for one  
98 "Jane Eyre" novelist  
101 Baseball Hall of Famer  
102 Words after many fiction book titles  
103 Out-of-date  
104 Many a time  
105 Chimp cousin  
106 Mythical enchantress  
107 Oak starter  
110 Yemen port  
111 Shore grains  
112 Little demons  
114 Clue is one  
116 Leering sort  
119 Sod buster  
120 Gardner of films  
121 Moo shu pan  
122 Hi-fi platters

## Sudoku



Level: Challenging

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

## Magic Maze - Begin And End With "D"

O R O L H E B X U R O L I D E  
B Y V S Q N K H E B Y W O T R  
O L J G E B Y W U R P G D D D  
N K I G D B D D Z X W R I V N  
S Q O M D O W N L O A D V K U  
I G E C T R A E O H Y W A U H  
S Q P T N L U D E M A N D J S  
H F E E C A Y I X V A D A U H  
S D Q P N M D V D K J I E H C  
F E U C B Z Y I X V U T D E A  
R Q P D A E R D N A H K C E D

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Dachshund	Demand	Dividend	Dread
David	Diamond	Dogwood	Druid
Dead	Did	Dotted	Dud
Deckhand	Diehard	Download	

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## HOROSCOPE

### Salome's Stars

**ARIES** (March 21 to April 19) You could be caught in a torrent of advice from well-meaning friends and colleagues this week. But remember, Lamb, you are at your best when you are your own inimitable self.

**TAURUS** (April 20 to May 20) Expect strong efforts to get you to accept things as they are and not question them. But ignore all that and continue your inquiries until you're sure you have all the answers you need.

**GEMINI** (May 21 to June 20) Heavier than usual family and workplace duties compete for your time this week. Try to strike a balance so that you're not overwhelmed by either. Pressures ease by week's end.

**CANCER** (June 21 to July 22) It's a good time for the Moon Child to show off your uniquely inspired approach to the culinary skills — especially if they're directed toward impressing someone special.

**LEO** (July 23 to August 22) You might be happy about the re-emergence of a long-deferred

deal. But don't pounce on it quite yet. Time can change things. Be sure the values you looked for before are still there.

**VIRGO** (August 23 to September 22) Try to rein in your super-critical attitude, even if things aren't being done quite as you would prefer. Remember: What you say now could create an awkward situation later on.

**LIBRA** (September 23 to October 22) Although you can expect on-the-job cooperation from most of your colleagues this week, some people might insist on knowing more about your plans before they can accept them.

**SCORPIO** (October 23 to November 21) Creating another way to do things is commendable. But you could find some resistance this week from folks who would rather stick with the tried-and-true than try something new.

**SAGITTARIUS** (November 22 to December 21) You usually can keep your aim focused on your goal. But you might need to make adjustments to cope with un-

steadiness factors that could arise over the course of the week.

**CAPRICORN** (December 22 to January 19) News arrives about a projected move. Be prepared to deal with a series of possible shifts, including starting and finishing times, and how much the budget will actually cover.

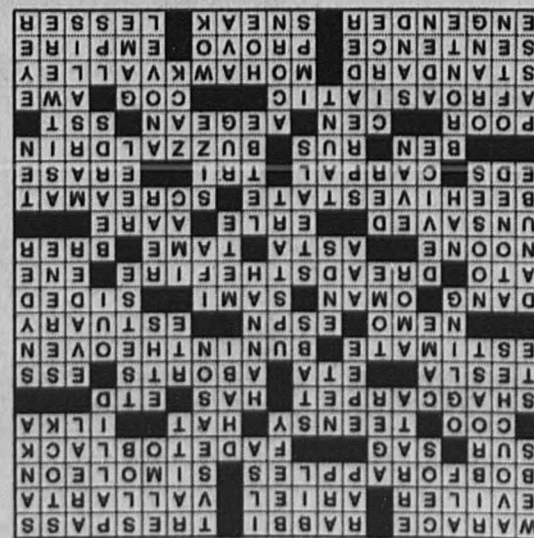
**AQUARIUS** (January 20 to February 18) A new relationship needs time to develop. Let things flow naturally. It could be a different story with a workplace situation, which might require faster and more focused attention.

**PISCES** (February 19 to March 20) Accept a compliment without trying to troll for any hidden reason beyond what was said. After all, don't you deserve to be praised every now and then? Of course you do.

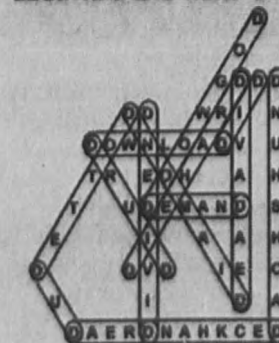
**BORN THIS WEEK:** You like to weigh all possibilities before making a decision. You would be a fine judge, or even be a star in a jury room.

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## SOLUTIONS



BEGIN AND END WITH "D"



9	5	3	1	7	6	8	2	4
4	6	2	9	8	3	1	7	5
1	8	7	5	2	4	9	3	6
2	1	9	3	4	8	6	5	7
5	4	6	2	9	7	3	1	8
7	3	8	6	1	5	2	4	9
3	2	4	8	5	9	7	6	1
6	9	5	7	3	1	4	8	2
8	7	1	4	6	2	5	9	3

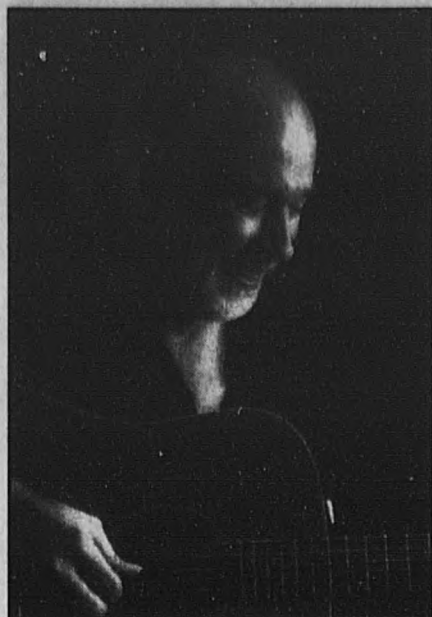


# CALENDAR

## HOW TO SUBMIT

Planning an event? Send your event information by email to [scalendar@wickedlocal.com](mailto:scalendar@wickedlocal.com) or by fax to 781-837-4543. Listings must be submitted at least two weeks prior to the event. Email photos as a jpeg attachment at a resolution of at least 200 dpi and no smaller than 3 X 5 inches in size. For more information call 781-837-4518.

### Geoff Bartley returns to Coffeehouse off the Square



**WHEN:** Open mike from 8 to 8:30 p.m.  
**WHERE:** Old Ship Church Parish House hall, 107 Main St., Hingham.  
**INFO:** Geoff Bartley's rich voice, rollicking guitar, and soulful harmonica have delivered classic blues and imaginative originals for over 30 years. Admission is \$15 at the door. Sorry, no reservations. Volunteers are welcome (free admission). Beverages and desserts - \$1. 781-749-1767.

### 34th Annual Daniel Webster Farm Day presented by Mass Audubon

**WHEN:** 10 a.m. to 4 p.m. Saturday, Oct. 18.

**WHERE:** Daniel Webster Wildlife Sanctuary, Winslow Cemetery Road, Marshfield.

**INFO:** In case of extreme weather, the alternate is Oct. 25. Cost is \$7 per person (\$5 for members, and free for children 3 and under). Activities include hayrides, hay mazes, face painting, and games and crafts for children, baked goods from the Country Kitchen and soups donated by local restaurants, as well as lunch fare from Family Crest Catering. Also, farm animals and colonial craft demonstrations, live owl presentations, crafts handmade by local artisans. Live bluegrass music from the Reiner Family Band. [www.massaudubon.org/southshore](http://www.massaudubon.org/southshore), or 781-837-9400 x7902 or [esimmer@massaudubon.org](mailto:esimmer@massaudubon.org).



### Paintings by Marshfield artist Ann M. Murphy on exhibit

**WHEN:** Artist reception from 1:30 to 3:30 p.m.

Sunday, Oct. 19. Exhibit run through November.

**WHERE:** South Street Gallery, 149 South St., Hingham.

**INFO:** Exhibit is in conjunction with 9th annual Hingham Arts Walk, from noon to 4 p.m. in and around Hingham Downtown. Public is invited to stop by and meet and chat with the Artist, light refreshments will be served. 781-749-0430 or [www.southstreetgallery.com](http://www.southstreetgallery.com).



### SATURDAY, OCT. 18

**Annual Fall Fiesta** at United Church of Christ in Abington, 10 Bedford St., Route 18, Abington, from 9 a.m. to 2 p.m. Free admission.

**Craft Fair** at St. Albert the Great Parish, 1130 Washington St., Weymouth, from 9 a.m. to 3 p.m. Variety of handmade crafts, Raffle and baked goods table, Free admission, Handicap accessible.

**The Abington Art Association** presents a watercolor demonstration by Artist Ron Brake at 2 p.m. at the Abington Public Library, Copeland Meeting Room, 600 Gliniewicz Way, Abington. Free and open to the public.

**34th Annual Daniel Webster Farm Day** presented by Mass Audubon at Daniel Webster Wildlife Sanctuary, Winslow Cemetery Road, Marshfield, from 10 a.m. to 4 p.m. In case of extreme weather, the alternate is Oct. 25. Cost is \$7 per person (\$5 for members, and free for children 3 and under). Information: [www.massaudubon.org/southshore](http://www.massaudubon.org/southshore), or 781-837-9400 x7902 or [esimmer@massaudubon.org](mailto:esimmer@massaudubon.org).

**Phoenix Masonic Lodge** will hold an open house and car wash from 9 a.m. to 3 p.m. at 133 Broadway, Hanover. The car wash is being held in conjunction with the South Coastal Demolay for boys. All proceeds will go to that organization. South Coastal Demolay meets in Marshfield but welcomes boys from surrounding towns.

**Halloween Party** for special needs children and their families sponsored by The Knights of Columbus Myles Standish Council from 5:30 to 8 p.m. at Saint Ann By the Sea parish hall, 591 Ocean St., Marshfield. There will be food, games, dancing and fun for everyone. Get out your best costume. For information, call Adam Lomba at 781-910-6529.

**Open House and Halloween Costume Bash** hosted by the Norwell Fire Department, 300 Washington St., Route 53, Norwell, from noon to 3 p.m. Free pizza and drinks, interactive smoke trailer, face painting, and opportunities for the little ones to sit in a real fire truck. All children are encouraged to wear their Halloween costumes.

**Psychic Fair** from 10 a.m. to 4 p.m. at Quincy College, 36 Cordage Park Circle, Plymouth. A donation of \$2 is suggested for admission. There will be mediumship/spirit drawings, tarot readings, astrology, angel cards and other healing modalities. Vendors will offer jewelry, aura photography, crystals, gems and stones and more. There will be a \$20 charge per reading or service and \$40 for mediumship. Tickets for raffle items are \$2 each or six for \$10. 508-746-2664.

**Abigail Adams portrayer**, Linda Myer, will return to Duxbury Rural and Historical Society by popular demand at 3 p.m., in the second part of her one-woman trilogy, "Abigail Adams: Remember the Ladies," at the Drew Archival Library, 147 Saint George St., Duxbury. This second installment focuses on the years 1788-1800 when Abigail Adams served as the vice president's wife and then as first lady, and would later become the mother of a president. Tickets are \$5 per member and \$10 per non-member. For reservations, call 781-934-6106. This event is sponsored by Christopher and Mary Alisa Sherman.

**Geoff Bartley** at The Coffeehouse on the Square, Old Ship Church Parish House hall, 107 Main St., Hingham Square. Open mike from 8 to 8:30 p.m. Admission \$15. No reservations. 781-749-1767.

**John Ahl** will perform from 4 to 7 p.m. at Sandcastle Lounge located at Pilgrim Sands on Long Beach, 150 Warren Ave., Plymouth, with the lounge open from 3 to 7 p.m.

**Irish Seisjun** at Lucio's Pub at 6 Spring Lane in Plymouth, 5:30 p.m. Free.

**Farmhands Band** will play country music at 7:30 p.m. at the Plymouth VFW, 22 Seven Hills Road, Plymouth. Cash bar and free parking. Cover charge is \$5. [plymouthvfw1822.com](http://plymouthvfw1822.com)

**Plymouth Philharmonic Orchestra's** opening night concert, "Sonic Treasures," at 8 p.m. at Memorial Hall, 83 Court St., Plymouth. Tchaikovsky's fiery Romeo and Juliet Fantasy Overture and Smetana's evocative The Moldau, two of the symphonic world's most popular pieces, will be paired with music to showcase one of the region's renowned violinists, guest soloist, Joseph Scheer, concertmaster of the Boston Pops Esplanade Orchestra. Scheer will perform in Glazunov's colorful Violin Concerto as well as music from the film "Schindler's List," composed by Boston Pops conductor laureate John Williams. Tickets are from \$25 to \$55. A special part of opening night includes a pre-concert soiree reception at nearby Pilgrim Hall Museum. Socialize amid the museum collection while enjoying hors d'oeuvres and an array of cocktails. Reception tickets are \$20 per

person and must be purchased separately from concert tickets. Visit [plymouthphil.org](http://plymouthphil.org) or call 508-746-8008 for details.

**"You Can't Take It With You"** will be presented by the Plymouth Community Theatre at 8 p.m. at The Spire Center for the Performing Arts, 25 1/2 Court St., Plymouth. Tickets are \$20 each; \$18 per senior citizen, and can be purchased online at [www.plymouthcommunitytheatre.net](http://www.plymouthcommunitytheatre.net) or in person 30 minutes before show time at The Spire.

**Syd Slacks** at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

**DJ EZ** at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

**Gainsville Road** at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, [www.britishbeer.com](http://www.britishbeer.com).

**No More Shutz** at the British Beer Company, 2294 State Road, Cedarville, 508-888-9756, [www.britishbeer.com](http://www.britishbeer.com).

### SUNDAY, OCT. 19

**Carver Farmers' Market** from noon to 4 p.m. Sundays to Oct. 26, rain or shine, in Shurtleff Park on Route 58 across from the Carver Town Hall. Admission is free. 508-866-2428.

**Braintree Women's Club Fall Fashion Show** from 11:30 a.m. to 4 p.m. at Lombardo's. Fashions from Bloomingdale's Chestnut Hill, elegant brunch, vendor tables for holiday shopping, raffles items and more. \$35 per person, tables of 10 available. Proceeds to benefit scholarship fund and local charities. Call Rose Farrell at 781-848-0278 for tickets.

**Victorian Tea** at the Daniel Webster Estate, 238 Webster St., Marshfield, from 2 to 4 p.m. Seating at 2 p.m. This is the fall tea and last tea of the season at the Webster Estate. Reservations are required. Tickets are \$15 and include a tour of the 1880 Victorian mansion. Tea is served all afternoon accompanied by three food courses. Call 781-834-1818 or visit [www.danielwebster-estate.org](http://www.danielwebster-estate.org) for details.

**Nick Pangakis**, from 4 to 7 p.m., at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

**Brian Nogueira** will perform from 6 to 9 p.m. at Sandcastle Lounge located at Pilgrim Sands on Long Beach, 150 Warren Ave., Plymouth, with the lounge open from 5 to 10 p.m.

**"Terrified," a story slam event**, will start at 7 p.m. at New World Tavern, 56 Main St., Plymouth. The host will be Andrea Lovett, cofounder of Massmouth Inc. Kim Miot, director of news at PACTV, will tell a terrifying story of her own. Special guest, Diane Finn, of Plymouth Lantern Tours, will also spin a scary yarn. Visitors are invited to tell a true five-minute story for a panel of three to five judges. Competitors will drop their name in a hat and be chosen at random to compete against nine other tellers for prizes that include restaurant gift certificates. Admission is \$10 in advance and \$15 at the door. Cash bar and free parking. Buy tickets online at <http://tinyurl.com/m35sarb/>.

**"You Can't Take It With You"** will be presented by the Plymouth Community Theatre at 7 p.m. at The Spire Center for the Performing Arts, 25 1/2 Court St., Plymouth. Tickets are \$20 each; \$18 per senior citizen, and can be purchased online at [www.plymouthcommunitytheatre.net](http://www.plymouthcommunitytheatre.net) or in person 30 minutes before show time at The Spire.

### MONDAY, OCT. 20

**New Beginnings Singles Support Group**, Inc. for newly widowed, separated or divorced adults, meets on Monday evenings at 6:30 p.m. at The Cushing School's Knights of Columbus Culinary Arts Center, 391 Washington St., Hanover. NB is a singles support organization dedicated to healing, growing and learning; not a dating service. Information: visit <http://nbnorwell.org/>, email at [info@nbnorwell.org](mailto:info@nbnorwell.org) or call 781-499-2659.

**Abington Garden Club** meets at noon in the Fellowship Hall of the United Church of Christ, Rte. 18, Abington. Following the luncheon will be the program "Art Scarpa's Traveling Cactus & Succulent Show." All are welcome.

**Free Texas Hold'em** with the Northern Poker League at 7 and 10 p.m. at Black Raspberry Pub, 36 Cordage Park Circle, Plymouth, 508-830-0022.

**Open mike night**, 8:30 p.m. Mondays at Main Street Sports Bar & Grill, 39 Main St., Plymouth, 774-283-4129, [www.mainstreetsportsbarandgrill.com](http://www.mainstreetsportsbarandgrill.com).

### TUESDAY, OCT. 21

**The Over the Hill Gang** October Art Exhibit in Vine Hall Gallery, at South Shore Natural Science Center, 48 Jacobs Lane, Norwell, through Nov. 13, featuring works by the students of Ann McLeod's art class at the Norwell Council on Aging. The group is hosting an artist's demonstration by south shore artist Dianne Panarelli at the Science Center, today from 10 a.m. to noon. The event is open to the public, free of charge, and features complimentary refreshments, and a raffle of one of Dianne Panarelli's paintings.

**Meet the Author: Lissa Warren**, with "The Good Luck Cat" 7 p.m. in the Jones Room, Tufts Library 46 Broad Street, Weymouth.

**Ballroom Dancing** every Tuesday from 7:30 to 11 p.m. at The Viking Club, 410 Quincy Avenue, Route 53, Braintree. Live bands every week. Singles and couples welcomed. Admission is \$10. Information: 781-784-2678 or 781-335-3171.

**South Shore Men of Harmony** rehearse every Tuesday at Hingham Community Center, 70 South St., Hingham, from 7:30 to 10:30 p.m. 781-337-SING (7464). Information: 781-337-7464.

**Irish Sessions** every Tuesday at Turners Yard, 615 Washington St., Pembroke. 7 p.m. 781-826-2532. [www.turnersyard.com](http://www.turnersyard.com).

**Open mike with Jackson Wetherbee** every Tuesday at The Tinker's Son, 707 Main St., Norwell, [thetinkerson.com](http://thetinkerson.com), 781-561-7361.

**Questionary Trivia** every Tuesday night at Hajjar's, 969 Washington St., Weymouth, 781-340-1870, [www.hajjars.net](http://www.hajjars.net)

**Jazz at Martini's**, Tuesdays from 7 to 10 p.m. at Martini's, 50 Court St., Plymouth, featuring the Kenny Wenzel jazz group. Kenny Wenzel plays trombone and flute; drummer is Gene Roma. Call 774-773-9782 or visit [www.martinisplymouth.com](http://www.martinisplymouth.com) for information.

**Wicked Trivia** with DJ Dave 7:30 to 9:30 p.m. at British Beer Company, 2294 State Road, Plymouth (Cedarville), 508-888-9756, [www.britishbeer.com](http://www.britishbeer.com).

**Wicked Trivia** with Pat Lally, 7:30 to 9:30 p.m. at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999.

### WEDNESDAY, OCT. 22

**Sports writer Bob Ryan** to speak about his new book "Scribe" as part of the Evening with the author program at the Hingham Public Library, 66 Leavitt St., Hingham at 7 p.m. Free program takes place in the Whiton Room. Seating is limited and available on a first-come, first-seated basis. Seating begins at 6:30 p.m.

**Lectures in October** at Pilgrim Hall Museum, 75 Court St., Plymouth; refreshments at 6:30 p.m. and lecture at 7 p.m.; \$5 donation suggested. Call the museum at 508-746-1620, ext. 7, if you have any questions, or see [www.pilgrimhallmuseum.org](http://www.pilgrimhallmuseum.org). Today: "The Starry Night Duo," Barry and Patty Simon, will entertain with period music on dulcimer and lute. Selections will include music from the Civil War era to complement the museum's current exhibition, "Plymouth Witness to the Civil War." The Simons, in addition to performing, will also discuss a bit of the history behind their musical selections.

**Cadillac Walk** original blues band, every Wednesday at Shanty Rose Pub, 16 Town Wharf, Plymouth.

**Team Trivia** at 7 p.m. every Wednesday at New World Tavern, 56 Main St., Plymouth, 508-927-4250.

**Karaoke** night at the Black Raspberry Pub, 9 p.m., 36 Cordage Park Circle, Plymouth.

**Aldous Collins Band** at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999 or visit [www.britishbeer.com](http://www.britishbeer.com).

**The Sibs**, from 9 a.m. to close, at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

### THURSDAY, OCT. 23

**Plymouth Farmers' Market**, 2:30 to 6:30 p.m. each Thursday through October, at Plimoth Plantation in Plymouth, rain or shine, on the grassy field at Plimoth Plantation's River Street entrance. [www.plymouthfarmersmarket.org](http://www.plymouthfarmersmarket.org) for details.

**Fall Penny Sale and Rummage Sale**, hosted by Abington VFW Ladies Auxiliary at Emerald Hall, 30 Central St., Abington. Sales starts at 6 p.m. Doors open at 5 p.m.

**Russell Watts** on vocals with The Willie J Laws Band followed by open mike with Willie J Laws Jr. Jammers invited and welcome. Free pizza, at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

**Mark T. Small** performs at 7 p.m. every Thursday, at New World Tavern, 56 Main St., Plymouth, 508-927-4250.

**Mark Purcell** performs at the British Beer Company, 6 Middle St., Plymouth, 508-747-1776, [www.britishbeer.com](http://www.britishbeer.com).

**Colby James Duo** at the British Beer Company, 2294 State Road, Cedarville, 508-888-9756, [www.britishbeer.com](http://www.britishbeer.com).

**Stevey Burke Duo** at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999 or visit [www.britishbeer.com](http://www.britishbeer.com).

**Open mike with Mike Visconti and Boston Catalano**, from 9 a.m. to close, at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

### FRIDAY, OCT. 24

**Paint Nite at Noon**, for non-painters or experienced painters at Hingham Community Center, noon to 2:30 p.m. Fee: \$40 includes all supplies and registration is required at [www.hinghamcommunitycenter.org](http://www.hinghamcommunitycenter.org) or contact Lois Peterson at 781-749-6882.

**Johnny Drama and his Funky Entourage** will perform at 8 p.m. at Memorial Hall, 83 Court St., Plymouth. Johnny Drama (Plymouth's Johnny "Drama" Alves) appears on the A&E hit show "Wahlburgers." Put on your fancy clothes, grab your best guy or gal and party with the sounds that will keep your feet grooving, your body swaying and your heart pumping all night long. General admission is \$20 each or \$25 at the door. VIP is \$45 each, which includes gold circle table on dance floor, chocolate covered strawberries and a meet and greet with Alves and his band. Proceeds will benefit the Cameron Fitzpatrick Foundation. Visit [www.LLPresents.com](http://www.LLPresents.com) for details.

**"You Can't Take It With You"** will be presented by the Plymouth Community Theatre at 8 p.m. at The Spire Center for the Performing Arts, 25 1/2 Court St., Plymouth. Tickets are \$20 each; \$18 per senior citizen, and can be purchased online at [www.plymouthcommunitytheatre.net](http://www.plymouthcommunitytheatre.net) or in person 30 minutes before show time at The Spire.

**Steve Sweeney Variety Show**, a night of comedy and music, at The River Club Music Hall, 78 Border St., Scituate, at 8 p.m. Tickets \$25; call 339-236-6786 or [www.riverclubmusicall.com](http://www.riverclubmusicall.com). Age 18 and over show. Doors open at 7 p.m.

**Cranberry Lane** will perform from 6 to 9 p.m. at Sandcastle Lounge located at Pilgrim Sands on Long Beach, 150 Warren Ave., Plymouth, with the lounge open from 5 to 10 p.m.

**Mike Garvey Band** at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

**Free comedy night** at Shanty Rose Pub, 16 Town Wharf, Plymouth.

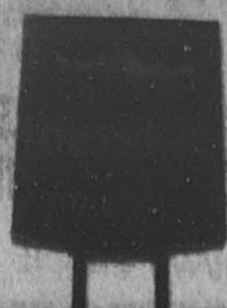
**DJ Dave** at British Beer Company, 2294 State Road, Cedarville, 508-888-9756, [www.britishbeer.com](http://www.britishbeer.com).

**Flatline** at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, [www.britishbeer.com](http://www.britishbeer.com).

**DJ Tuck**, from 9 a.m. to close, at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

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